



COLLEGE OF MEDICINE NEWSLETTER



EDITOR-IN-CHIEF
HIBA JAWDAT BARQAWI

FIRST EDITOR
LAMEES AMIR

CREATIVE DIRECTOR
REHAB MOHD JAMALI

CREATIVE TEAM
DANA HAJ MOHAMMED
SHAHLA BINT SHAREEF

EDITORIAL TEAM
JANA AL SHOUHA
JANA EISSA
MALAK R. ABUDOREG
YASSER ABBAS

VICE CHANCELLOR'S MESSAGE OF THE MONTH

I warmly welcome back all faculty, staff, and students to the start of a new academic year at the College of Medicine. I would also like to extend a special welcome to the new faculty members and students who have recently joined our community. Our commitment remains steadfast in pursuing excellence in teaching, research, and community service, just as we have consistently achieved in recent years.



I would like to express my sincere gratitude to His Highness Sheikh Dr. Sultan bin Mohammed Al Qassimi, Member of the Supreme Council, Ruler of Sharjah, and Founder of the University; His Highness Sheikh Sultan bin Ahmed Al Qassimi, Deputy Ruler of Sharjah and President of the University of Sharjah; and Prof. Esameldin Agamy, Chancellor of the University of Sharjah, for their unwavering and invaluable support.

Wishing you all a successful and inspiring academic year ahead!





College NEWS

Induction of PhD and Master's Students in Health Professions Education

The College of Medicine at the University of Sharjah welcomed the newest cohorts of the PhD in Health Professions Education and the Master of Leadership in Health Professions Education programs through induction programs held this week. A total of 11 PhD students and 21 Master's students joined faculty members and supervisors from both the University of Sharjah and the University of Dundee. Delivered by faculty from both universities and professional library staff, the induction program included onboarding sessions, academic writing guidance, and an orientation to digital tools in the university.

Program coordinators highlighted the University's strong legacy and global reputation, noting the impact of graduates within their communities. The event also recognized the faculty and staff whose efforts led to the Master's program becoming the first in the region to receive international accreditation from the Academy of Medical Educators (UK).





University of Dundee Visit

The College of Medicine strengthened its international academic ties this September with a visit from Prof. Susie Schofield and Prof. Mairi Scott of the University of Dundee, UK. Hosted by Prof. Qutayba Hamid, Vice Chancellor for Medical and Health Sciences Colleges, the visit supported the delivery of the PhD in Health Professions Education, launched in Fall 2025, and the Master of Leadership in Health Professions Education, established in 2013. Both programs have earned regional and international recognition, with both being fully accredited by the UAE's Commission for Academic Accreditation. Currently hosting over fifty postgraduate students, these programs reflect the University's commitment to excellence in medical education.



PhD in Health Professions Education

On 12th September 2025, the College of Medicine launched a new postgraduate program, the PhD in Health Professions Education. Twelve students make up the first cohort, reflecting strong demand and the urgent need for specialists in this field. Participants come from academic institutions, healthcare systems, and clinical practice. The opening module welcomed two distinguished guests Prof. Susie Schofield, and Prof. Mairi Scott. This program marks a milestone in advancing health professions education and building future academic leaders.





Induction of PhD Students in Public Health

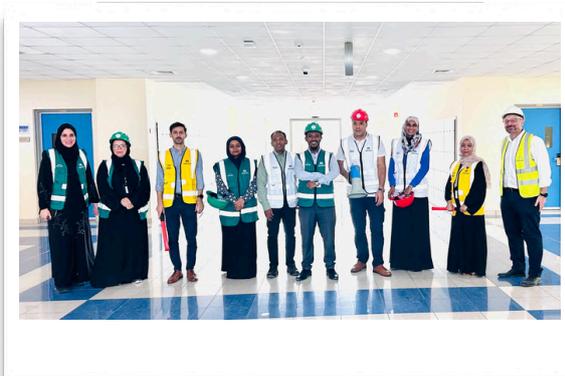
The College of Medicine at the University of Sharjah has welcomed the first cohort of students in its newly launched PhD Program in Public Health, coordinated by Dr. Wafa Alnakhi. The program aims to prepare researchers and future leaders to address pressing health challenges at local, regional, and global levels.

Designed with a focus on critical thinking, data analysis, and study design, the program also develops leadership and communication skills. Students will be encouraged to present at conferences, publish their work, and establish research collaborations that contribute to improving individual and community health outcomes.



EHS Emergency Team Drill

On 21st August 2025, the College of Medicine held an emergency drill facilitated by Emirates Health Services (EHS) and the M27 Emergency Team. Wardens, responders, and first aiders practiced coordinated response strategies, focusing on key protocols including evacuation procedures, fire safety measures, and basic life support (BLS) techniques. Each team member was assigned a specific role and equipped with safety gear to simulate real-life scenarios, ensuring clarity and efficiency in execution. The drill reinforced the University's commitment to campus safety and emergency readiness. By establishing designated teams within each college and ensuring the availability of first aid resources at strategic locations, the College demonstrated its commitment to fostering a culture of safety and preparedness.





Faculty

NEWS

Top 2% Scientists

On 20th September 2025, Stanford University, in collaboration with the publishing giant Elsevier, released a list ranking the top 2% scientists worldwide, in which several faculty members in the College of Medicine were placed.

