



COLLEGE OF MEDICINE

# NEWSLETTER

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COLLEGE NEWS



VIRAL NEWS



MEDICAL HEROES



ONE CRIME AT A TIME



STUDENTS' CORNER



STUDENTS' POLLS



DOCTOR'S ORDERS

## DEAN'S MESSAGE OF THE MONTH

As we approach the end of this academic year, I would like to thank His Highness Sheikh Dr. Sultan bin Mohammed Al Qassimi, and the Chancellor, Prof. Hamid Al Nuaimy, for their continuous support. I would also like to congratulate, albeit virtually, our graduating batch of students, as well as their parents, on their efforts and achievements.

I would like to share with you that our college has received extremely positive feedback on our re-accreditation. I am very grateful to the faculty, staff, and students who participated in this process and to all of you who continuously make me proud of your efforts, dedication and achievements.



I also wanted to let you know that we are in the final stage of approving a counselor for our college who will help those facing difficulties. Just as we welcome new people, sadly we say goodbye to a few members of our beloved College of Medicine family. They will be missed by all their colleagues and students, and we wish them all the best.

I would like to thank the faculty and staff for their hard work during this exam period. I wish all students the best of luck on their examinations, and I ask them all to look after themselves; sleep, and eat well so that they are well-rested and in good health to take on the next few weeks. I hope to see everyone in person as soon as possible. Wishing you and your families a very blessed Ramadan.



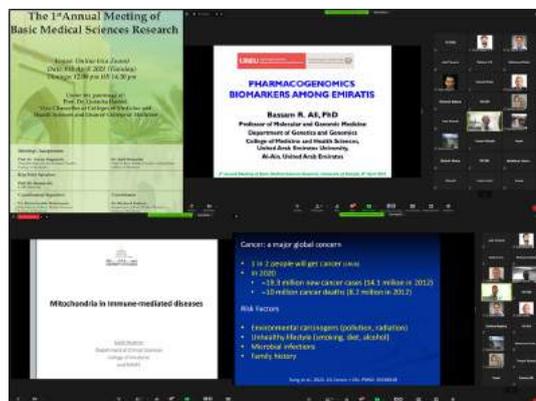
# COLLEGE NEWS

## The 1st Annual Meeting of Basic Medical Sciences Research

Dr. Jibran Sualeh Muhammad, along with Dr. Khuloud Bajbouj, has successfully organized the 1st Annual Meeting of Basic Medical Sciences Research on 6th April 2021.

This online meeting included more than 80 participants from the University of Sharjah and other universities worldwide. It was organized under the patronage of Prof. Qutayba Hamid, Vice-Chancellor of the Colleges of Medicine and Health Sciences and Dean of College of Medicine, along with Prof. Azzam Magazachi, Assistant Dean for the Graduate Studies, and Dr. Adel Elmoselhi, Chair of Basic Medical Sciences.

This meeting covered the latest scientific discoveries in cancer research, diabetes mellitus, and immune disorders. The keynote presentation was given by Prof. Bassam Ali of UAE University, and other speeches were presented by the faculty members and graduate students affiliated with the College of Medicine of the University of Sharjah.



## Residency Programs at University of Ottawa

A meeting between the Colleges of Medicine at the University of Sharjah and the University of Ottawa in Canada was held on 8th April 2021. The purpose of this meeting was to provide information on the Postgraduate Medical Education Program at uOttawa, their medical specialization program.



## Sequencing Genetic Material of Host and COVID-19 Virus

Prof. Rabih Halwani is collaborating on a project led by Khalifa University. The aim is to sequence the genetic material of the host and the COVID-19 virus, in order to examine factors contributing to the severity of the disease, with the participation of scientists and physicians across the UAE. The outcomes of this research will help further improve diagnostics and medical treatment of COVID-19.





## Faculty Achievements



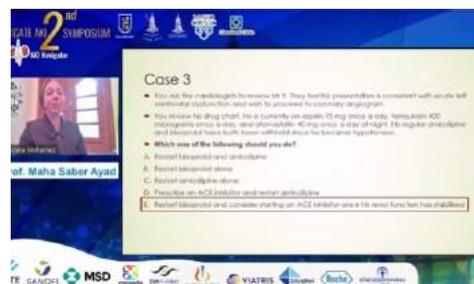
## Community Engagement



### 2nd Acute Kidney Injury Symposium



On March 31st, 2021, Dr. Maha Saber Ayad organized an online workshop titled "Drugs and Acute Kidney Injury: A Clinical Approach" in the 2nd AKI Symposium of Cairo.



### Innovation at UAE Majlis Research Talk



Dr. Basema Saddik was selected by the Ministry of Education to deliver a pre-recorded session at the Innovation@UAE Majlis on the topic, "How to Get Published in High-Impact Journals?" The live session, held on 26th April 2021, was attended by over 800 participants who received live feedback and advice from Dr. Basema on how to publish their research in high impact journals.



## Publications



Prof. Azzam Maghazachi, with his colleagues from SIMR and MOHAP, has published the following articles:

- COVID-19 infection and rheumatoid arthritis: mutual outburst cytokines and remedies. (DOI: 10.1080/03007995.2021.1906637)
- Chemokines and chemokine receptors during COVID-19 infection. (DOI: 10.1016/j.csbj.2021.01.034)
- Role of Peripheral Immune Cells in Multiple Sclerosis and Experimental Autoimmune Encephalomyelitis. (DOI: <https://doi.org/10.3390/sci3010012>)

Dr. Mohammad Al Bataineh and Prof. Rifat Hamoudi published an article titled, "Prediction of COVID-19 hospital length of stay and risk of death using artificial intelligence-based modeling." (DOI: 10.3389/fmed.2021.592336)

Prof. Naveed Khan has a new publication entitled 'Gut Bacteria of Rattus rattus (Rat) Produce Broad-Spectrum Antibacterial Lipopeptides'. (<https://doi.org/10.1021/acsomega.1c01137>)

# Students Achievements



## SWIMMING COMPETITION

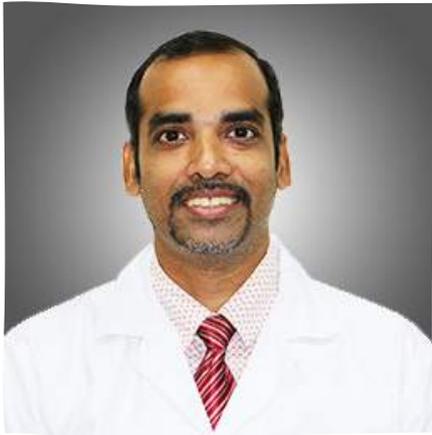
Raghad Abbas, a Year 2 student from the College of Medicine, came in first place in the swimming competition, which was held on 6th April 2021, as part of a tournament organized by the university's sports complex.



