



# COLLEGE OF MEDICINE NEWSLETTER



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## DEAN'S MESSAGE OF THE MONTH

*I would like to wish the esteemed rulers of the UAE, as well as UAE nationals and residents, a happy and prosperous 54th National Day.*

*With the upcoming examinations, the College of Medicine's faculty has been busy preparing for the end of the semester. Alongside finals' preparation, our students have been involved in activities outside their curriculum, including scientific meetings and competitions. They have proudly represented the university and college, winning a number of prizes and awards.*

*As the semester draws to an end, I would like to take the opportunity to wish our students the best of luck in their upcoming examinations and thank the faculty and supporting staff for their efforts throughout the semester.*





# College NEWS

## 54th UAE National Day Celebrations

On 24<sup>th</sup> November 2025, the University of Sharjah celebrated the 54<sup>th</sup> UAE National Day with an event organized by the Deanship of Student Affairs in collaboration with student associations from the Colleges of Medicine, Dentistry, Pharmacy, and Health Sciences, as well as the Emirati Cultural Club. In attendance of Prof. Esameldin Agamy, Chancellor of the University of Sharjah, Prof. Qutayba Hamid, Vice Chancellor of the Colleges of Medicine and Health Sciences, and Prof. Mohamed Elshobari, Acting Dean of the College of Medicine, the celebration featured cultural displays, traditional performances, Emirati dishes, and booths from the participating colleges and clubs.





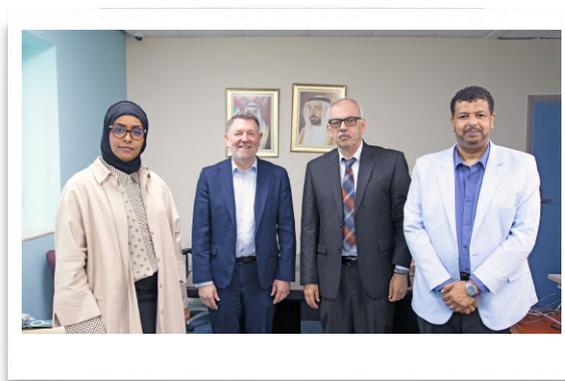
### **SCHS Outreach**

The College of Medicine, in collaboration with the University Medical Clinic, conducted two community outreach events at the Sharjah City for Humanitarian Services (SCHS). The first event was held on 23<sup>rd</sup> October 2025 for World Mental Health Day; the second event on 20<sup>th</sup> November 2025, focused on supporting families of children with autism. Both sessions were delivered by Dr. Hamid Al Haj and included health screening and counseling activities, with participation from alumna Dr. Hanan Alsuhail and senior medical students. The initiatives were organized by Dr. Sarra Shorbagi, Dr. Vida Salmanpour, Dr. Ahmed Hisham, Dr. Rita Alkhatib, and Dr. Alaa Al-Sobaih.



### **Dundee University Visit**

On 26<sup>th</sup> October 2025, the College of Medicine welcomed Prof. David Russell, Director of School Business Development and Partnerships at the University of Dundee. The meeting was attended by Prof. Mohamed Elshobari, Acting Dean of the College of Medicine; Dr. Bashair Mussa, Acting Director of the International Mobility Department; and Dr. Mohamed Taha, Academic Coordinator for Collaboration with the University of Dundee and Director of the Medical Education Center. Discussions covered GMC recognition support, simulation-based education, elective course opportunities, and collaboration on Royal College examination support. The meeting concluded with an agreed action plan outlining the next steps for the partnership.





## IPE Case-Based Learning Initiative

On 15<sup>th</sup> November 2025, the College of Medicine was represented by Prof. Iman Talaat, Dr. Ghada Mohammed, Dr. Rana Salah, and Dr. Rania Ahmed as facilitators at the Interprofessional Education (IPE) Case-Based Learning Initiative. Their contributions enriched the collaborative learning experience, strengthened students' understanding of integrated patient-centered care, and supported interdisciplinary engagement through expertly guided clinical discussions across health professions.

The poster features the following information:

- Event Title:** Interprofessional Education and Collaboration through Case-Based Learning Initiative
- Date & Time:** 15th NOV 2025, FROM 2:00 - 4:00 PM
- Location:** College of Medicine
- Facilitators:**
  - Prof. Wajdan Bani Issa (Department of Nursing, College of Health Sciences)
  - Prof. Fatma Hegazy (Physiology, College of Health Sciences)
  - Prof. Iman Talaat (Professor, Clinical Sciences, College of Medicine)
  - Dr. Mohamed Almasoud (Assistant Professor, Medical Diagnostic Imaging, College of Health Sciences)
  - Dr. Mohamed Sabour (Assistant Professor, Medical Laboratory Sciences, College of Health Sciences)
  - Dr. Shereen Alzaidi (Assistant Professor, Department of Medical Chemistry, College of Pharmacy)
  - Dr. Ghada Mohammed (Assistant Professor, Clinical Sciences, College of Medicine)
  - Dr. Aya Rashid Almasoud (Assistant Professor, Medical Laboratory Sciences, College of Health Sciences)
  - Dr. Hagar Hassan (Assistant Professor, Clinical Nutrition and Dietetics, College of Health Sciences)
  - Dr. Mohamed Madbouh (Assistant Professor, Medical Laboratory Sciences, College of Health Sciences)
  - Dr. Rana Salah (Medical Tutor, Clinical Sciences, College of Medicine)
  - Dr. Hagar Hassan (Assistant Professor, Clinical Nutrition and Dietetics, College of Health Sciences)
  - Dr. Rania Bahadelen Ahmed (Medical Tutor, Basic Medical Sciences, College of Medicine)
  - Dr. Alwan Alkhatib (Senior Clinical, Clinical Nutrition and Dietetics, College of Health Sciences)
- Organized by:** The Medical Imaging Department
- Coordinator:** Noosh Ghazala Ghazala (Master Student, Medical Diagnostic Imaging, College of Health Sciences)
- Supervisors:**
  - Dr. Wiam Elshabry (SAC-Chair of Interprofessional Education Committee, MEC, Assistant Professor, College of Health Sciences)
  - Dr. Mohamed Hassan Taha (Assistant Professor & Coordinator, Director of the Medical Education Center, College of Medicine)
- Initiative Organized by:** The Medical Diagnostic Imaging Department, College of Health Science
- Contact:** MEC@uqu.edu.sa
- Location:** MEC - New Building, Health & Social Sciences, University of Qadisiyah





# Faculty NEWS

## **Pediatrics Skills Session**

On 30<sup>th</sup> September 2025, the Arabic Medical Club hosted a dynamic Pediatric Skills session focused on enhancing students' communication and clinical approach to pediatric patients under the guidance of Dr. Hamid Alhaj. Organized by Year 3 medical students with the support of Dr. Khalid Altirkawi, who served as the guest of honor, the session offered an engaging mix of interactive activities and practical insights that enriched participants' understanding of pediatric care.



