



Shoulder Arthroscopy and Arthroplasty Workshop

Date

28-30 March 2026

Course Fees

AED 6500+ 5% VAT

Course objective

Learn basic and intermediate shoulder procedures in a small group setting with this comprehensive surgical skills course. With assistance from an experienced faculty, the course agenda includes 3 full days of cadaver lab focused on must-know shoulder procedures, such as labral repairs, instability, rotator cuff repairs, and more. Treatment controversies will also be emphasized to help guide decision-making tactics.

Course Details

Level: Basic and Intermediate Course of Shoulder Arthroscopy

Objective: Give capabilities to diagnosis and treat Basic to complex shoulder lesions

Total Time 13Hours

- 80% Hands-On (Fresh Frozen Cadavers - 12 hours)
- 15% Lecture (3 hours)

What is unique about this course

- Lectures by expert faculty
- Hands-on human cadavers, giving a more realistic operating room experience
- Ample time to practice & acquire skills

Target audience

- Fellows in Arthroscopy
- Residents
- General Orthopedics



Continuing Medical Education (CME) Credits

TBA - CME Credits from Sharjah Health Authority (SHA)

Feachured Content

- Develop capacities to investigate, diagnosis and treat Basic to shoulder lesions
- Recognition of disease comparative to normal anatomy
- Comparative with imaging diagnosis: Radiography, CT and MRI
- Arthroscopy Installation
- The Knots
- The portals
- Biceps Tendon Treatment
- Present techniques to treat rotator cuff tear
- Present techniques to treat shoulder instability



American College of Surgeons UAE Chapter

Course Accreditation & endorsement



Faculty



Dr. Mohamed Louay Jabban
(Consultant Knee Surgeon)



Dr. Mostafa Azab
(Consultant Orthopedic
Surgery)

Book Now



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IBn Sina building, Basement ,
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MAKING A DIFFERENCE TOGETHER

Program outline

✓ Day 1

08:00 am- 17:05 pm

08:00-08:30	Registration
08:35-08:40	Welcome & General Introduction
08:40-08:45	Course Objectives
08:45-09:00	Shoulder Anatomy & Biomechanics
09:00-09:30	Diagnostic Radiology
09:30-09:45	Patient Positioning
09:45-10:00	Surface Landmarks & Portal Placement
10:00-11-20	Diagnostic Arthroscopy (video)
10:20-0:50	Shoulder Instability <ul style="list-style-type: none">• Pathology• Presentation• Treatment Options
10:50-11:00	Coffee Break
11:00- 11:30	Rotator Cuff Disease <ul style="list-style-type: none">• Pathology• Presentation• Treatment Options
11:30-11:45	Disorder of the long head of the bicep
11:45-12-00	Shifting to lab and taking position on cadaver stations
12:00-12:30	Hands-on Workshop 1 <ul style="list-style-type: none">• Arthroscopy Installation and• Patient Positioning + Video
12:30-13:00	Hands-on Workshop 2 <ul style="list-style-type: none">• Surface Landmarks & Portal Placement
13:00-14:00	Hands-on Workshop 3 <ul style="list-style-type: none">• Sliding Knots
14:00-15.00	Lunch Break
15:00-16.00	Hands-on Workshop 4 <ul style="list-style-type: none">• Diagnostic Glenohumerol Arthroscopy
16:00-17:00	Hands-on Workshop 5 <ul style="list-style-type: none">• Subacromioclavicular Arthroscopy
17:00-17:05	Summary and End of Day

✓ Day 2

08:00 am- 17:05 pm

08:00-08:30	Labral Repair
08:30-10:30	Hands-on Workshop 6 <ul style="list-style-type: none">• Bonkart Repair
10:30-11:00	Coffee Break
11:00-11:30	Techniques of Rotator Cuff Disease
11:30-13:30	Hands-on Workshop 7 <ul style="list-style-type: none">• Rotator Cuff
13:30-14:00	Bicep Tenotomy or Tenodesis
14:00-15:00	Lunch Break
15:00-16:00	Hands-on Workshop 8 <ul style="list-style-type: none">• Bicep Tenodesis
16:00-17:00	Hands-on Workshop 9 <ul style="list-style-type: none">• Subacromioclavicular Arthroscopy
17:00-17:05	Summary and End of Day

✓ Day 3

08:00 am- 17:05 pm

08:00-08:15	Types of shoulder orthroscopy & Evolution of implants
08:15-08:45	Anatomical Shoulder Arthroplasty (Tips)
08:45-09:15	Reverse Shoulder Arthroplasty (Tips)
09:15-09:45	Role of Shoulder Arthroplasty in Trauma
09:45-10:00	Coffee Break
10:00-10:30	Surgical Approaches for Shoulder Arthroplasty
10:30-11:00	Shift to Lab
11:00-11:30	Video Demonstration for Approaches
11:30-14:00	Glenoid Preparation
14:00-15:00	Lunch Break
15:00-17:00	Humerol Preparation
17:00-17:15	Summary and End of the course