Recipients of the award include: Prof. Qutayba Hamid, Prof. Eman Abu Gharbieh, Prof. Salman Guraya, Prof. Maha Saber Ayad, Prof. Iman Talaat, Prof. Yasser Bustanji, Prof. Amr Amin, Prof. Mohamad Saleh, Dr. Asima Karim, Dr. Firdos Ahmad, Dr. Rizwan Qaisar, Dr. Khalid Tirkawi, Dr. Nihar Dash, Dr. Noha Elemam, and Dr. Hiba Barqawi.





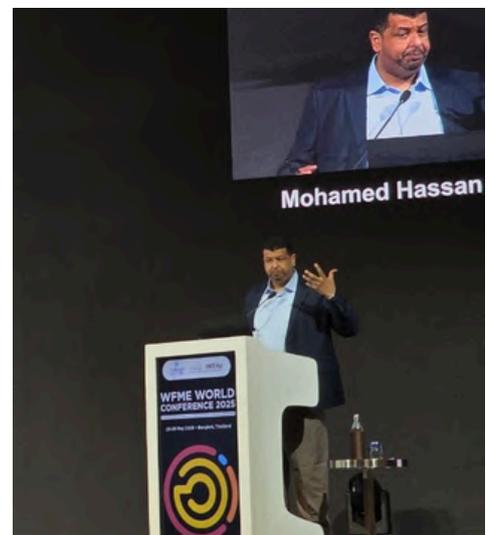
MENA Congress for Preventive Medicine

On 16th & 17th May 2025, Dr. Hamid Alhaj gave a talk titled “Innovations for Prevention and Early Intervention in Mental Health Care,” at the MENA Congress for Preventive Medicine, held in Abu Dhabi. His presentation focused on advancing proactive strategies to address mental health challenges across the region emphasising on the critical role of early detection, community-based interventions, and the integration of technology in reshaping mental health care delivery. He highlighted how innovations such as digital mental health platforms, artificial intelligence-driven screening tools, and culturally tailored prevention programs can improve accessibility, reduce stigma, and enhance outcomes. His contribution sparked discussions on how healthcare systems in the MENA region can move from a reactive to a preventive, patient-centred model of mental health care.



WFME 2025

On 27th May 2025, Dr. Mohamed Hassan Taha gave a plenary symposium at the World Federation for Medical Education (WFME) in Bangkok, Thailand. Titled “Social Accountability & Accreditation in Medical Education: Integrating Principles into Medical Schools to Enhance Societal Impact”, the 90-minute session with over 1200 participants examined how current accreditation in health professions education often fails to address societal needs. It questioned whether a school can be considered excellent without improving community health and called for aligning national standards with population needs.





Royal College of Psychiatrists International Congress

Between the 23rd – 26th June 2025, Dr. Hamid Alhaj presented a study, titled “Assessing the Relationship Between Sleep Duration and Quality and Mental Health Among University Students,” which was selected for a Rapid-Fire Presentation at the prestigious Royal College of Psychiatrists International Congress held in Wales, UK. This research project was conducted by medical students from the University of Sharjah, under the supervision of Dr. Hamid Alhaj. It demonstrated a link between sleep quality, mental health, and academic performance, with poor sleep, anxiety, and depression especially common among female students. He emphasized the need for gender-sensitive, culturally appropriate strategies and further research to improve student wellbeing.



UoS Contributes to International Research

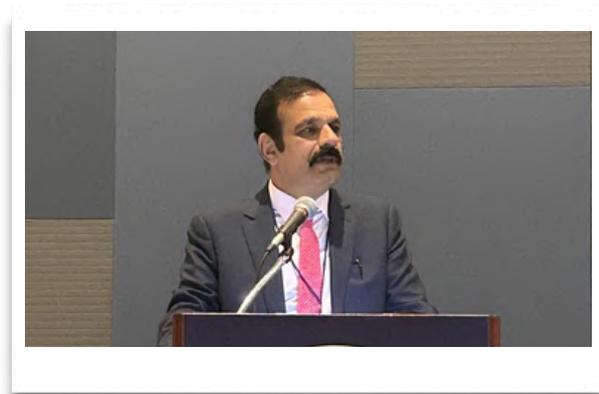
In June 2025, a research team from the University of Sharjah has contributed to an international study aimed at developing a potential drug candidate to reduce brain injury caused by reduced blood and oxygen supply in newborns. The team included Prof. Rifat Hamoudi, Dr. Rania Harati, and Dr. Amal Bouzid. The project was carried out in collaboration with researchers from France, the United States, Sweden, the United Arab Emirates and several international scientific institutions. While still at an early stage, the study opens promising new avenues for developing effective treatments to protect newborns from brain injury caused by hypoxia and ischemia.





American College of AI and Medicine

On 1st August 2025, Prof. Salman Guraya was honored at the American College of AI and Medicine, where he delivered a keynote lecture highlighting his academic and scientific contributions. Most notably, he has been ranked for the fifth consecutive year (2020–2025) among the World’s Top 2% Scientists by Stanford-Elsevier for his outstanding scholarly impact in Clinical Medicine – General & Internal Medicine.



Sharjah24 Article

On 21st August 2025, Dr. Jalal Taneera published an article on Sharjah 24 highlighting the growing diabetes crisis in the Arab world. The report emphasizes the serious health, economic, and social impact of the disease, including chronic complications and mental health challenges, and calls for urgent interventions to address lifestyle, genetic, and environmental factors contributing to the rise of diabetes.