## ART COMPETITION

Moh'd Ghraith Al-Wawi, a Year 3 medical student, placed first in the 'Art in Medical Simulation' competition conducted by UAE University in 2020, which aimed to highlight artworks that reflect the synergy between art and medicine.



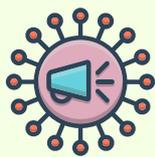


*Good  
bye*

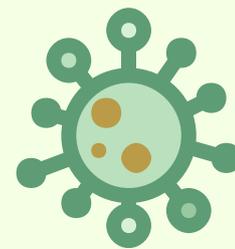


**The College of Medicine sadly bids farewell to five of its esteemed faculty members, Dr. Saravanan Coumaravelou, Dr. Samrein Ahmed, Dr. Mohammad AlBataineh, Dr. Mohamed Rahmani, & Dr. Hiba Rahmet-Allah at the end of this academic year.**

**They will always be remembered for their hard work and dedication and will be missed dearly by their students and colleagues. We wish them joy and success in their future endeavors.**



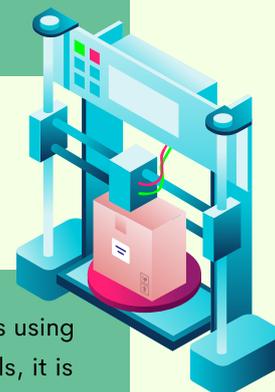
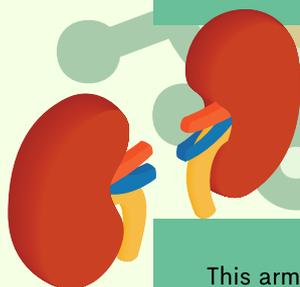
# VIRAL NEWS



## Kidney Organoids are NOT a Kind of Asteroid...

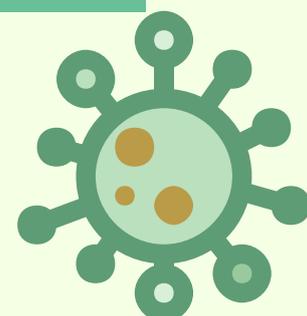
The idea of growing an organ in a laboratory is not a new one. Countless Sci-Fi books and movies have used this outlandish idea as a premise, imagining a far-off future where we may be able to construct brand-new organs outside the womb. Nevertheless, that future is becoming the current present, made possible using 3D bioprinting machines that are able to reproduce new kidneys.

Back in 2015, at the Murdoch Children's Research Institute (MCRI) in Australia, a research team headed by Professor Melissa Little used patient renal stem cells to synthesize mini kidneys, or "kidney organoids" – a process that proved to be quite a hassle. Recently, researchers at MCRI used a 3D bioprinting technology to synthesize exact replicas of these tiny kidneys. However, instead of only forming one or two kidney organoids, hundreds can be formed in a matter of minutes!



This army of tiny kidneys can be used in limitless ways. Currently, Professor Little is using them for drug screening. Instead of unreliable animal studies and risky clinical trials, it is now possible to screen for effectiveness and test the toxicity of drugs specifically on these lab-grown kidneys. The process of testing treatments is thus more specific than ever: not only is it tested on human tissue, but on the person who is due to receive this medication with no risk to the patient.

Professor Little has high hopes for her little kidneys; she believes that the organoids can be used in all aspects of kidney disease, from investigating causes of kidney pathologies to transplanting kidney tissue using a patient's own stem cells. Thanks to this innovative 3D bioprinting technology, scientists and doctors worldwide are able to provide their patients with better healthcare.



#### REFERENCE:

Lawlor, K., Vanslambrouck, J., Higgins, J., Chambon, A., Bishard, K., & Arndt, D. et al. (2020). Cellular extrusion bioprinting improves kidney organoid reproducibility and conformation. *Nature Materials*, 20(2), 260-271. <https://doi.org/10.1038/s41563-020-00853-9>



# MEDICAL HEROES



## *Prof. Vidya Acharya*

Popularly known as the 'Mother of Nephrology' and 'The Iron Lady' by her students, colleagues, patients, and admirers, Professor Vidya Acharya was the first female nephrologist in India. Born in 1938, she completed parts of her medical training in India and the UK. She was particularly passionate about chronic kidney disease and actively advocated for improved healthcare for the patients of the disease, while also pursuing research in the field. She is credited for the development of one of the most sought-after nephrology departments in India and was the very first to start dialysis and transplantation facilities in Western India. She battled through the bureaucracy and made dialysis facilities more accessible and affordable for low-income families. A trailblazer in her own right, she established the Indian Society of Nephrology and the Indian Society of Organ Transplantation. Despite her inspiring body of work, she is best remembered as a teacher, who taught us to not only do better but to be better.



