



My Career Search/Transition Goal Is...

Targeted Due Date: _____

SMART Action Items

Set up at least two or three SMART action items to achieve my goal so you can track and evaluate whether the desired outcomes were achieved.

- S Specific**
What am I going to do? Why is this important to me?
- M Measurable**
How will I measure my success? How will I know when I have achieved my goal?
- A Attainable**
What will I do to achieve this goal? How will I accomplish this goal?
- R Relevant**
Is this goal worthwhile? How will achieving it help me? Does this goal fit my values?
- T Time-Bound**
When will I accomplish my goal? How long will I give myself?

SMART Action Item	Completion Date

Obstacles That May Arise	How I Will Response