READ MORE





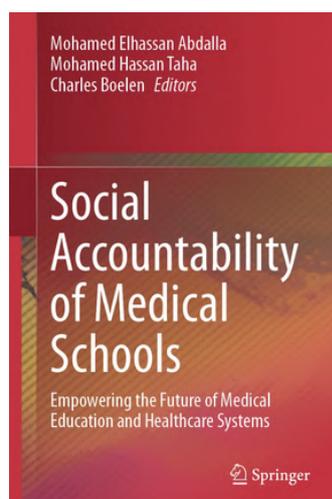
Sharjah TV Amasi: PhD Program in Public Health

On 6th September 2025, in an interview with Sharjah TV's Amasi program, Dr. Wafa Alnakhi discussed the PhD Program in Public Health at the University of Sharjah, highlighting its distinctive features and role in training researchers and leaders to tackle public health challenges locally and globally. The discussion emphasized the integration of scientific research into health policy and the program's focus on advancing students' research and leadership skills.



Social Accountability in Medical Education: A Global Perspective

In 2025, Dr. Mohamed Hassan Taha has co-edited the book titled "Social Accountability of Medical Schools: Empowering the Future of Medical Education and Healthcare Systems," published by Springer Nature, with contributions from 61 authors across the globe. The book is written for leaders of colleges of medicine and health sciences, policymakers, healthcare system leaders, and faculty members, as it defines the values of social accountability in medical education and demonstrates how linking medical education with community service strengthens relevance, quality, and equity in health professions training.



[READ MORE](#)



New Faculty



Prof. Mohamed Moursi Elshobari

Prof. Mohamed Moursi Elshobari has joined the College of Medicine at the University of Sharjah as a Professor in the Department of Clinical Sciences. At Mansoura University Hospital, he served as Head of the Surgical Department (2023-2025) and as Director and Vice President of the Gastroenterology Surgical Center for Liver Transplantation (2018- 2020). He holds an MD in General Surgery and a Diploma in Liver Transplantation and Hepatobiliary Surgery from Paris-Sud University. He is also a Fellow of the Royal College of Surgeons of Edinburgh (FRCSEd). Prof. Mohamed completed two years of advanced training in France, specializing in hepatobiliary surgery, cadaveric and living donor liver transplantation, and therapeutic endoscopic procedures. His research interests include gastrointestinal and hepatopancreatobiliary surgery, endoscopy, and experimental animal research.

Dr. Ahmad Ahmeda has joined the College of Medicine at the University of Sharjah as an Associate Professor of Physiology. He completed his medical education at the University of Benghazi, Libya, and earned his PhD in Physiology in 2007 from University College Cork, Ireland, where his research focused on kidney function and oxidative stress. In 2008, he received a research fellowship funded by the Health Research Board to continue his work on renal physiology, specifically investigating how oxidative stress and reactive oxygen species affect kidney blood flow. Dr. Ahmeda has worked in several international universities, including University College Cork, King Saud University, Qatar University, and Ajman University.



Dr. Ahmad Ahmeda





Dr. Wayel Abdulahad has joined the College of Medicine as an Assistant Professor of Immunology. He earned his PhD in 2008 from the University of Groningen, The Netherlands, where he studied T-cell mediated immunity in ANCA-associated vasculitis. He continued his work in the Department of Rheumatology and Clinical Immunology at the University Medical Center Groningen, and since 2016, he has served as Head of the Flow Cytometry Unit and Principal Investigator on multiple research projects. His research focuses on identifying therapeutic targets in autoimmune diseases. He has supervised 12 PhD students and published more than 100 peer-reviewed publications.



Dr. Wayel Abdulahad



Dr. Wafaa Ramadan

Dr. Wafaa Ramadan has joined the faculty of the College of Medicine as a Senior Lecturer. She completed a four-year postdoctoral research fellowship at the university's Research Institute for Medical and Health Sciences, complemented by a fellowship at the University Medical Center Hamburg-Eppendorf in Germany. She earned her PhD in Molecular Medicine and Translational Research in 2021 through a joint program between the University of Sharjah and the University of Lubeck, Germany. Dr. Wafaa's research focused on the epigenetic mechanisms in cancer biology and therapy resistance. Her contributions to the field have been recognized with several prestigious awards, including the L'Oréal–UNESCO for Women in Science Middle East Award, the King Hussein Award for Young Investigators, the Best Poster Award at the 2023 ESMO TAT Conference, and recognition as an MIT Technology Review Innovator Under 35. She has authored over 40 peer-reviewed publications and presented her work at numerous international scientific conferences.





Student NEWS

12th ADU Undergraduate Research and Innovation Competition

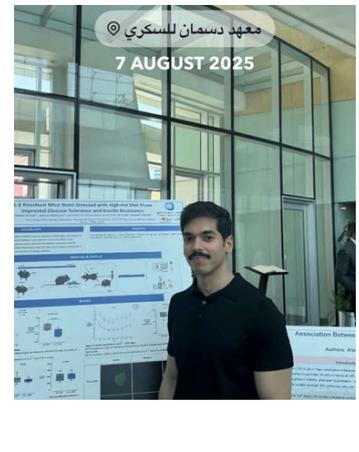
On 29th May 2025, two groups of Year 4 students achieved second place awards at the 12th Abu Dhabi University Undergraduate Research and Innovation Competition. In the Public Health Sciences category, Lamees Mohamedali, Mohammed Abu Obaida, Shahem Alhaj Ahmad, and Samiullah Haroon, along with alumnus Albaraa Alshalkhaty, were recognized for their project “Assessing Colorectal Cancer Awareness and Preventive Lifestyle Practices in the UAE: A Comparative Study of Risk Groups,” supervised by Prof. Iman Talaat.