## *Prof. Renée Habib*

Born in 1924 to a traditional family in Morocco, Professor Renée Habib graduated with an MD in 1953 after much cultural resistance. She pursued the field of pediatrics, with a strong interest in the field of research. Her efforts were focused on nephrology, and she intensively studied renal biopsy material collected from ill children. She received international acclaim when she presented a paper on the pathological classification of nephrotic syndrome. Later, she went on to provide a full description of the hemolytic-uremic syndrome and helped describe the relationship between minimal change disease, focal segmental sclerosis, and diffuse mesangial proliferation. Her work has also encompassed rare conditions like Alport syndrome, Fabry's disease, and Denys-Drash syndrome, in addition to work on allograft nephropathy. Her exhaustive list of publications and commitment to the field of nephrology is an inspiration for generations to come.





# ONE CRIME AT A TIME

## Seven Kills, Same Killer



Mary Kellerman, a 12-year-old girl, was found dead in her room on the morning of September 29th, 1982. She had stayed back home from school after catching a cold. Her parents, severely devastated, insisted that she was in good health apart from the cold.

On the same day, Adam Janus, a 27-year-old postal worker, died due to a rather unexpected heart attack. His brother and sister-in-law, Stanley and Theresa Janus followed suit a couple of days later as a result of their unprecedented grief over Adam. Indeed, the cause of his death is not commonly seen among individuals his age.

In that same week, Mary Weiner, Mary McFarland, and Paula Prince also curiously passed away, with no indication of any deterioration in their health. The sudden, consecutive death of otherwise healthy individuals drew much attention: Can their deaths be related in any way?

Seven cases of potassium cyanide poisoning were enough to ignite an investigation. A perceived elaborate plan of mass murder called a state of emergency in the city of Chicago. All that was needed was a common string among all seven victims: the young girl, the postal worker, and his family, the flight attendant, the housewife, and the saleswoman.

What better way to commit mass murder than tamper with the most widely taken painkiller in the States at the time? It appeared that all the victims had consumed Tylenol pills prior to their death, whether to relieve a headache or to treat a cold. Tylenol's manufacturing company, Johnson & Johnson, was cleared from any blame since no trace of the poison was found in their factories. The killer, however, remained unknown.

Taken off the shelves in grocery stores and drug stores, Tylenol was unpackaged, laced with potassium cyanide, and returned to the shelves as if untouched. It took seven deaths for this act to be uncovered and to have Johnson & Johnson revamp their packaging for Tylenol to be tamper-proof.

Known to disrupt the body's ability to utilize oxygen, potassium cyanide poses a serious threat on organs mostly affected by a low-oxygen environment, including the brain, heart, and lungs. Cyanide ions bind to hemoglobin, the oxygen-carrying protein found in red blood cells, to form cyanohemoglobin, which results in severe hypoxia affecting the body's most vital organs. The perpetrator(s) picked a quick death for their victims, and a long flee from justice for themselves.

The next time you take a painkiller, make sure it kills the pain and not you!





# STUDENTS' CORNER



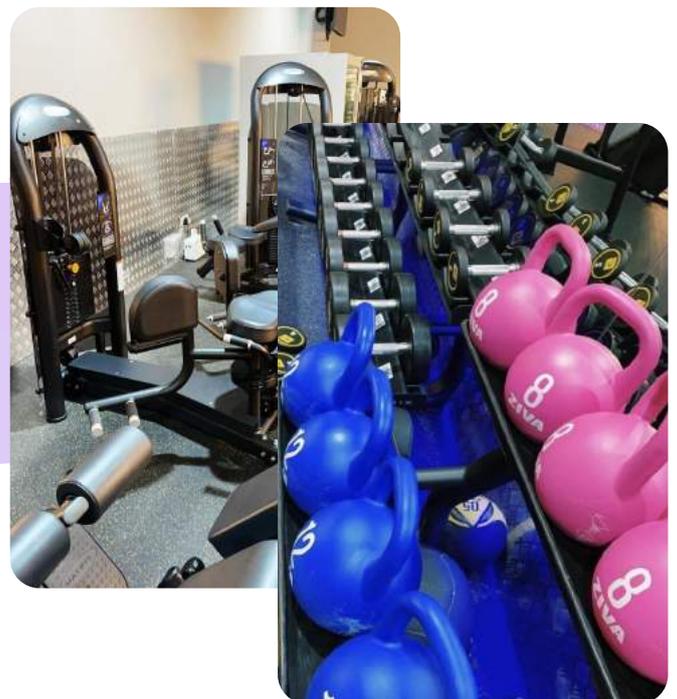
The past year consisted of going from one lockdown to another for me, as well as socially and mentally distancing from people and reality, so what has had me going was nothing other than fictional realities and characters, and I am forever grateful for them ♥

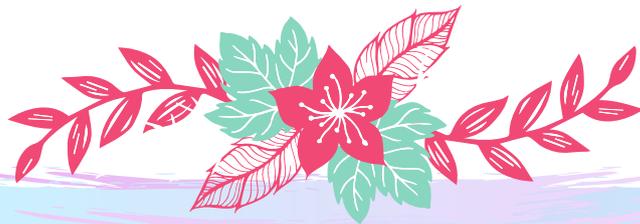
**KHOLOUD HUSSAIN YEAR 2**



My personal record at the gym this month was the weight of piled-up lectures. They're a whole lot.

**MARIAM ELEMAM YEAR 2**





I recently started watching a show called The Good Doctor. It was, surprisingly, mind-blowing to see how doctors in that show actually knew everything they were talking about. Apart from the fact that the cast didn't actually study medicine, I couldn't help but compare myself to them. I mean, I really do shoot my shot in OSCE stations and hope for the best. Believe it or not, something about that show reminds me why I started studying medicine in the first place. Seeing all those doctors in the show run around in the ER to save the lives of many different people gives me that little push that one looks for at the beginning of every day. The next stop for me, but definitely not the final one, will be the ER. Who knows, I may be the next Dr. Shaun.

**OMAR WARDAN YEAR 2**



This little human has gone through so much already and he has no idea how much he saved me.

**HADEEL ALAMELEH YEAR 1**



## DiagKnowsed

### Case of the Month

A 48-year-old male patient presents to the clinic complaining of a two-day-old sore throat, accompanied by a fever and difficulty swallowing. The man also complained of discomfort in his left knee for the past 36 hours, as well as pink, cloudy urine.

