



UNIVERSITY
OF
JOHANNESBURG

FACULTY OF
HEALTH SCIENCES

Hybrid Short-Learning Programme PAEDIATRIC CHIROPRACTIC CARE



Scan To Book Your Seat!
AHPCSA 30 CPD Points Applicable

This programme provides a standardized, patient-centred, evidence influenced approach to the evaluation and chiropractic management of paediatric patients. Additionally, the programme prepares the chiropractors to perceive situations in which referral would be necessary and how to co-manage paediatric patients alongside the relevant health care providers when the need arises.

Course Content:

- Neurological assessment
- Orthopaedic assessment
- Understanding and navigating red flags
- Chiropractic musculoskeletal assessment
- Chiropractic adjusting skills
- Understanding specific condition in the paediatric population and how to manage them

Course Cost: R14 000

- Evidence based treatment of paediatric patients
- Safety of treatment in the literature
- Special anatomical nuances of the paediatric patient
- Specific history taking skills regarding paediatric patients
- Physical examination

What is Expected:

- Independent Learning Weekly
- Assignments & Assessments
- Face-to-Face Sessions Online
- Tutorials
- Contact Hands-on Sessions

Entry Requirements:

- Registered Chiropractor with the Allied Health Professions Council of South Africa (or equivalent country registration authority).
- Student registered in the MHSc Chiropractic programme (NQF9).
- Applicants must have access to a personal computer and reliable internet access.

Course Dates:

Registration Closes: 31 May 2026
Course Runs Online From: 06 July - 12 October 2026
Weekend 24 & 25 October 2026 (In-Person at Doornfontein Campus, University of Johannesburg)

Course Enquiries: Dr Caroline Hay

+27 11 559 6500 ✉ carolineh@uj.ac.za

Application Enquiries: Mduduzi Nzuza

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Health Training Centre (Ground floor)
Sherwell Street (between Saratoga and Beit Street)
Doornfontein, Johannesburg

🌐 <https://bit.ly/UJChiroWeb>
Online Booking Form: <https://bit.ly/PaedChiro2026>



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Paediatric Chiropractic Care Hybrid Short-Learning Programme

Guest Speaker: Mike Marinus

MSc Paeds, M.Tech Chiro, FRCC

Mike Marinus qualified with an M.Tech in Chiropractic from University of Johannesburg, South Africa in 2005 and went on to become a founder member of the South African Paediatric Chiropractic Association. He has been a past exco member of the Gauteng Association of Infant Mental health serving from 2016 to 2018. He completed his Master's degree in Paediatric Musculoskeletal Health in 2019 from Bournemouth University followed by a relocation to the UK in late 2020. He was inducted as a Fellow of the Royal College of Chiropractors in May 2021 and currently holds the position of Chairman of the Royal College of Chiropractors Pregnancy and Paediatrics Faculty.

Mike developed part of the first "Masters in Integrative Paediatrics Degree" offered in the United States and has been actively teaching on the program since 2022. In collaboration with experts in the field he has also been part of creating the "Pregnancy and Paediatric Competencies" for the Royal College of Chiropractors Pregnancy and Paediatrics Faculty and teaches on these in the United Kingdom. His ongoing lecture series in France now forms part of the French paediatric certification. He has spoken in Sydney, Australia for "The Kids Summit" fundraiser for Chiropractic Paediatric Research.

Mike hosts podcasts for parents and professionals alike including the "Easy Baby Podcast" and "2 Paed Chiro" podcast featuring Mike alongside Australian Chiropractor and researcher Dr Christian Fludder DC. Mike is also the founder of The Pediatric Network, an online teaching platform for all professionals working with children. He has published scientific works regarding Plagiocephaly, manual therapy for excessively crying infants as well as chiropractic interventions in developmental delay.