In the Education and Instructional Technology category, Riham Hafiz, Ahmed Al Hajji, and Farah Khaled were awarded for their project “ChatGPT in Medical Education: Usage, Perceptions and the Role of AI Literacy Among Health Professions’ Students,” supervised by Dr. Mohamed Taha and Dr. Amal Hussein.



Research Training at DDI

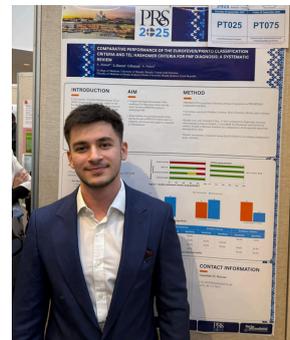
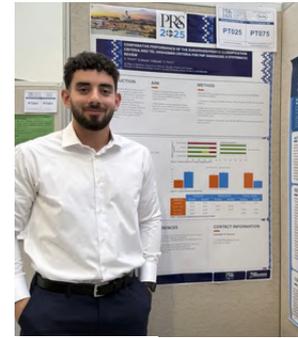
Dr. Abdulrahman Al-Ayyaf, a 2025 graduate of the College of Medicine, completed a two-month research training program at Kuwait's Dasman Diabetes Institute (DDI), where he contributed to the project “IL-6 Knockout Mice Nutri-Stressed with High-Fat Diet Show Improved Glucose Tolerance and Insulin Resistance.” He presented his findings as an oral poster presentation and has since begun a one-month clinical attachment in orthopedic surgery in Ontario, Canada.





32nd PReS Congress

Year 4 students Samiullah Haroon and Osama Razouk presented their poster, “Comparative Performance of the Criteria for FMF Diagnosis: A Systematic Review,” co-authored by Year 4 student Abdalla Ahmad, at the 32nd Paediatric Rheumatology European Society (PReS) Congress in Helsinki, Finland, held from 17th to 20th September 2025. Another poster, “Impact of Familial Mediterranean Fever on Pediatric Health-Related Quality of Life: A Systematic Review,” was accepted for display, co-authored by Year 4 students Abdalla Ahmad, Osama Razouk, Kareem Mustafa, Mohammed AlKhalidi, and Year 3 student Ali AlKhalidi.



Mediclinic Research Conference Award

At the 8th Annual Mediclinic Middle East Research Conference, held on 19th September 2025, Year 5 student Abdul Rahman Sheiko was awarded Best Podium Presentation for the project “Criminalized and Condemned: Mapping HIV/AIDS Stigma in the UAE.” Supervised by Dr. Hiba Barqawi and Prof. Eman Abu Gharbieh, the study was recognized for its originality and social relevance. Other students and alumni involved in this project include: Mohamed Alhariri, Moustafa Mashal, Amal Abu Helwa and Kamel Samara.





SRI LANKA



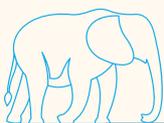
Medical Volunteering Trip

“Ayubowan” - the traditional Sri Lankan greeting that means “may you live long” became one of the first phrases we learned, setting the tone for the entire trip. As part of the annual volunteering project organized by the Medical Students Association, we were lucky to join the trip to Sri Lanka. It felt like a dream come true - combining two of our passions: helping people and exploring a country full of beauty and culture.

Our arrival in Sri Lanka is a memory we will always cherish. We stepped off the plane to a light rain shower and were welcomed by blue water lilies, the island’s national flower. Often called the “Pearl of the Indian Ocean,” Sri Lanka greeted us with its lush greenery, endless coastlines, and smiles warmer than the tropical air. Our accommodation was simple but filled with laughter, overlooking the beach where waves rose as if they could touch the sky.

The medical experiences we had in Sri Lanka were unlike anything we had ever encountered before. Coming from a setting with relatively advanced medical resources, it was eye-opening to see how healthcare functions in a developing country where medical equipment and facilities are often limited. Yet, in that very limitation, we saw the true strength of the doctor’s character shine through. At its core, the purpose of medicine is not defined by technology or geography; it is the ability to provide care, comfort, and healing, irrespective of resources and geographical locations.

During our time there, we had countless moments that shaped our skills - not just as future doctors, but as human beings. On the very first day, we set up a medical camp at a school. Patients of all ages came through, and though we were “just” medical students, we were welcomed with trust and enthusiasm. Many had never received guidance on basic health issues, so our advice was valued immensely, sometimes even more than we could have imagined. Knowing that our words and time could bring even small change was profoundly humbling.





We also had the privilege of conducting a workshop for schoolchildren. We designed interactive sessions on health topics, hoping to engage and educate them, but what we received in return was priceless. Their joy, laughter, and eagerness to participate left us speechless. In the end, they surprised us with handmade cards and small gifts created during the short time we spent together. It amazed us to see how even a brief moment of connection can create such a lasting impact. It was a reminder that kindness doesn't need years to grow - it can blossom in minutes.

Beyond medicine, Sri Lanka gave us the chance to witness its breathtaking natural beauty. From the pristine beaches with their rolling waves and the endless rows of palm trees to a boat ride through tranquil mangroves, every corner felt like a gift of nature. We sipped fresh coconut water under the sun, savored authentic Sri Lankan Ceylon teas and curries, and marveled at rainbows that appeared after sudden tropical rains. We visited a turtle hatchery and experienced a wildlife safari, spotting elephants, deer, leopards, birds, and other creatures in their natural habitat - a vivid reminder of the world's untamed beauty.