History taking revealed that the patient was a non-smoker but a heavy drinker. There had been no dysuria or changes in urinary frequency, and no previous family history of renal disease. The patient also revealed that he had suffered such symptoms on multiple occasions as a young adult following pharyngitis.

Physical examination revealed a temperature of 38.1°C, with an obvious purpuric rash along his hips and lower limb. His tonsils appeared evidently large and inflamed. Hematological tests revealed a WBC count of 23,700/ $\mu\text{L}$ , and urine microscopy revealed  $>100$  RBCs/mL and significant proteinuria. IgA levels also appeared abnormally high. Ultrasound and CT scans revealed no obvious renal or urinary tract abnormalities or obstructions.



**WHAT IS THE MOST LIKELY DIAGNOSIS? WHAT ARE YOUR NEXT STEPS IN THE MANAGEMENT OF THE PATIENT? TELL US AND CHECK IF YOU ARE RIGHT BY FILLING THE FORM [HERE!](#)**





# MEDICAL CROSSWORD



For this month's crossword, the theme is the Renal System. **Click on the icon to the right to access an interactive version of the crossword.** You can type in your answers and it will check if they are correct. Good luck!

[CLICK HERE](#)

[ANSWER KEY](#)

## Across

- 3. Measure of renal function
- 5. The discoverer of Bowman's capsule was a/an
- 7. First organ to be transplanted
- 9. Kidney that is more commonly transplanted
- 10. Most water reabsorption occurs at the
- 13. Used as a tooth whitener in Ancient Rome
- 14. Drug that turns urine orange

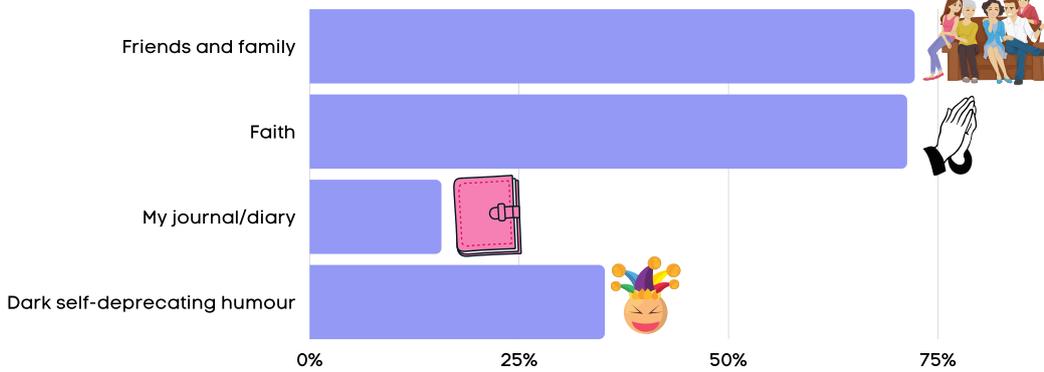
## Down

- 1. Sulfur-containing drugs
- 2. Kidney's job
- 4. Catheter type
- 6. Too much is harmful for kidneys
- 8. Most common cause of UTIs
- 11. Most kidney stones are made of
- 12. Kidney enzyme

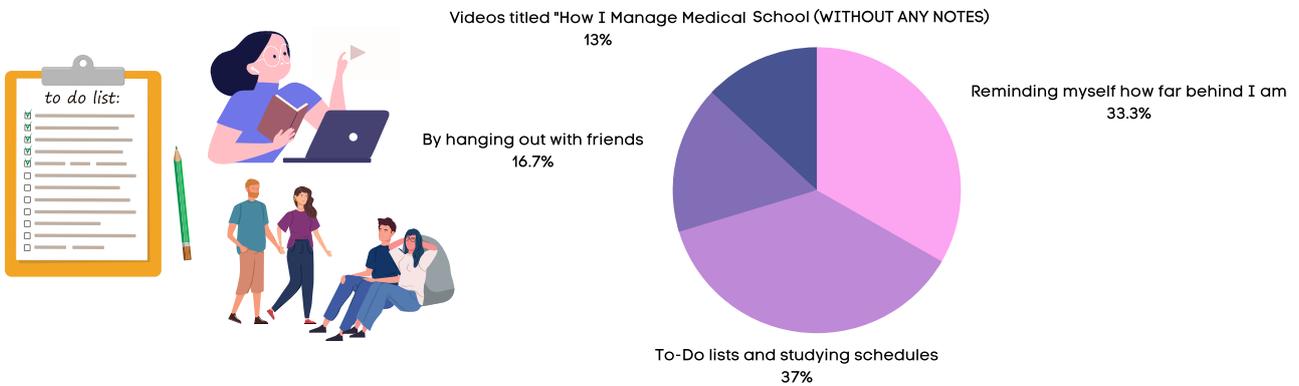


# STUDENT-SELECTED

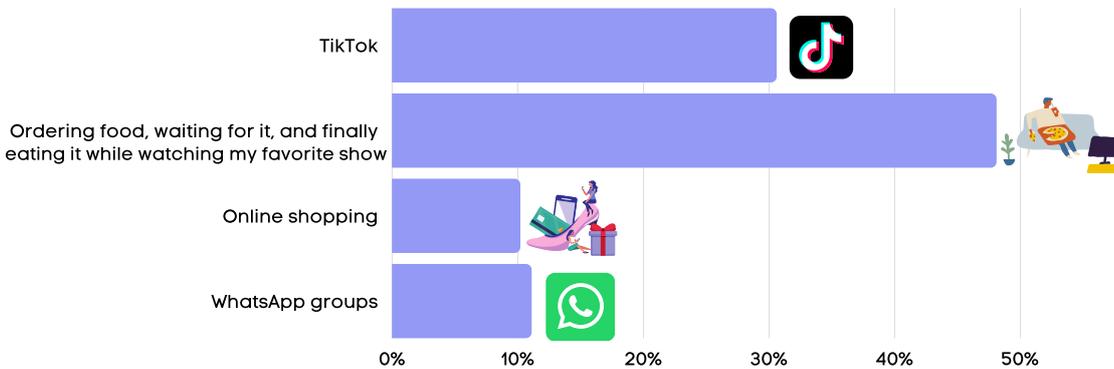
## WHAT HAS BEEN YOUR SUPPORT SYSTEM THROUGHOUT UNIVERSITY YEARS?