## **1<sup>st</sup> Annual Meeting of the ECCS**

On 17<sup>th</sup> October 2025, Prof. Iman Talaat delivered an oral presentation titled "Liquid Biopsy: A Revolution in Cancer Diagnostics: Emerging Biomarkers and Non-Invasive Techniques" at the First Annual Meeting of the Emirates Clinical Chemistry Society (ECCS) and the Digital Health & Laboratory Medicine Forum.





## 2<sup>nd</sup> MENA Congress for Metabolism in Health and Disease

From 17<sup>th</sup> to 18<sup>th</sup> October 2025, Dr. Hamid Alhaj participated in the 2nd MENA Congress for Metabolism in Health and Disease in Dubai as a keynote speaker. He delivered a presentation titled, “New Insights into the Interplay Between Genes and Environment in Substance Use Disorder,” highlighting the significant public health burden of substance use in the region and the treatment gap affecting millions. Dr. Hamid discussed how genetic and environmental factors shape vulnerability, relapse, and treatment outcomes, emphasizing the need for early detection, accessible interventions, and stronger prevention strategies.



## IAP-AD Conference

From 22<sup>nd</sup> to 25<sup>th</sup> October 2025, Prof. Iman Talaat participated in the International Academy of Pathology–Arab Division (IAP-AD) Conference, where she received the Best Poster Presentation Award for her work titled “Exploring the Expression and Role of DEAD-Box Helicase 1 (DDX1) in Renal Cell Carcinoma.” The poster was co-authored by Dr. Noha Elemam and Ms. Manal Hussain.





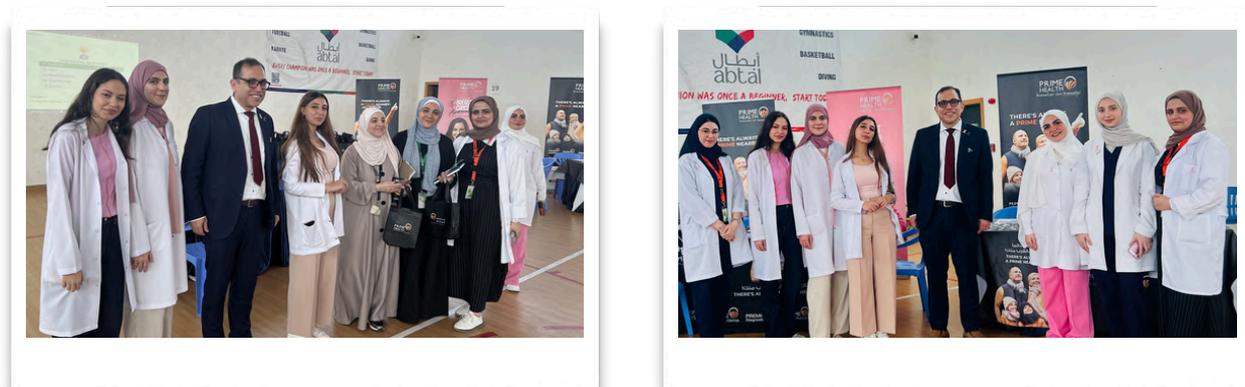
### **World Mental Health Awareness Day Workshop**

On 23<sup>rd</sup> October 2025, Dr. Hamid Alhaj delivered an engaging workshop on stress management and resilience at Al Amal School for the Deaf as part of World Mental Health Awareness Day. The session brought together students, parents, teachers, and staff in a supportive environment focused on wellbeing. Organized in collaboration with the Sharjah City for Humanitarian Services and supported by medical students and staff from the University of Sharjah, the workshop provided practical tools to manage stress and build resilience.



### **Breast Cancer Awareness School Workshop**

On 27<sup>th</sup> October 2025, a team of medical students and tutors, led by Dr. Hamid Alhaj, conducted a community awareness workshop at the International School of Creative Science, Muwaileh in recognition of Breast Cancer Awareness Month. During the session, Dr. Hamid emphasized the strong link between mental health and breast cancer, noting how emotional wellbeing influences health-seeking behaviors.





### ***GDMO Panel Discussion***

*On 30<sup>th</sup> October 2025, Dr. Noha Elemam was invited to a panel discussion held at the Government of Dubai Media Office (GDMO) to raise awareness about breast cancer and discuss recent advances in breast cancer research.*



### ***Masterclass 2025***

*From 31<sup>st</sup> October to 1<sup>st</sup> November 2025, Dr. Hamid Alhaj participated as a speaker at Masterclass 2025. His presentation focused on the treatment of depression with comorbid anxiety, highlighting findings from the TRUE study, a real-world UAE investigation on the effectiveness of vortioxetine in managing patients with major depressive disorder (MDD) and comorbid anxiety. Dr. Hamid emphasized the high prevalence of MDD and generalised anxiety disorder (GAD) in the UAE, their association with severe symptoms, functional impairment, reduced quality of life, and increased suicidal risk. He also discussed ongoing treatment challenges and the need for novel therapeutic approaches to improve outcomes.*





## Youth-Focused Health Awareness Session

On 4<sup>th</sup> November 2025, Sharjah Public Library hosted a youth-focused health awareness workshop titled “Diabetes Under the Microscope – A Journey from Understanding to Prevention,” led by Dr. Jalal Taneera. During the session, Dr. Jalal provided an engaging overview of diabetes mellitus, its causes, prevention strategies, and the importance of early awareness.



## AMEE Webinar

On 4<sup>th</sup> November 2025, Dr. Mohamed Taha participated in an international AMEE webinar titled “Designing Medical Education for Societal Impact: Plan. Build. Transform.” The session brought together educators and leaders to discuss ways medical education can improve community health and drive system change. Dr. Mohamed highlighted the importance of shifting from treating illness to preventing it and the importance of community engagement in comparison to classroom-based learning.