Perhaps the highlight of our trip was visiting Galle Town. Walking through the historic Galle Fort felt like stepping back in time, with its centuries-old walls and charming colonial architecture overlooking the ocean. We wandered the narrow streets and admired the vibrant shops and local art. As the day drew to a close, we watched a stunning sunset that painted the sky in shades of orange, pink, and gold - a quiet reminder that our time in Sri Lanka had come to an end.

On the bus back to the airport, we reflected on the week that had passed. Sri Lanka had taught us about sacrifice, resilience, and the art of adaptation. It had shown us how the simplest blessings in our life - the education we receive, the lifestyle we live, the resources we often take for granted - would be considered extraordinary gifts in someone else's world. We left not only with professional growth but also a renewed appreciation for Allah and our parents, who entrusted us with the knowledge and responsibility to care for others.

Our time in Sri Lanka was more than just a trip - it was a journey of the heart, a lesson in humility, and a celebration of human connection. The week reminded us that medicine is not just about treatments and diagnoses but also about empathy, hope, and service. Sri Lanka gave us more than we could ever give back, and for that, we will be eternally grateful.

- Rashida Dhilawala & Rehab Mohd Jamali, Year 5







based on a **TRUE STORY**



A “JOINT” EFFORT (THAT DIDN’T QUITE WORK OUT)

During my trauma surgery rotation, a patient came in with a proximal radial shaft fracture. The doctor decided on a closed reduction, where one person holds the arm above the elbow for counter-traction and the other pulls on the wrist to realign the bone. I held the arm while the doctor applied traction, and we managed to reduce the fracture and put on a cast.

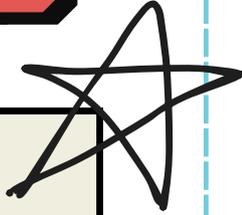
A few hours later, the patient complained of a severe pain. We reassured him and did an X-ray “just to calm him down,” and then we forgot about it - until he reminded us. When we finally saw the X-ray results, we realized I had accidentally displaced his elbow while holding traction. The whole team burst out laughing, saying this would be my trademark trauma story forever. What was the best part, you may ask? On morning rounds, the patient looked at my consultant and said, “Doctor, please don’t let her near me - she broke my elbow!”





MEDICAL MARVELS

By Jana Al Shouha



BORN PROTECTED

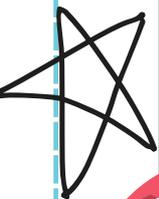
We all have built-in defensive mechanisms, but is it possible for one of us to be fully immune to viruses?

Researchers first uncovered this ability almost by accident. While studying children with unusual immune conditions, they noticed something extraordinary: despite other health challenges, these children almost never got sick from common—or even pandemic—viruses. It was as if their bodies had a secret weapon the rest of us lacked.

That weapon, discovered in fewer than 100 people worldwide, turned out to be the absence of a single protein: ISG15. In most people, ISG15 acts like a brake on the immune system, calming the antiviral state after the threat has passed. But without it, the body's antiviral defenses stay fully armed at all times, ready to neutralize invaders on attack.

Following this marvelous discovery, scientists are now developing treatments that can temporarily “turn off” the ISG15 brake in anyone. Using revolutionary mRNA technology, they aim to create short-term broad-spectrum antiviral protection, potentially stopping the next pandemic before it even starts.

Sometimes the most powerful medical breakthroughs begin not with inventing something new; they're *hidden in our bodies*, waiting to be found.



REFERENCES





Prescription: Perspective

BREAST CANCER



By: Jana Eissa

Breast cancer is more than a diagnosis; it is a story of resilience, fear, and hope.

Rx1: POEM

I Am Not A Victim of Breast Cancer by Laura Barnes — Written by a survivor who refuses pity, this poem reclaims strength with every line. It's a declaration of identity beyond illness.

DOSE: ONE-TIME PRESCRIPTION



Explore the
Exhibition



Counting Fingers by Hana El-Sagini — After surgery left her unable to move her arm, Hana began counting fingers as a ritual of hope. Her ceramic sculptures embody the quiet struggle to feel whole again.

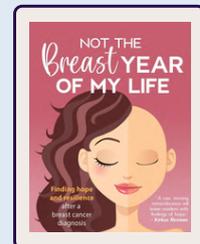
DOSE: ONE-TIME PRESCRIPTION

Rx2: ART PIECE

Rx3: MEMOIR

Not the Breast Year of My Life by Cara Sapida — Diagnosed with breast cancer just days after becoming a single mother, Cara chronicles her fight with raw honesty and dark humor. Her memoir is a survival guide for anyone learning to rebuild while breaking down.

DOSE: 10 PAGES DAILY



Rx4: SERIES



Halawet El Donia (The Sweetness of the World) — This Egyptian series follows Amina's emotional journey after a cancer diagnosis. Featuring real-life survivor Yasmine Ghaith, it breaks taboos and brings raw authenticity to the screen.

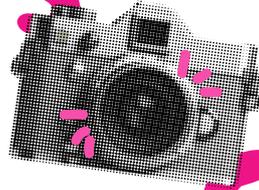
DOSE: 1 EPISODE WEEKLY

DISCHARGE NOTE:

Healing isn't linear — but through art, we glimpse the courage it takes to keep showing up, one dose at a time.