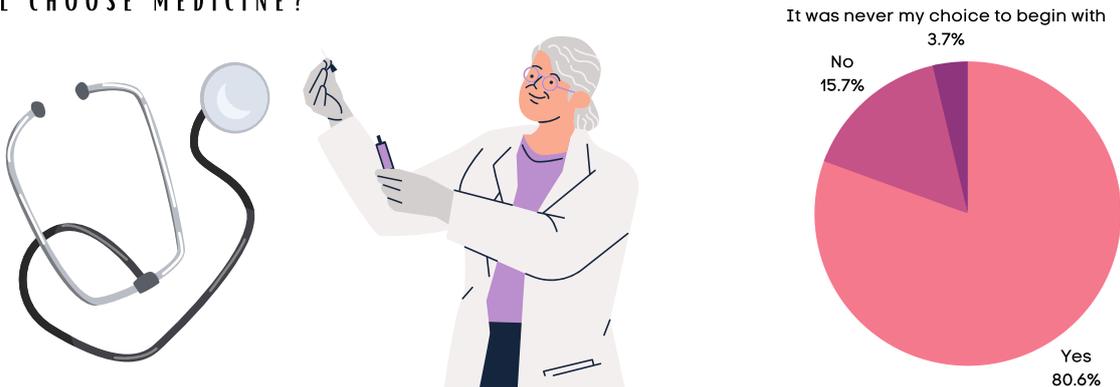
## HOW DO YOU STAY MOTIVATED?



## WHAT IS YOUR PREFERRED METHOD OF PROCRASTINATION?



## WITH ALL THE SUPPORT YOU HAVE. IF YOU COULD GO BACK IN TIME. WOULD YOU STILL CHOOSE MEDICINE?





## WHAT QUOTE INSPIRES YOU TO KEEP GOING?

“

If you weren't capable, the opportunity would have never come your way. You belong.

“

Relax, you will memorize everything in the last 3 weeks

“

Nothing worth having comes easy.

“

Medical education requires a sharp mind and a strong ischial tuberosity.

“

إن الله لا يضيع أجر من أحسن عملا

“

I can and I will. Watch me.

“

The way to get started is to quit talking and begin doing.

“

I hated every minute of training, but I said, 'Don't quit. Suffer now and live the rest of your life as a champion.'

- WALT DISNEY

- MUHAMMAD ALI

“

You have to be odd to be number 1.

“

If you want to fly give up everything that weighs you down.

“

ما زرع الله في قلبك رغبة الوصول لأمر معين، إلا لأنه يعلم إنك ستصل إليه

“

In a gentle way, you can shake the world.

DR. SEUSS

BUDDHA

MAHATMA GANDHI

“

Life is short. Eat dessert first.

“

It's not impossible, it's been done before, and now is just your turn to do it!

“

There's nothing crueler than letting a dream end midway.

“

The chapter you are learning today is going to save someone's life tomorrow. Pay attention.

JACQUES TORRES

ALBERT EINSTEIN

JIMMY JOHNSON

“

(We are people who know no middle ground, we only seek perfection, and prefer death if otherwise.