## 4<sup>th</sup> ESIC

From 7<sup>th</sup> to 8<sup>th</sup> November 2025, several faculty members from the College of Medicine participated in the 4<sup>th</sup> Emirates Surgeons International Conference (ESIC) and delivered presentations across various surgical and research-focused topics, including:

- Prof. Mohamed ElShobari presented “Surgical Procedures for Treatment of Cholangiocarcinoma.”
- Prof. Iman Ahmed Talaat delivered a session on “Claudin 18.2: A New Diagnostic and Therapeutic Frontier in Pancreatic Cancer.”
- Prof. Mohamed Saleh and Dr. Mohamed Ahmed Eladl delivered a joint session titled “Mastering the Art of Crafting a Publishable Manuscript.”
- Dr. Amal Hussein presented “Understanding Statistical Analysis in Clinical and Biomedical Research.”



## AMES 2025 International Conference

On 8<sup>th</sup> November 2025, Dr. Mohamed Hassan Taha delivered a keynote at the Arab Medical Education Society (AMES) 2025 International Conference in Syria. His presentation, “Bridging Borders, Building Leaders,” focused on strengthening master’s programs in health professions education across the EMRO region through regional collaboration, diaspora engagement, and strategic partnerships.





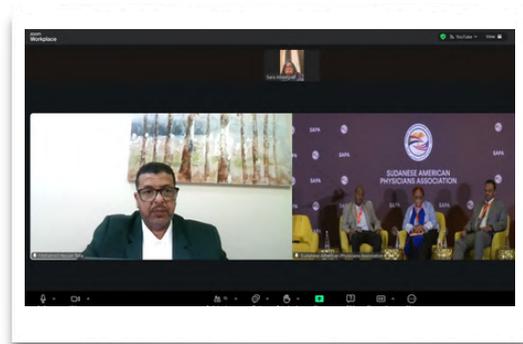
### **MRCOG Part 3 Exam**

Over the first and second weeks of November, Dr. Ghada Mohammed participated as a clinical examiner for the Member of the Royal College of Obstetricians and Gynaecologists (MRCOG) Part 3 Exam conducted in Cairo and Abu Dhabi.



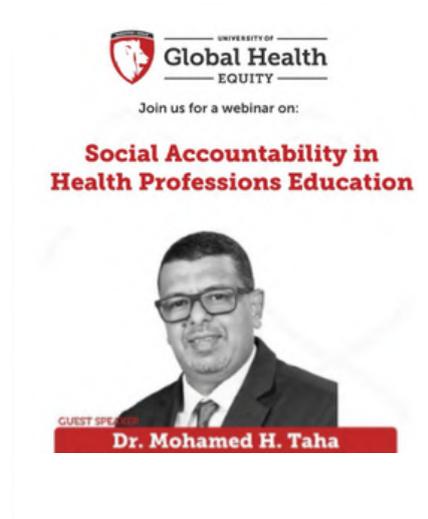
### **7<sup>th</sup> SAPA Annual General Assembly**

On 15<sup>th</sup> November 2025, Dr. Mohamed Taha delivered a talk at the 7th Annual General Assembly of the Sudanese American Physicians Association (SAPA), focusing on supporting medical education in fragile contexts and the role of the diaspora. He emphasized how collective effort and effective partnerships are essential for sustaining medical education during crises.



### **Webinar in the University of Global Health Equity**

On 19<sup>th</sup> November 2025, Dr. Mohamed Taha was invited by the University of Global Health Equity in Rwanda to deliver a webinar on social accountability in health professions education. The session highlighted the essential role of medical schools in addressing community health needs and preparing graduates who can strengthen health systems.

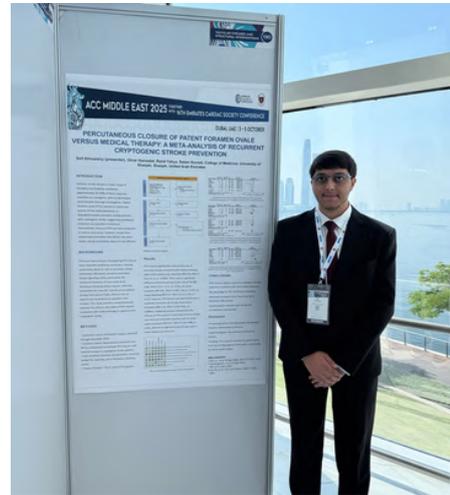




# Student NEWS

## ACC Middle East 2025

On 3rd October 2025, Year 4 student Saif Almuzainy presented his group's research project, "Percutaneous Closure of Patent Foramen Ovale versus Medical Therapy: A Meta-Analysis of Recurrent Cryptogenic Stroke Prevention," at The American College of Cardiology (ACC) Middle East 2025 alongside the 16th Emirates Cardiac Society Conference, held from 3<sup>rd</sup> to 5<sup>th</sup> October 2025. The project was coauthored by Year 4 students Omar Hamodat, Rand Yahya, and Salam Koniali.



## 93rd Iraqi National Day Celebration

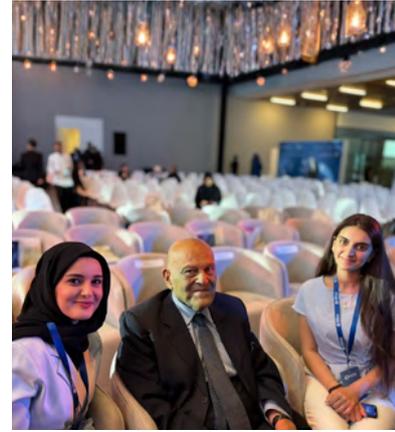
The Medical Students' Association (MSA) in collaboration with the UOS Iraqi Cultural Club, celebrated the 93rd Iraqi National Day on 28<sup>th</sup> October 2025. The event showcased Iraq's rich cultural heritage through traditional music, performances, and displays reflecting the country's history and identity. Faculty members and students joined in the celebration, emphasizing unity, cultural appreciation, and the importance of diversity within the University of Sharjah community.





## Sharjah Next Healthcare Forum 2025

On 29<sup>th</sup> and 30<sup>th</sup> October 2025, students from the College of Medicine volunteered at the Sharjah Next Healthcare Forum 2025. Coordinated by the Medical Students' Association under the guidance of Dr. Balsam Qubais, the forum gathered leading healthcare professionals, innovators, and students. A key moment for the student volunteers was meeting renowned cardiothoracic surgeon, Prof. Sir Magdi Yacoub.