STUDENTS' CORNER



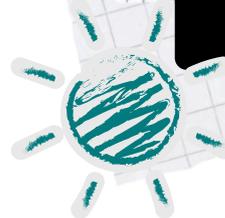
Malak Khaled Year 1

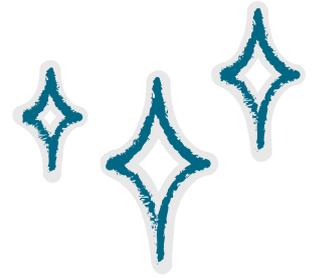
Over the clouds from DXB to BHX ☁️



Amna Alhumairi Year 3

This summer I visited a beautiful country called Cambodia. It has a rich history with beautiful skies.





[CLICK HERE](#)



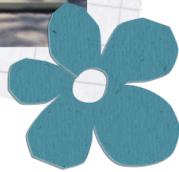
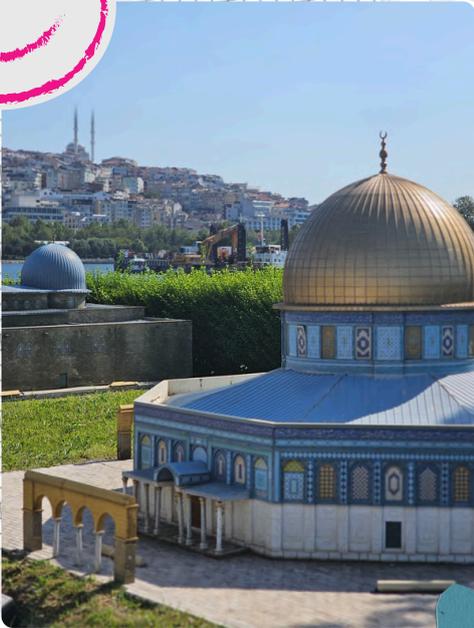
Syeda Sidra Naaz Year 2

*Falling, not to break but to flow,
to dance, to be free beauty that
never needed human hands,
just the touch of the Creator.*

Reem Ali Year 4

Moments in Istanbul ✨





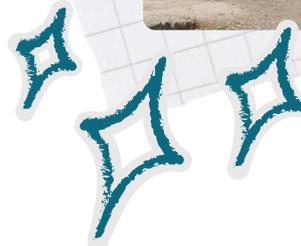
Bana Ibrahim Foundation Year

Vacation in Turkey



Kareem Mustafa Year 4

*Roman cats used to walk here,
now Amman cats do.*





PRECLINICALS ASK



CLINICALS ANSWER



By Yasser Abbas



@year_1_student

Does it get better (🤖)?

❤️ 📄 #preclinicals #advice

@salmahanny04



HAHAHAHHA, if you're asking if it gets easier then no, unfortunately. But keep in mind with time you change as a person and your entire brain gets wired differently. The bar becomes a lot lower, so if you're asking if you get happier then yes. 🙄🥲

❤️ 📄 #clinicals #y4

@Ssondoss_khalifa



It does and it doesn't, but YOU get better, you get far more resilient than you expect. You get wittier, stronger, faster. Think of it like a character upgrade.

❤️ 📄 #clinicals #y4

@Kareem.mustafa04



Yes, it does get better, but not in the aspect of the material. You get used to the system: PBLs become easier and done in little time, you connect well with an OSPE lab partner and cover everything together quickly, you get used to each doctor's style etc. With every semester, you start to know what to do with little need for guidance. It does get better. :)

❤️ 📄 #clinicals #y4





@year_1_student

How did med school change you? Do you look at us Year 1s and see yourself in us?

❤️ 📄 #preclinicals #advice

@salmahanny04



I genuinely feel like medicine changed everything about me. Made me a lot more patient and disciplined. But other than studies, I started to value the time I spent with my family and friends so much more.

❤️ 📄 #clinicals #y4

@Sushi_113



I almost don't recognize myself looking back at my pictures from year 1. I feel like I've aged 10 years (lol sad but true) & I've grown so much both personally & professionally. Medicine has taught me so much about myself. Y1s are like the egg that just hatched -- still newly experiencing a completely foreign environment. Before you know it, you're nearing graduation, flipping through memories like a scrapbook, relieved yet a little melancholic, knowing these moments will never be as fresh again.

❤️ 📄 #clinicals #y4



@year_1_student

Did you love your preclinicals? And I don't mean enjoy or tolerate, I mean LOVE.

❤️ 📄 #preclinicals #advice

@Sushi_113



No. 😊 While you do have more responsibilities during your clinical years, you also have a higher degree of freedom and decision-making for yourself & you start feeling like you're becoming a 'real' doctor! Clinicals are definitely more enjoyable & less monotonous as compared to preclinicals because you come across a new adventure every day!

❤️ 📄 #clinicals #y4

@Ssondoss_khalifa



I don't think anyone can wholeheartedly love preclinicals if I am being honest. There are points in time where you will be on your 18th hour of studying, grumbling about why you're doing this in the first place; and there are times where you help someone and take care of them, and it makes it all worth it. So, I would say look for those moments, they make it worth it. And P.S. that extra hour of sleep goes a long way when you need it. ✨

❤️ 📄 #clinicals #y4





@salmahanny04



I loved how close I was to my friends. I love how we saw each other everyday. I love how we would go get food every day. I love how we never had to make plans to hangout, and I had so much support. All I have are those memories. With time you don't even remember how hard you worked and studied. You just remember all the events and the fun times.

❤️ 📌 #clinicals #y4



@year_1_student

If you were to go back and give your year 1 self any advice, what would it be?

❤️ 📌 #preclinicals #advice



@Tibaaldelaimi



Love your future self enough to do what you need to; forgive your younger self for doing the best it did. Do the best you can, until you know better, then when you know better, do better. GET A NON-MEDICAL HOBBY!!!