ونحن أناس لا توسط عندنا/ لنا الصدر دون العالمين أو القبر

“

Strive not to success But rather to be of value

“

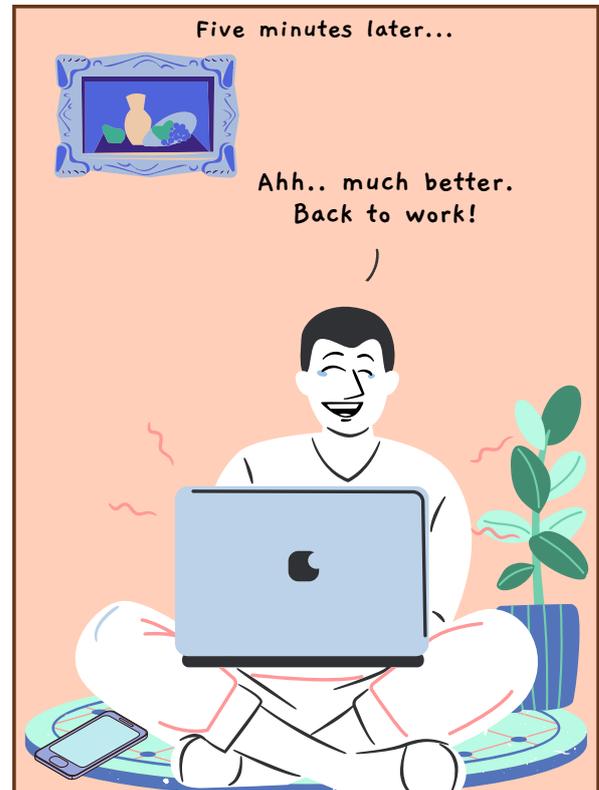
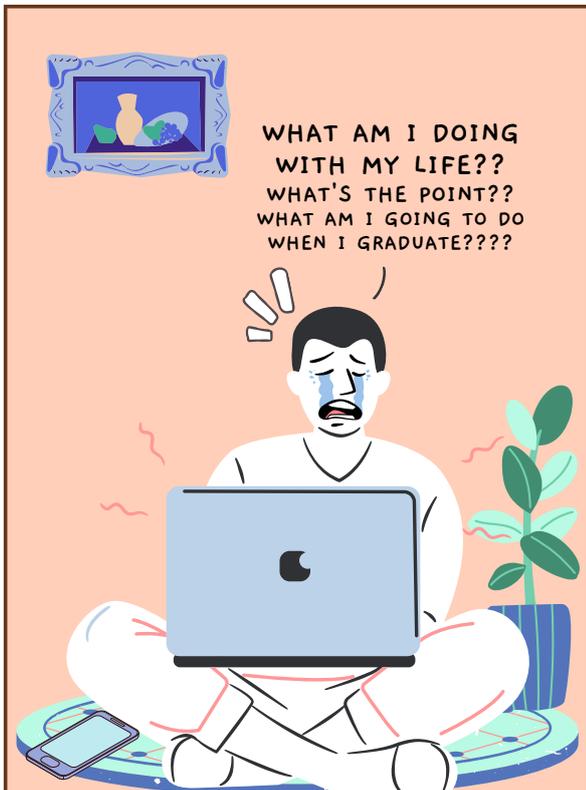
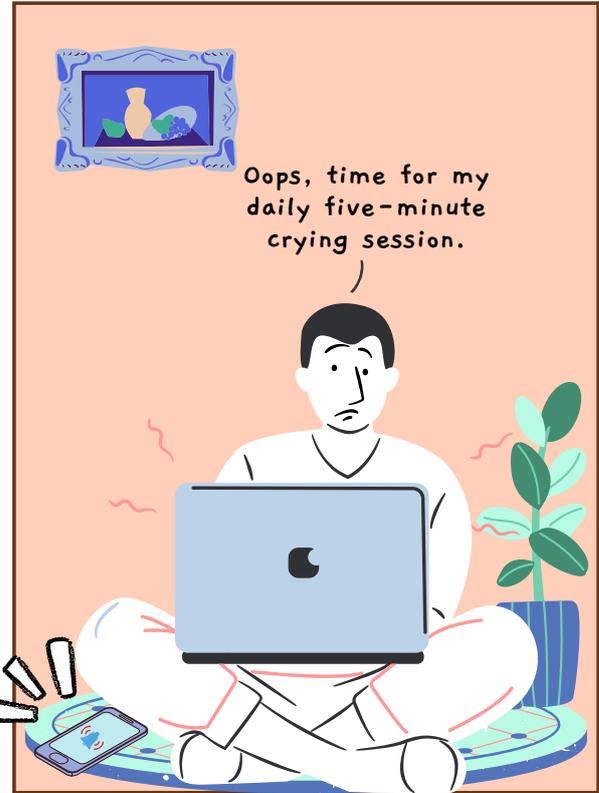
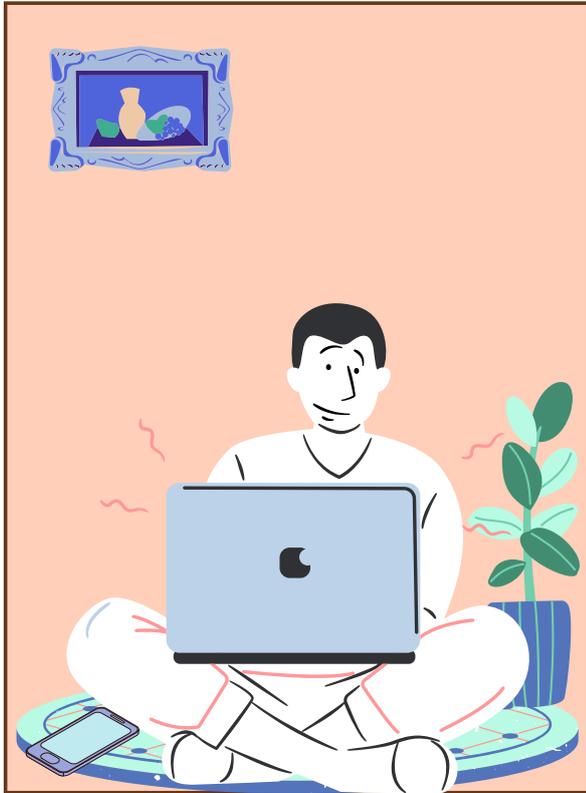
لا شيء على هذه الأرض بغير جهد، وبغير إرغام النفس على الكد، وكلما سَمَا الغرض كبرت المشقة

“

The only difference between ordinary and extraordinary is that little extra.



# KIND OF COPING...





# DOCTOR'S ORDERS

DR. SARRA SHORBAGI

## KIDNEY STONES

Kidney stones are hard deposits made of minerals and salts that form within the kidneys. There are different types of stones, the most common of which are calcium oxalate and phosphate stones.

### *Who is at risk of developing kidney stones?*

1. Family/personal history of kidney stones.
2. Dehydration, as well as diets high in proteins, salts, or sugars.
3. Obesity and GI diseases, such as inflammatory bowel or chronic diarrhea.
4. Medical conditions such as renal acidosis or UTIs.
5. Certain supplements and medications, such as vitamin C, laxatives, or calcium-based antacids.

### *What do people with kidney stones feel?*

Patients usually will not feel any pain or other symptoms until the stone moves around within the kidney or the ureters. The pain caused by a kidney stone may change, shifting to a different location or increasing in intensity as the stone moves through the urinary tract.



FOR FURTHER INFORMATION:

<https://pkdcharity.org.uk/about-adpkd/symptoms-of-adpkd/kidney-stones>

### *Treatment*



Stones may pass spontaneously while urinating. Other treatments include:

- Drugs, such as alpha blockers, can make it easier to pass small stones while urinating.
- Supplements (e.g. potassium citrate) can help dissolve the stone or prevent it from progressing.
- Painkillers help relieve the pain.
- Extracorporeal shockwave lithotripsy is used to break up large stones.
- Other procedures, such as laser lithotripsy and percutaneous nephrolithotomy may also be indicated.