## 5th IPPCCC

On 1<sup>st</sup> to 2<sup>nd</sup> November 2025, Year 2 student Dana Haj Mohammed presented her research poster titled, "Two-Days Old Newborn with Epidermolysis Bullosa Simplex: Severe Subtype" at the 5th Al Qassimi Women's and Children's Hospital International Pediatric & Pediatric Critical Care Conference (IPPCCC).



## A Career in Cardiology

On 8<sup>th</sup> November 2025, the Cardiology Interest Group (CIG), in collaboration with the MSA, organized an online session titled "A Career in Cardiology," featuring Dr. Majd Aldeen Alhuarrat, a 2020 alumnus and Cardiology Fellow at UMASS Chan Medical School. Dr. Majd shared his journey from medical school to a cardiology fellowship, providing valuable insights, experiences, and advice for students aspiring to pursue a career in cardiology.

**Cardiology Webinar:**

Join us as Dr. Majd Alhuarrat, a UMASS College of Medicine cardiology fellow, and a UOS 2020 Graduate shares insights on cardiology as a career path in the USA.

**Dr. Majd Alhuarrat**  
Cardiology Fellow,  
UMASS College of Medicine  
UOS 2020 Graduate

**8 NOVEMBER 2025**  
6:00 PM  
Online

[JOIN US!](#)





## 4th ESIC

At the 4th Emirates Surgeons International Conference (ESIC), held on 7<sup>th</sup> and 8<sup>th</sup> November 2025, 24 students volunteered across various sessions throughout the two-day event.

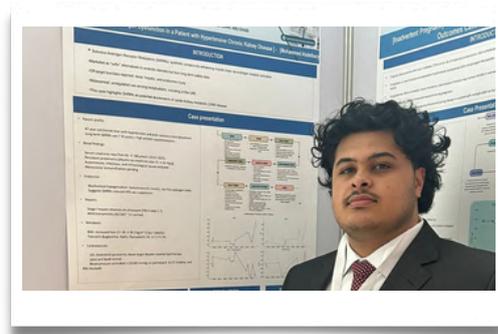
During the “How to Do Research” workshop, Year 3 students Sara Elkhatib, Moaza Al Naboodah, and Farah Al Bassam delivered a presentation titled, “Your Perfect Guide to a Systematic Review: Lessons from Our First-Hand Experience.” Additionally, Sara Elkhatib served as the Master of Ceremony for the conference.



## 7th Internal Medicine Updates Conference

At the 7th Internal Medicine Updates Conference 2025 at Cleveland Clinic Abu Dhabi, Year 3 students had the opportunity to present their posters between 14<sup>th</sup> –16<sup>th</sup> November 2025:

- Mohammed Tariq presented his poster titled, “SARMs-Induced Multi-Organ Dysfunction in a Patient with Hypertensive Chronic Kidney Disease.”
- Omar Tamim presented his poster titled “Inadvertent Pregnancy During Tirzepatide Therapy in Type 2 Diabetes Mellitus: A Case Report with Maternal and Neonatal Outcomes.”
- “Knowledge, Attitude, and Practices of the UAE Population Towards Dengue Fever,” presented by Youssef El Soussi, Fatima Al Nidawi, Shamma Al Maazmi, Ali Khalaf, and Nadhira Gibrata, under the supervision of Dr. Hiba Barqawi and Dr. Amal Hussein.





### ***Outreach Visit in Al Dhaid City***

*On 17<sup>th</sup> November 2025, Year 5 students from the College of Medicine participated in a community outreach visit in Al Dhaid City, organized in collaboration with the Sharjah Charity Association and the Center of Excellence for Healthy Aging. The initiative aimed to support elderly community members by providing free medical tests and health assessments. Throughout the visit, students assisted in conducting medical screenings, guided participants through the assessment process, and promoted health awareness.*



### ***Hamdan Award***

*On 24<sup>th</sup> November, Fatmah Alsereidi, a PhD student in Molecular Medicine at the College of Medicine, was announced as the winner of the prestigious Hamdan Award in recognition of her groundbreaking research on the cardioprotective effects of SGLT2 inhibitors and their potential to support stem-cell-derived beta cells. Her work, which bridges pharmacotherapy and regenerative medicine, was recognized for its promise to advance innovative therapeutic strategies for cardiovascular disease and diabetes.*





## EEG Competition

On 27<sup>th</sup> November 2025, Year 2 students Ahmad Hijaz, Jowli Butros, Noor Abdelghany, Nicol Lubbos, and Youssef Zaki, under the supervision of Dr. Hiba Barqawi, represented the University of Sharjah, College of Medicine, at the 25th Inter-College Environmental Public Speaking Competition (ICEPSC), organized by the Emirates Environment Group (EEG). Competing against participants from universities worldwide, they presented their innovative project, Naseem, a photocatalyst designed to reduce atmospheric nitric oxides and convert them into useful nitrates that can be repurposed as fertilizers, contributing to cleaner air and sustainable environmental practices.

The team competed in the category “Urbanisation vs. Wellbeing: The Role of Sustainable Cities in Public Health”, achieving outstanding success by securing First Runner-Up in their category and earning the title of First Runner-Up Overall.



## Student Participation in Conferences

Students from the College of Medicine have been actively participating in a wide variety of conferences, expanding their clinical knowledge, professional exposure, and engagement with ongoing advancements in healthcare. Their recent participation includes:

- 7th Emirates Multiple Sclerosis Forum, held on 11<sup>th</sup> October 2025.
- 3rd Arab Resuscitation Council Scientific Conference, held from 16<sup>th</sup> to 18<sup>th</sup> October 2025.
- 4th Annual Fakeeh University Hospital Conference, held from 14<sup>th</sup> to 15<sup>th</sup> November 2025.





# based on a TRUE STORY



## A CUT TO REMEMBER

There we were, deep in the operating theatre, performing an axillary dissection, which is *apparently* the perfect setting for a surprise anatomy pop quiz.

The surgeon lets out a bored sigh, then points to a vague, whitish cord and asks, "What's this nerve, student?"