❤️ 📌 #clinicals #y4



@Sushi_113



Enjoy it. Live in the present. Don't keep saying 'I can't wait to be in Y4/Y5' or 'I can't wait to graduate,' because one day you'll look back and miss moments you can never relive, or realize that you didn't get to FULLY experience & enjoy preclinical to the maximum. That in itself is a huge regret. Preclinical are a defining phase, so don't let hardships or mistakes overshadow the experience. Embrace it fully, enjoy it to the max (and pray for us too!)

❤️ 📌 #clinicals #y4



@Mohfah_22



Join those extracurriculars you wanted to do but didn't because you were too afraid of looking "cringe", and don't fall into the trap of feeling guilty for not studying, so you end up not doing anything all together. If you don't study at least do something enjoyable or productive instead of rotting all day.

❤️ 📌 #clinicals #y4



@salmahanny04



This sounds weird but I really wouldn't change anything. Maybe I went in a little naive from school and didn't realize how competitive people could be, and how far they are willing to go to put you down for them to look better. But I like how things played out, even the worst times you can laugh about after. Builds character. 🤔

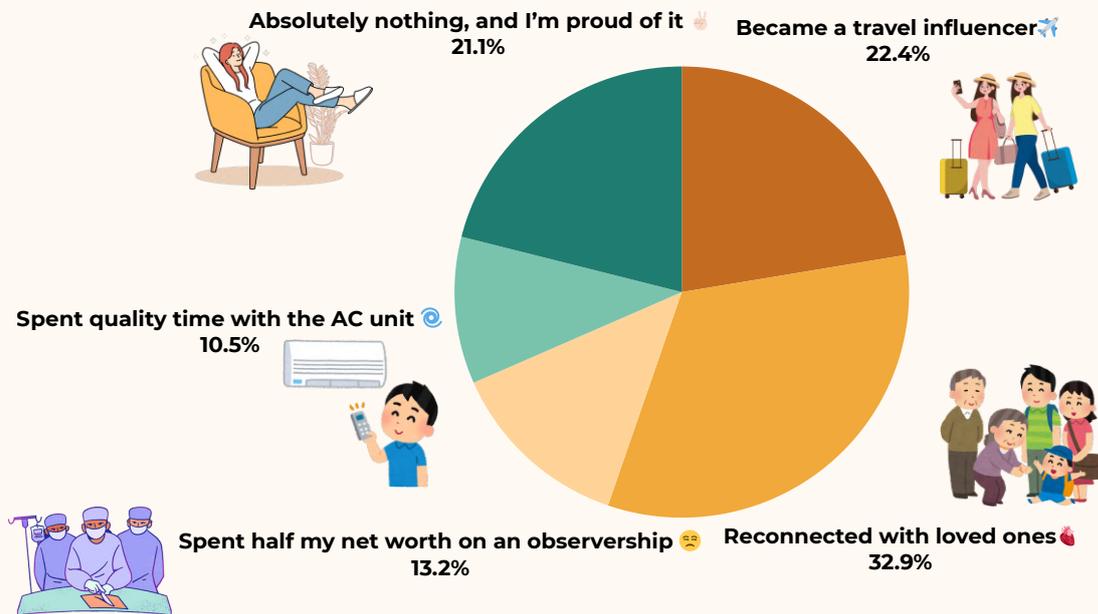
❤️ 📌 #clinicals #y4



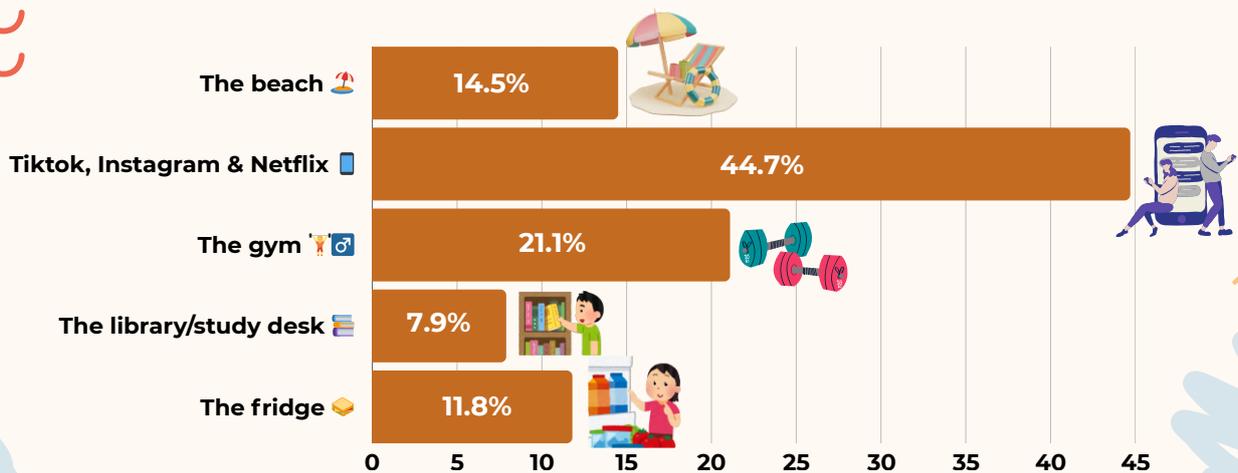


STUDENT SELECTED

What did you do this summer?