### *Prevention*



- Drinking plenty of fluid to avoid dehydration.
- Avoiding carbonated drinks.
- Adding fresh lemon juice to drinking water.
- Cutting down salt to a healthy level.
- Maintaining a normal level of calcium by having a healthy diet and avoiding supplements if not needed.



Permanently disappointed in all my friends and family for not recommending a lobotomy when I said I wanted to go to medical school.

إذا ما لم يُفدك العِلْمُ خيراً ... فخيرٌ منه أن لو قد جهلنا

ضاقنا فلما استحكمت حلقاتها فرجت، و كنت أظنها لا تفرج

Stealing laughs in the middle of breakdowns.

كم نظرت الى الساعات وتتبع الدقائق وكم تمنيت مرور الأيام ونسيت أنها من عمري

Emotional roller coaster but all the slopes are down.

This is nothing like grays anatomy

قد يكون السطر الذي حرم عينيك النوم ليلاً، ملوئاً أي لزماً وكان ممكن تمام ساعات أطول... خلقت إنساناً  
It's okay

الطب بين الناس بعملك هيبة بس بينك و بينه  
بمسح فيك الارض

تحدي البقاء

unforgettable

When people ask how many more years of studying do you have? and you're just like till death do us part.

My 6 years summed up in one line: "at what point in my education will I know what I'm talking about"

It's been a long journey... yet still just the beginning..

"You [students] are in a tunnel and the light at the end of the tunnel is a train."  
- Dr. Nihar Dash 2018

A rollercoaster that was fun at first, but now I'm just praying that the ride ends safely.

I don't know where I'm going, but I'm on my way.



# Class of 2021

CONGRATULATIONS



In typical human nature, describing my university experience equates to a rocky anecdote about clinical rotations amid a pandemic that took the world by storm, while scaling a bumpy road trying to determine what comes next. I forgot the transition; shuffling awkwardly trying to find lecture halls, flaunting my yearism to the new batch, packing unearthly amounts of information into my unassuming brain, believing I got the proverbial bull of medicine by its horns after basic sciences, and back to shuffling awkwardly in wards during clinical training. To my friends, teachers, and parents: I hope I do you proud.

نفع الله بنا البلاد و العباد - Jumana Mustafa



We grew up watching Snow White's evil queen asking her magic mirror if she's the fairest of them all and later understanding that true beauty lies within. This proved true throughout my clinical years during my hunt to determine what makes a good doctor. We saw doctors who practiced medicine and others who traded medicines. I realized good doctors are those who do their best and are human before being physicians.

So I stand in front of my mirror every day and ask:

Mirror, Mirror on the wall, am I trying my best or am I falling short?

- Rahaf Abughosh



I'm very grateful. This 6-year ride wasn't smooth, but rough rides give us something worth commemorating. I didn't always understand the gravity of medicine. When others learnt of my aspirations, they said "that's a lifetime of learning in servitude of others". But that's the upside; to learn and serve humanity is a privilege I understood recently through the words of our Prophet PBUH:

إِذَا مَاتَ الْإِنْسَانُ انْقَطَعَ عَنْهُ عَمَلُهُ إِلَّا مِنْ ثَلَاثَةٍ: إِلَّا مِنْ صَدَقَةٍ جَارِيَةٍ، أَوْ عِلْمٍ يُنْتَفَعُ بِهِ، أَوْ وَلَدٍ صَالِحٍ يَدْعُو لَهُ.

Words can't suffice to describe my gratitude to my path of never-ending علم الله إن شاء الله.

اللهم انى أسألك علماً نافعاً - Dua'a AlNusairat

As we approach the end of year 5, I didn't expect to find myself upset about finishing med school. I've made some very close friends along the way, some of whom I may not be able to see on a regular basis. Finishing med school and stepping into the real world means we will be taking responsibility and roles which we haven't had before, which means dealing with problems, stress and headaches. I'll miss med school because I'll miss my close friends and I'll miss having fewer responsibilities. - Hammad Ur Rehman



If I told myself 6 years ago about what I have achieved throughout these years, I wouldn't have believed it. Before starting this journey, I wasn't sure if I had the ability or the dedication for it. Today, I can say that I have outdone myself, and for that I am filled with gratitude. I thank God for giving me the opportunity to be here, the strength to continue every day, and for blessing me with the most supportive parents in this world and the company of good friends. - Batool Saber



The naïve, wide-eyed girl that walked through the doors of the College of Medicine, on her first day at university, towards Medical Terminology class, would have never imagined the immense joy she'd feel from walking around the fountain in winter or the endless laughs with friends at the cafeteria, or hopelessness and frustration from studies, or panic trying to figure out the next step after clinical years. But all of this will leave her wiser, more mature, empathetic and compassionate than she was when she walked through these doors. - Asma Hafiz



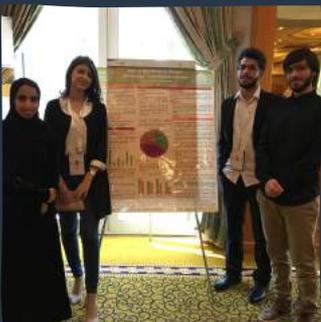
I knew growth wasn't meant to be linear. I wasn't prepared for the peaks and troughs of medicine. Being on this journey was truly humbling. But all hardships aside, I'm grateful for the immeasurable goodness; friends who made laughing a little easier, stories of patients we bear witness to, even the stray cats outside the library. I believe I'm still in the first chapter of my life. Soon we'll carry a responsibility we don't realise the gravity of. It's a privilege where we are and what we do; lest we ever forget. - Huwaida Fazel



After 6 years packed with unforgettable moments, experiences, events, sleepless nights, and exciting encounters... it is time to move on to the next step in this journey; yet, not before expressing my gratitude towards all the supporters throughout these years including my family, friends, colleagues, doctors, faculty, and everyone who was part of this endeavor. Nevertheless, life is not only about the celebrations after each achievement, it is about the little things in between that sum up to these achievements. - Mohammed El Khazendar