The list of obscure nerves he knew was infinitely longer than my list of guesses. In a moment of sheer, desperate genius (or maybe just exhaustion), I blurted out, "axillary nerve!" I mean, we were in the axilla. It seemed logical.

The surgeon looked at the resident, made the universally recognized 'I am about to teach this student a life lesson' face. His voice was chillingly calm. "Scissors." *Snip snip*. The whitish cord was cut off from the patient.

The world freezes. The only sound is the gentle hum of the cardiac monitor, which I'm pretty sure is now chanting "wrong...wrong...wrong." "If this was the axillary nerve," he asked, holding the severed bit like a trophy, "do you honestly think I'd be this casually committing malpractice?"

In that moment, I learned two things:

1. The axillary nerve is, in fact, important.
2. I have now officially given a patient iatrogenic nerve damage in a parallel universe, and the guilt is very, very real.

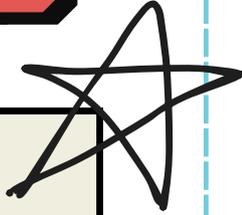
My only solace is that the resident mouthed "it happens" while simultaneously avoiding eye contact. Back to revising the brachial plexus for the millionth time, I guess.





# MEDICAL MARVELS

*By Jana Al Shouha*



## THE STRANGER IN YOUR BLOOD

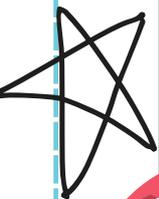
A woman prepares to donate a kidney to her son, only for a DNA test to declare she is not his mother. Turns out the eggs that created her son came from one set of her cells, while the blood sampled for the test came from another. How is this possible?

This is classic chimerism. It happens in the early moments of life, most commonly when two fertilized eggs (twin siblings) fuse in the womb and weave themselves into one viable person. This individual develops normally and is born carrying two sets of DNA in different parts of their body. They are, in the most literal sense, their own twin.

Science now identifies different forms of this phenomenon. Beyond the fusion of twins, microchimerism occurs when a mother carries fetal cells from her children for decades, or vice versa. Artificial chimerism happens in bone marrow transplants, where one person's blood system is gradually replaced by another's post-transplantation.

Some physical characteristics can reveal hints of this hidden duality: one eye a different color from the other, skin decorated with patches of pigment, or a bundle of hair that grows as crimson against a field of black. More often, it is entirely invisible, a secret revealed only with precise genetic tests.

Medicine loves to deal in tidy categories, but chimerism insists on holding two truths at once – different genomes, one person. It is less a mystery to be feared than just proof that life can stitch together separate beginnings and carry them forward as a single self.



**REFERENCES**





# Prescription: Perspective

## Schizophrenia



By: Jana Eissa

*The search for coherence in fragments.*

### Rx1: Film

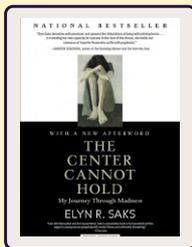
Asf Aal El-Izaa'g (أسف على الإزعاج) — Egyptian film (2008) starring Ahmed Helmy, about a young engineer whose schizophrenia leads him to hallucinate conversations with his deceased father. It highlights stigma and the difficulty of distinguishing delusion from reality in an Arab society.

**DOSE: ONE-TIME PRESCRIPTION**

[Link to trailer](#)



### Rx2: Memoir



The Center Cannot Hold: My Journey Through Madness by Elyn Saks — autobiography of a law professor diagnosed with schizophrenia at age 8. Saks details hospitalization, psychotic episodes, and her career, showing how treatment and support enabled her to thrive.

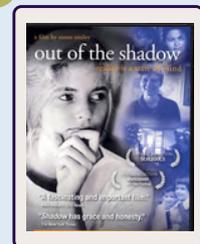
**DOSE: 15 PAGES DAILY**

### Rx3: Documentary

Out of the Shadow (2004) — documentary following a mother in Chicago living with schizophrenia. It explores the impact on her family, the challenges of mental health care, and the invisibility of severe mental illness in public life.

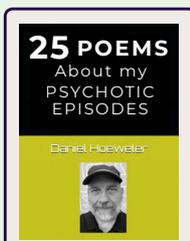
**DOSE: ONE-TIME PRESCRIPTION**

[Link to Trailer](#)



[Link to Poem](#)

### Rx4: Poetry



25 Poems About My Psychotic Episodes by Daniel Hoeweler — written by a poet living with schizophrenia, this ongoing collection documents hallucinations, paranoia, and recovery. His work is raw testimony, turning personal psychotic episodes into verse.

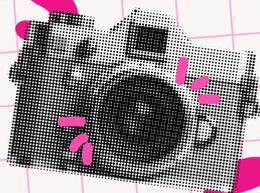
**DOSE: 1 POEM WEEKLY**

**DISCHARGE NOTE:**

Schizophrenia may distort reality, but it cannot erase the person — each narrative insists on dignity beyond the disorder.