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- **Course Commences: 06 July 2026 (online)**
- **Date of Last Session: 12 October 2026 (online)**
- **Weekend 24-25 October 2026 (in-person)**

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Online Booking Form: bit.ly/PaedChiro2026
Course Cost: R14 000

PAEDIATRIC SHORT LEARNING PROGRAMME

- Course Cost: R14 000
- SLP Registration Opens: Sunday - 01 March 2026
- Course Commences: 06 July 2026 (online)
- Online Session: 06 July - 12 October 2026
- In-Person: 24-25 October 2026

Weekly Schedule 1-8

Week 1

Introduction - 06 July 2026

- Stats on Paediatric Chiropractic care
- Chiropractic and children
- How it differs: Outlook, techniques, approach and note taking
- What makes paediatric patients unique (environment, physiology)
- Unique Paediatric Traumas to be aware of
- The concept of wellness (chemical, physical, emotional)
- Theory of Effect of chiropractic in the paediatric population

Week 2

Efficacy and Safety - 13 July 2026

- What does Evidence - informed practice involve
- Sacketts triangle of evidence
- Risk/benefits assessment
- Become acquainted with the evidence regarding manual therapy of paediatric conditions
- How to integrate evidence into practice

Week 3

Growth and Development: Prenatal, Birth & Birth Injuries - 20 July 2026

- The prenatal environment (maternal stress, constraint, environmental exposures)
- The birth process (cranial molding)
- Alterations to fit the outside world
- Measuring (weight, height, head circumference)

Week 4

Growth and Development - 27 July 2026

- Prenatal, Birth & Birth Injuries Continued

Week 5

Nutrition - 03 August 2026

- Nutrition
- Breastfeeding / formula feeding
- Mechanics of feeding
- Ankyloglossia
- Weaning (how and what)
- Adolescent nutrition

Week 6

Pain - 10 August 2026

- Preterm
- Pain assessment
- Pain management

Week 7

Sleep - 17 August 2026

- Sleep (normal architecture)
- Co-Sleeping
- Sleep Issues
- SIDS

Week 8

History and Examination - 24 August 2026

- History taking (pre-, peri-, post- natal); APGAR; NICU; Family history; injury; Medications
- Basic physical examination (age specific; medical; review of systems; examination; vitals at age ranges)
- Growth charts
- Injury assessment
- Red flags (infection, metabolic)

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Weekly Schedule 9-16

Week 9

Neurological Assessment 31 August 2026

- Introduction to neurological testing
- Mental state
- Tone; Strength; Movement; ROM
- Sensory
- Cerebellar
- Primitive reflexes

Week 10

Neurological Assessment Continued 7 September 2026

- Primitive reflexes continued
- Postural reflexes
- Cranial nerves (age appropriate)
- Deep tendon reflexes
- Milestones & delay
- Meningeal signs
- Headaches
- Gait
- Motor (age specific: infant, toddler, child)

Week 11

Orthopaedics: Common Conditions in Infants - 14 September 2026

- Fractures / Infections
- Face/Head/Neck
- Skull: Plagiocephaly
- Spine - Vertebral Column
- Cervical Spine: Torticollis

Week 12

Orthopaedics: Common Conditions in Toddler & Child - 21 September 2026

- Torticollis continued
- Klippel-Feil Syndrome
- KISS 1 and 2
- Thoracic & Lumbar Spine
- Scoliosis
- Upper Limb (Clavicle/ Shoulder / Elbow/Wrist /Hand); Sprengels/ Nursemaids Elbow)

Week 13

Orthopaedics: 28 September 2026

- Chest & Abdomen (pectus, hernias/protrusions)
- Lower Limb (hip dysplasia, septic arthritis, osteomyelitis, transient synovitis of hip, acetabular impingement, perthes, SCFE, Genu valgum/varum, osgood schlatters, sinding larsen's johannsons, osteochondritis dessicans, severes, patella dislocation/ in and outtoeing)
- Sports Injuries
- Auto-Immune
- Juvenile Arthritis
- Tumors

Week 14

The Fussy Infant & Cerebral Palsy - 5 October 2026

- Fussy Babies
- Pathology
- Gastro-Intestinal
- Reflux
- Dyschezia
- Microbiome
- Musculoskeletal
- IFCIDS
- Vestibular
- Neurological/Migraine
- Tongue-ties
- Otitis Media
- Cerebral Palsy

Week 15

Adjusting Pediatric Patients - 12 October 2026

- Paediatric Adjusting
- Considerations
- Forces
- Direction of Correction / Direction of Freedom

Week 16

Technique - 24-25 October 2026

- Craniosacral motion
- Skull and spinal motion
- Introduction to dural and fascial adjusting
- Introduction to adjustive technique