Although my journey through medicine was not my choice, I'm glad I still made it through. During these years, I learned what I think is the most important skill for the coming years of my life. Introspection. Being able to confront myself with all my shortcomings and mistakes has helped me grow as a person. Learning how to respect other opinions has also changed me significantly. It's hard to describe what it's been like to be in this program. But if I had to choose one word, it would be "cycle". - Mohammed Juma



The stories from my 6 years in medical school are hard to tell now. They're all tangled, and after spending hours at hospital daily, it's difficult to process this new world I've been thrown into. While there's something to learn from every patient, mistake, and story, the takeaways are not so neat and tidy. Choosing to practice medicine means acknowledging my limitations, but also my value. It's telling as many stories as possible, and holding the untold narratives just as close. It's embracing the mess, and slowly but surely, learning how to mold it. - Jawaher Abdelrahman



I'll miss not attending TBL (unless Dr Hiba is invigilating), preparing my PBL part, running to Dr Hiba's office for chats and parata, hearing ازیکو یا ولاد from Dr ElAdl, Dr Samerin's heartwarming smile, Dr. Mada's cheerful soul, Dr Ahmed asking how OSCE went, Dr Nabil saying عفیه اولادی, ranting to Dr. Haitham about hospital, begging Ms Hilda to keep my partner, my friends, batch, PBL hangouts and the struggle of taking a decent batch photo. That's why college years are the best; those memories will always live in our hearts. -Salsabeel Kilidar



This was a long but beautiful journey. Throughout these years my personality changed alot, and I encountered different experiences, in college and dorms. One thing I know for sure is all the doctors, staff, and dorm supervisors are always there to help, at least with kind words. I thank Allah for giving me the opportunity to be in this university, to interact with students and doctors, and for the skills and knowledge, I now have. I can't believe I'm approaching graduation; I just started to feel like I finally have things under control! - Yousef Alabrach



وها قد مضت رحلة العمر بطوها ومرها، و توالى الأيام حاملة معها أجمل لحظات العمر ومختلف الذكريات التي ملأت قلوبنا أنساً وشوقاً وبهجةً، حصداً خلالها أجمل ساعات المعرفة، وقطفنا منها مختلف أنواع العلوم. واقتربت لحظة الختام حاملة معها حنين لماضٍ رائع وجميل، وشوقاً وشغفاً لمستقبل مشرق ومبهر. ولا بدّ لعجلة الحياة من الاستمرار في الدوران و السعي قدماً، ولا يسعنا سوى القول وداعاً لتلك الجدران التي شاركتنا أجمل الأيام ووداعاً للحظاتٍ قد أمست ذكريات بطوها و مرها، ستبقين ذكرى مزودة للأحفاد -إسلام درويش



تمضي الأيام والسنين فتخط بك الحياة على رصيف قطار أت من غياهب جب مائه العقاقير والكراسات. خطوت بالأمس سالكاً فجاً أبغني فيه علماء واليوم أفرغُ باباً لا يُعرفُ ما خلفه مع خلانٍ صحبتهم ولازمتهم طيلة تلك السنين العجاف. فطنتُ حين ابتغيْتُ العلا أن التميّز يحتاج إلى همةٍ فما نيل المطالب بالتمني، ولكن تؤخذ الدنيا غلاباً... وإذا كانت النفوس كباراً تعبت في مرادها الأجسامُ. فلندأب ولتمضي قدماً راجين من المولى أن نُحقق طمأناً لطلالما سعينا وراءه ولتجنّي محمول ما زرعناه بالأمس -سارية عدرة

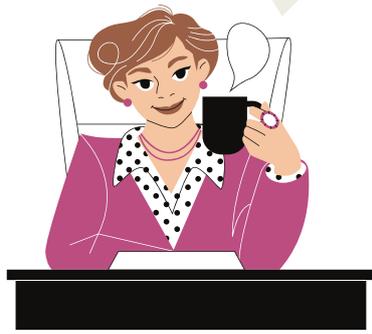


قبل ست سنوات، قيل لي (أيام الجامعة أجمل الأيام). ظنّنت هذه الجملة في ذهني كلما استيقظتُ فجرًا ملهمة تعبي ونعسي كي أركض نحو طلاب العلم. نعم، ركضت كثيراً لأصل. كل سنة عبّرت طبعت في ذاكرتي الكثير من الضحكات، الذكريات، والصدقات الجميلة. أما تعب المذاكرة والسهر فكان يهون بمجرد انتهائي من الامتحانات. اليوم يبدأ فصل جديد مختلف سأعيشه بكل ما تعلمته من معلمينا الكرام... إلى كل من التحق بكلية الطب من بعدنا، تذكروا دائماً أن الأطلام الكبيرة تحتاج إلى سعي أكبر -يمنى سعيد المور



ما زلت أتذكر الغرزة الأولى، مُحاولتي في إغلاق جرح المريض، أتذكر سماع نبضات قلبي لا خوفاً ولكن حماساً، كنتُ اشعر بالأدرينالين يتغلغل في دمي، هُنا أيقننتُ بأنني سأكمل هذا الطريق حتى أبلغ. دراستي في كُلية الطب (جامعة الشارقة) لم تكن مُجرّد ست سنوات دراسية، و لكن بالأحرى كانت رحلة استكشاف و تحديّ لتفسي، ظل هذه السنوات أدركتُ مدى عظمة رحمة الله علينا بقُدْرتنا كبشر، لم أكن أعلم بكمية الصبر والاستمرارية التي نستطيع أن ننعيم بها، ومن جانبٍ آخر في كُلية الطب إتقنيتُ بأصحاب أشبه بالإخوة و هم من جعلوا هذه الرحلة أجمل، و أخيراً مهما كان سفرك بعيداً فعليك أن تبحت عن التهجئة في كل لحظة -فتون عبدالله





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We hope you enjoyed reading the newsletter as much as we enjoyed working on it. We look forward to another productive year full of exciting content and fun activities!