# STUDENTS'



# CORNER

## memories



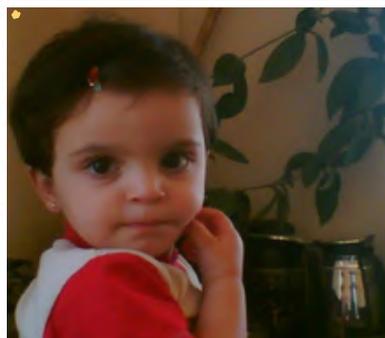
Farah Al Mudhafar - Y4



Lamees Amir - Y4



Syeda Sidra - Y2



Naya Wael - Y2



Reem Ali - Y4



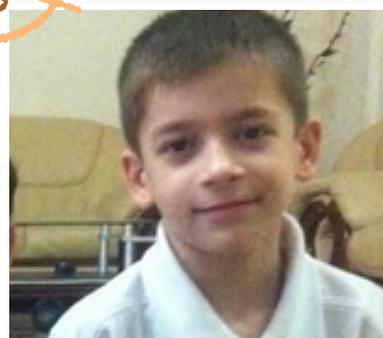
Joud Alassaf - Y3



Rahaf Mushtaq - Y4



Salma & Mohamed Hany - Y4



Samiullah Haroon - Y4





Fatma Hallol - Y4



Sabehat Ali - Y2



Yasser Abbas - Y2



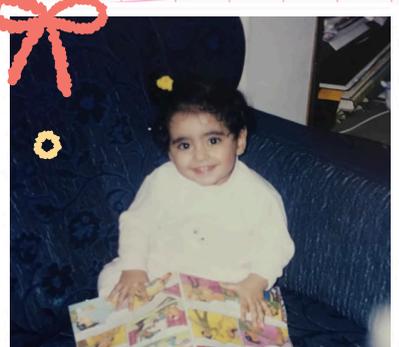
Mohamed Atef Elshafey - Y4



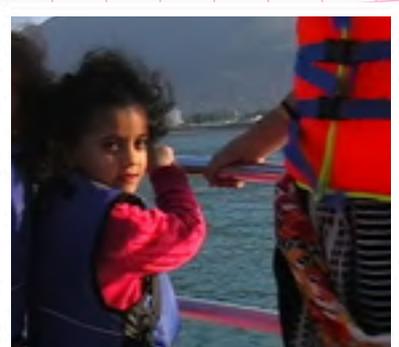
Zaid Nabulsi - Y2



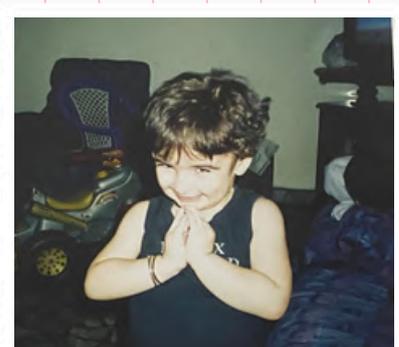
Jana Eissa - Y3



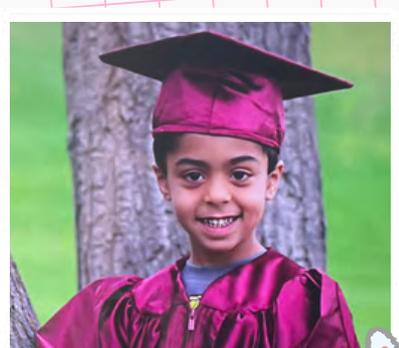
Jana Al Shouha - Y3



Malak R. Abudoreg - Y2



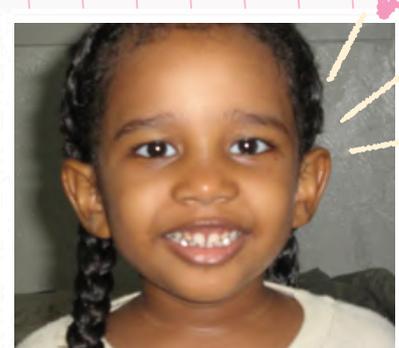
Dana Haj Mohammed - Y2



Monassar Alajmi - Y3



Ahmad Bahaa - Y2



Rouh Mohamed - Y3





Anfal Alzaabi - Y3



Shima Mohammed - Y2



Noor Yasser - Y3



Malak Aboudraz - Y3



Mohammed Abu Obaida - Y4



Shurooq Elshaeir - Y3



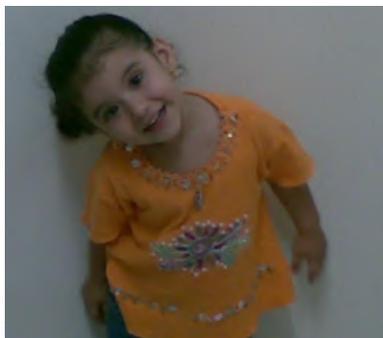
Hadi Ayyad - Y3



Abdullah Daradkah - Y3



Omar Asad - Y3



Farah Al Bassam - Y3



Souad Chakfah - Y2



Khalid Mustafa - Y3





# PRECLINICALS ASK



HELP

# CLINICALS ANSWER

By Yasser Abbas



@year\_3\_student

How did your perception of a specific specialty you had in mind evolve over time, and when did you ultimately realize it was (or wasn't) the right choice for you?

❤️ 🗨️ #preclinicals #advice #y3

@\_m.aya34



Like how most pre-clinical students feel, Surgery seemed to have a special prestige. That's what made me "try the fun" in the summer of y2. Two years later, after experiencing what surgery actually is, I got to realise that the pink canvas we painted also had grey (or even darker) tones. It wasn't easy, some days weren't fun at all. Made me cry sometimes...but for some reason the Stockholm syndrome in me loved every second of it. Not only my perception of it evolved, but I also evolved as well. It was a perfect fit for my personality. Now I was open to other surgical specialties, but nothing hit the right spot. So, to answer the q, I can say I ruled out a couple of specialities, but is this the right one for me? My future life? The family that doesn't exist yet? Maybe...I don't know yet. You shouldn't choose who you love, you choose who's the best fit for you...It's complicated...and not sure when I'll find the answer to it :(

❤️ 🗨️ #clinicals #y4 #y5

@tibaaldelaimi



Coming in from preclinicals, all of medicine felt like a miracle. I originally wanted surgery, and it indeed feels amazing to scrub in and assist, vastly different than doing ward work and outpatient procedures! In the end, the super cool rare cases are only 20% of your practice and you will end up happier in a specialty whose most frequent, 'bread-and-butter' cases (that are 80% of your day-to-day practice) you enjoy.

❤️ 🗨️ #clinicals #y4 #y5



@Haririmd



At the beginning, I didn't even know that only surgeons do surgeries! I had this idea that all doctors could do everything, like superhumans. I thought, "Why not? A doctor should be able to treat any patient in any situation." It took me a while to understand why specialties exist and how each one has its own depth. Over time, I really started appreciating Internal Medicine. The way IM doctors think, connect systems, and manage complex cases felt so smart and holistic, and I found myself drawn to that approach. As I moved through clinical years, I realized how much I enjoyed the investigative, broad-minded nature of IM, even though it wasn't something I expected in the beginning. That whole journey taught me that figuring out what you love in medicine takes time, exposure, and patience with yourself. You grow not just in knowledge, but in learning what actually excites you — and that clarity doesn't always arrive in one moment. Side note: I still might not pick IM :P

❤️📖 #clinicals #y4 #y5



@alimhnd\_md

How fun are the clinical years compared to the preclinicals and did you over/underestimate the "fun" aspect of those years?