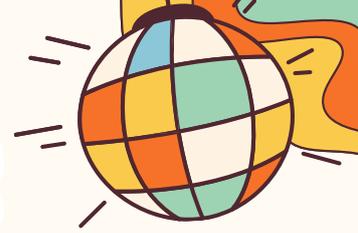


What place(s) did you visit the most this summer?





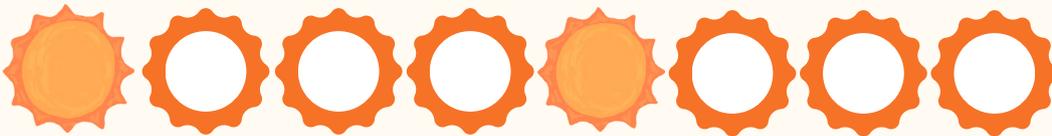
JUMBLE!



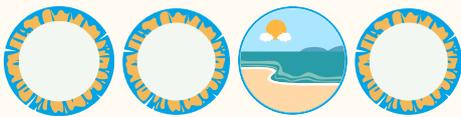
HOW TO PLAY?

UN-JUMBLE THE LETTERS BELOW TO FORM A WORD. FINALLY, RE-ARRANGE THE HIGHLIGHTED LETTERS FROM EACH OF THESE ANSWERS AND USE THE HINT TO SOLVE THE FINAL BONUS JUMBLE!

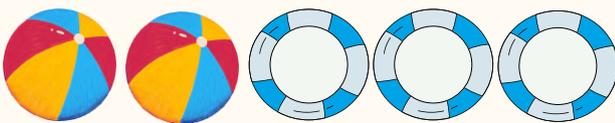
C A B E R I T A



T A E B



T S E C H



FINAL ANSWER:

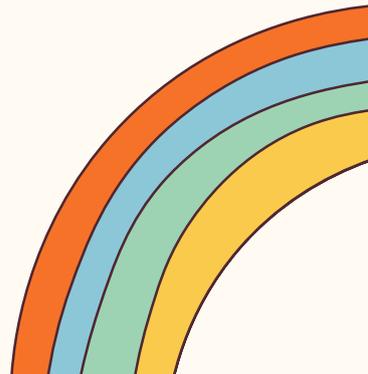


HINT

I'm Ken, and my job is



Submit Answer





Student Letterbox

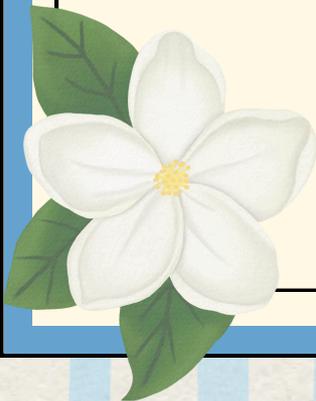
WHERE JASMINE STILL BLOOMS

This summer carried a weight I can hardly put into words. After 14 years, I finally returned to Syria, my homeland, the place where my story began. When I entered our home, the first thing I saw was the jasmine tree in the courtyard. It stood tall, its fragrance filling the air as if it had been waiting for us all these years. That jasmine wasn't just a tree; it was a witness, a quiet keeper of our memories, holding onto pieces of the life we left behind.

As I walked through familiar streets, memories surfaced with every corner and sound. For the first time in so long, I felt a deep sense of relief, not just from the distance that had kept us apart, but from the years of longing that had weighed on my heart. Standing there, I could finally breathe with ease, as if a part of me had been set free.

This journey was not just about travel. It was about rediscovering home, about seeing that despite everything, beauty and hope still grow, like jasmine blooming stubbornly through the cracks.

Syria reminded me that no matter how far we go, home lives within us. And sometimes, after years of longing, we are blessed enough to return to it.

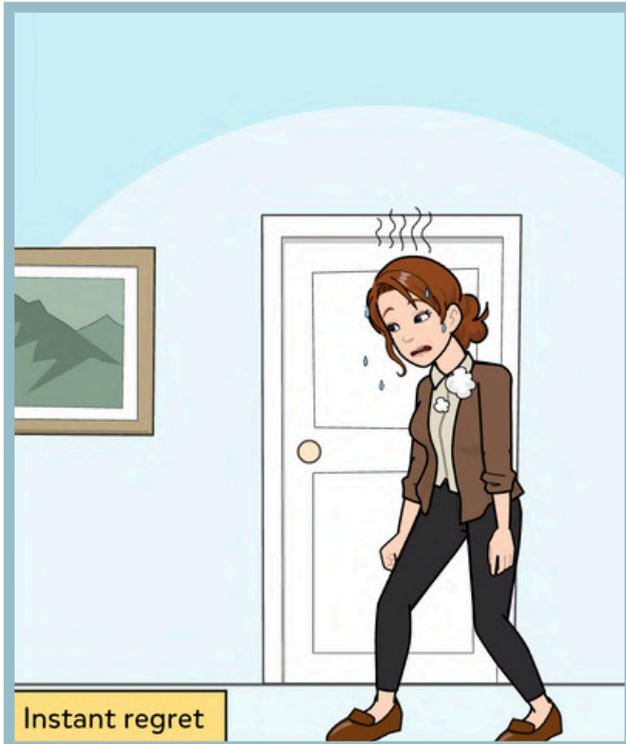


DANA HAJ MOHAMMED
YEAR 2



TOO HOT TO FUNCTION

By: Dana Haj Mohammed





SUMMER ELECTIVES

**CLICK ON THE FLAG TO
EXPERIENCE THE
ELECTIVES THROUGH THE
EYES OF CLINICAL YEAR
STUDENTS!**