❤️📖 #preclinicals #advice #y3

@rehab.jamali



Honestly, it all depends on what "fun" means to you. Preclinicals have their own kind of fun — you're on campus every day, constantly surrounded by friends, skipping the occasional lecture, grabbing random lunch breaks or quick Karak runs. If you love that social, uni-life vibe, then preclinicals definitely win. Clinical years are a different kind of fun. You're in the hospital, you finally feel a sense of responsibility, and if your partner or group is entertaining, the days can actually be enjoyable. It's more of a professional fun - you're making decisions, learning real medicine, and getting your first taste of "adulting." I definitely overestimated how fun the clinical years would be. They're rewarding, yes, but also mentally, physically, and emotionally exhausting. You're navigating a lot more on your own, and that hits you fast.

❤️📖 #clinicals #y4 #y5



@Remimo.hme



So much more fun. 100%. But my god, it is exhausting. If you thought you hit rock bottom in year 2, clinicals actually pick up the shovel and redefine burn out. Good luck <3

❤️📖 #clinicals #y4 #y5





@Haririmd



Clinical years bring a completely different kind of excitement compared to preclinical. I thought they'd just be a more advanced continuation, but the moment I stepped into the wards and faced real patients, the pressure hit in a way textbooks never prepared me for. In preclinical you memorize theory; in clinical you're expected to use it instantly, but once you adapt to that stress and find your coping mechanisms, it becomes manageable. The "fun" isn't traditional enjoyment — it's the growth, the learning, the adrenaline of seeing your decisions affect real people. What I truly underestimated was the emotional resilience required. Breaking bad news and seeing critical cases stays with you. Clinical years are tough, but they push you in a way that genuinely changes you as a person and a future doctor.

❤️🔖 #clinicals #y4 #y5



@shurooqelshaeir7

How is the shift from pre-clinical to clinical? What was the biggest culture shock?

❤️🔖 #preclinicals #advice #y3



@ynma\_7



The shift feels like going from studying medicine to actually doing it. The biggest shock was how unpredictable real patients are, nothing is as tidy as the textbook. Another surprise was how important communication is, not just knowledge. Overall, it's a challenging but an exciting transition.

❤️🔖 #clinicals #y4 #y5



@deena\_alamad



To be honest the shift wasn't bad or maybe it's because I didn't have time to feel anything 😞. It was only a bit overwhelming from the aspect of you aren't being spoon fed anymore and of course the curse of taskstream, but you always get used to it. The biggest shock was how much some doctors don't treat patients like they are actual humans and the mortality jokes, like at least if someone is about to pass away, I think maybe just show a bit of respect and one advice I'd give, if you are rounding on the ICU patients, never have hope 💔. Another thing is how normalised it is for the doctors to be sick and still have to push through. #nodaysoff

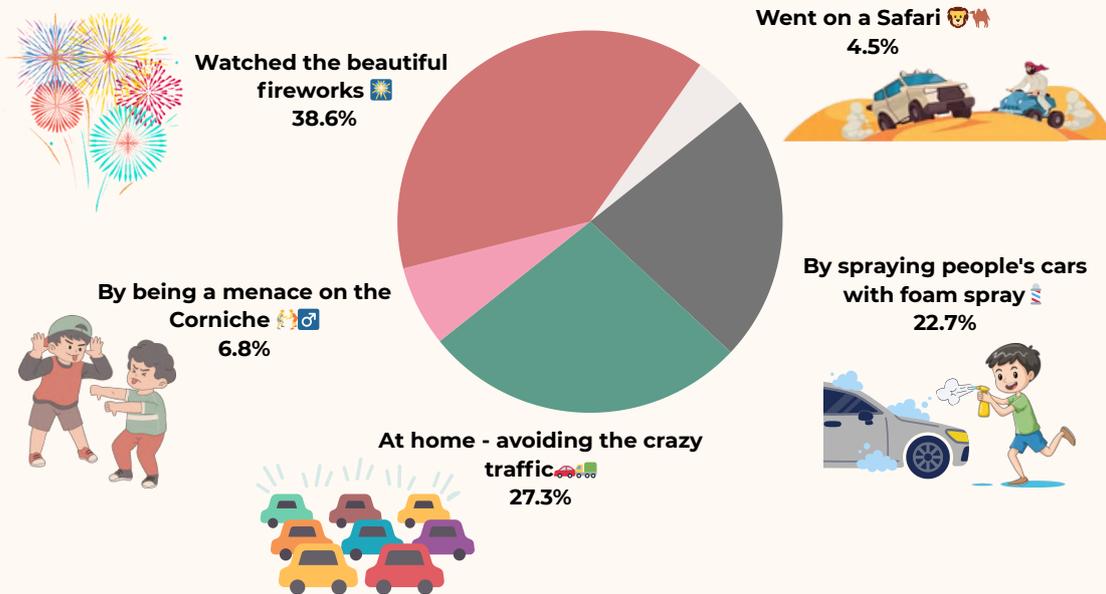
❤️🔖 #clinicals #y4 #y5



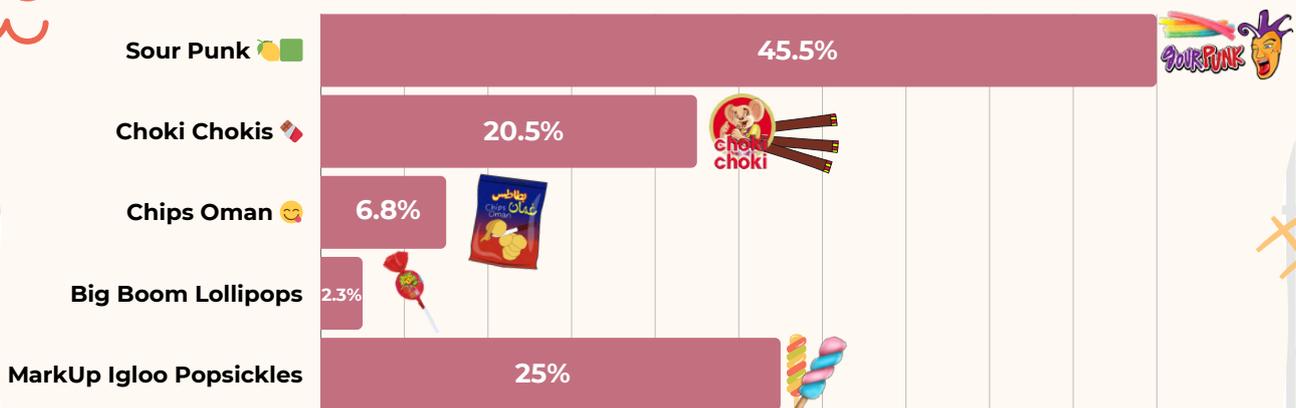


# STUDENT SELECTED

## How did you celebrate National Day as a child?

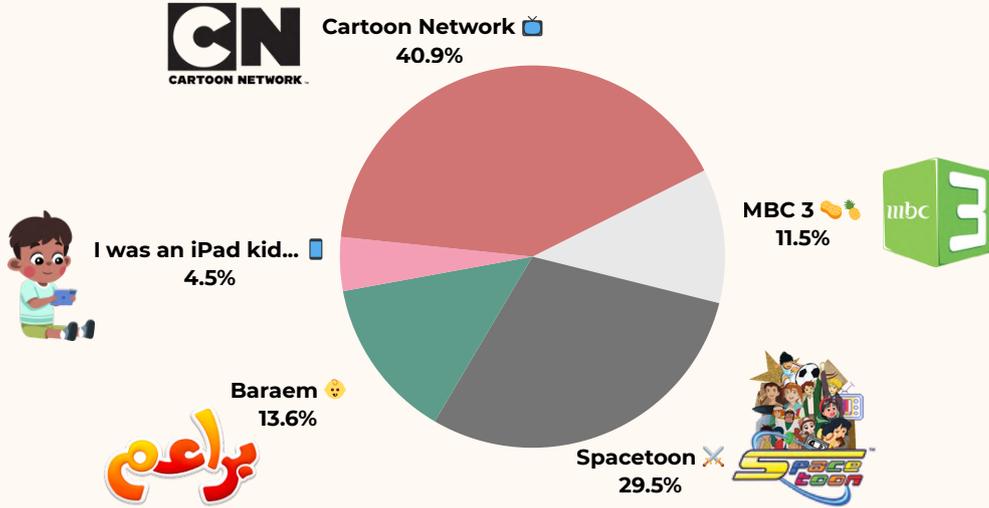


## What was your favourite snack as a child?

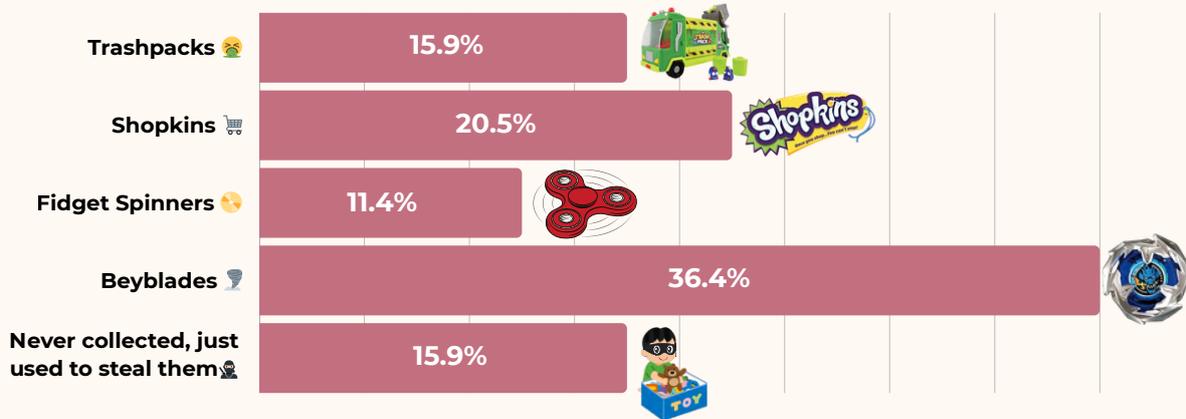




## What was your favourite cartoon channel?



## What was your favourite childhood toy to collect?



## AS A CHILD, THE WEIRDEST NICKNAME I HAD WAS...

**DUDU TOTA FATOOSH** **OBAMA** **BARBIE**  
 حواوه مان  
**ACHMEENA** **FRAWLA** **CHACHOOS** **TUNA**  
 طينة  
 FATHER'S DAUGHTER "CAUSE EVERYONE FORGET MY NAME" "بنت أبوج"  
**AS A CHILD, THE WEIRDEST NICKNAME I HAD WAS**  
**MILK** **ZAN000000** **RASHOOD** **PLENTY**  
 أم رأس  
**FOOF** **PUMPKIN** **MARO** **LOLI** **MUJI**  
**UMM 7AMAMEH** **ZALZALA** **SHAMSHOON**  
 ريا وسكينة **LAYMOON** **DJFORK** **HELPLINE**  
**LOUDSPEAKER**



**C O N N E C T I O N S**



**CREATE FOUR GROUPS OF FOUR**



<b>RAJA</b>	<b>GLOBAL VILLAGE</b>	<b>FUN CITY</b>	<b>SUBWAY SURFERS</b>
<b>RAINBOW LOOM</b>	<b>TEELA</b>	<b>PAPER TOSS</b>	<b>SOHAR</b>
<b>SPINNER</b>	<b>OMAN</b>	<b>YOYO</b>	<b>PURPLE PLACE</b>
<b>FRIV</b>	<b>SALAD</b>	<b>KIDZANIA</b>	<b>MODHESH</b>

**SUBMIT ANSWER**

# Student Letterbox

## مسيرة الاتحاد... عهد العز وراية المجد

جيت أبكتب شعر ووقفنتي القصيد  
 عن أجمل شعب وقيادة دار زايد  
 بدينا بمسيرة الاتحاد بعد صبر وجهاد  
 ومشينا على نهج ومبدأ زايد وراشد  
 قالوا الإمارات...قلت عز وفخر وأمجاد  
 هي من زمن يكتب لها التاريخ بإمداد  
 من صحراء لجنة خضراء في زمن الأجداد  
 خير خلف لخير سلف لماضي وحاضر العهد  
 لحكومة بقيادة رشيدة .. محمد بن زايد  
 ونائب رئيس دولة .. محمد بن راشد  
 ونحن شعب ما نرضى إلا بمركز واحد  
 والأول هو أساس المعرفة لسبعة جياذ  
 من عاصمة الثقافة لسلطان القلوب ميعاد  
 أجملها في المليحة إلى سبع السنابل فوائد



مريم آل علي  
 السنة الثالثة



# WHERE NOSTALGIA NEVER FADES

By: Dana Haj Mohammed

