



HARVARD COLLEGE
Advising Programs Office

Guide to Pre-Declaration Processes for Harvard College Concentrations

*Presented by the Advising Programs Office
last updated October 9, 2025*

This document is intended to capture Harvard College concentrations for which there are mandatory steps to complete ahead of submitting a concentration declaration petition in my.harvard. Departments for which there are not mandatory pre-declaration steps, are accompanied by an asterisk (*). The information below reflects our best efforts to capture and centralize information from the 50+ concentrations offered by the college at the time of the last publication (stated above). The Advising Programs Office recommends that all students consult their departments' websites and meet with a concentration advisor in their department of interest ahead of declaration to better understand the academic discipline and its requirements.

Table of Contents

African and African American Studies	3
Anthropology	3
Applied Math.....	4
Art, Film, and Visual Studies	4
Astronomy/Astrophysics.....	5
Biomedical Engineering.....	5
Chemical and Physical Biology	5
Chemistry	6
Chemistry & Physics.....	6
Classics*	6
Comparative Literature	6
Computer Science	7
Earth and Planetary Sciences	8
East Asian Studies.....	8
Economics	8
Electrical Engineering.....	9
English.....	9
Environmental Science & Engineering	10
Environmental Science and Public Policy	10
Folklore and Mythology.....	11
Germanic Languages and Literatures.....	11
Government.....	11
History.....	12
History and Literature*	12
History and Science.....	12
History of Art & Architecture	12
Human Developmental and Regenerative Biology.....	13
Human Biology, Behavior, and Evolution	13
Integrative Biology.....	13
Linguistics*	14
Mathematics*	14
Mechanical Engineering.....	14
Molecular and Cellular Biology	15



Music*	15
Near Eastern Languages & Civilizations*	15
Neuroscience	15
Philosophy	15
Physics	16
Psychology	16
Religion, Comparative Study of*	16
Romance Languages and Literatures*	16
Slavic Languages & Literatures	17
Social Studies	17
Sociology	17
South Asian Studies*	18
Special Concentrations	18
Statistics	19
Theater Dance and Media	19
Women, Gender, and Sexuality Studies	19

African and African American Studies

Website: <https://aaas.fas.harvard.edu/declaring-concentration-or-secondary-field-0>

1. Take a look at this document ([click here to make a copy of your own](#); need to log into your email @college.harvard.edu).
2. Follow the instructions for completing the concentration declaration and plan of study.
3. We strongly encourage you to email or schedule a meeting with Assistant Director of Undergraduate Studies, Dr. Carla D. Martin (cdmartin@fas.harvard.edu), Graduate and Undergraduate Studies Coordinator, Keirsten Melbourne (keirsten_melbourne@harvard.edu), or Harvard African Program Manager, Bojana Coulibaly (bojana_coulibaly@fas.harvard.edu) to discuss your interests in AAAS prior to declaring a concentration or secondary field.

Anthropology

Website: <https://anthropology.fas.harvard.edu/how-declare-anthropology>

To declare or to change your concentration to Anthropology follow these steps:

1. Read through [For Prospectives](#) and review our [Concentration Requirements](#) to familiarize yourself with the three programs of study: Archaeology, Social Anthropology, and our combined track that brings together both fields.
2. Schedule a meeting with either DUS Salmaan Keshavjee (salmaan_keshavjee@hms.harvard.edu) or Damina Khaira (dkhaira@fas.harvard.edu) to discuss your interests, review your tentative plan of study, and have your declaration approved. Please email them directly to schedule an appointment.

Applied Math

Website: <https://www.seas.harvard.edu/applied-mathematics/undergraduate-program/concentration-information/how-declare>

Advising: am-advising@seas.harvard.edu

Pre-Declaration Process:

Students can declare AM at any time of year - current sophomores can declare starting at the beginning of their sophomore Fall. The first step to declaring AM is constructing your plan of study. Meeting with a concentration advisor can be a helpful step in building a plan that meets the AM requirements, but it is not required.

After developing a plan of study, go to studyplan.seas.harvard.edu to enter, save, and then submit your plan of study for approval. Type in the 14 or 15 courses you'd like to take for AM. You only need to enter your concentration courses in your plan. Once your plan is approved on this site, you are ready to declare AM!

For a declaration to be approved on my.harvard, you must first have an approved plan on studyplan.seas.harvard.edu. Once your plan is approved on the SEAS site, you will need to declare via the my.harvard tool, where we will register our approval with the Registrar. The concentration is **not** notified by my.harvard when a Change of Concentration or Declaration of Concentration request is received, so if your request is not processed within a few days, please write am-advising@seas.harvard.edu.

If you run into difficulty with the process, contact us at am-advising@seas.harvard.edu.

Art, Film, and Visual Studies

Website: <https://afvs.fas.harvard.edu/how-to-concentrate>

Students who would like to concentrate in AFVS need to have taken at least one AFVS course in their proposed area of focus, or be in the process of taking one their sophomore year, at the time of concentration declaration

Students who would like to concentrate in AFVS are asked to have an advising conversation with a member of the department. Please e-mail Paula Soares, Manager of Academic Program at soares@fas.harvard.edu, or call 617-496-4469 or e-mail Professor Matt Saunders, Director of Undergraduate Studies at msaunders@fas.harvard.edu for more information.

[Click here for instructions on using the concentration declaration tool in my.harvard.](#)

As you think about concentrating in AFVS, sketch out a concentration requirement checklist worksheet (linked below) for the area of AFVS in which you would like to focus. This is non-binding, but it is a very helpful tool when considering a plan of study; have it ready for your advising conversation!

[Requirement Checklist: Film and Visual Studies](#)

[Requirement Checklist: Joint Film and Visual Studies](#)

[Requirement Checklist: Studio and Film/Video](#)

[Requirement Checklist: Joint Studio and Film/Video](#)

The declaration deadline for the fall 2025 term is Friday, October 10, so we ask that you have an **advising conversation by Thursday, October 9** for all three types of concentration: regular, joint, and double.

For more information about requirements for joint or double concentrators please consult the AFVS website: <https://afvs.fas.harvard.edu/how-to-concentrate>



Astronomy/Astrophysics

In order to declare a concentration in Astronomy, please create a google sheet with your course plan and share it with the [Director of Undergraduate Studies](#) and request a time to meet and discuss these plans. After your course plan is approved, you may declare your astrophysics concentration at my.harvard.edu .

Biomedical Engineering

Website: <https://www.seas.harvard.edu/bioengineering/undergraduate-program/concentration-information/how-declare>

Advising: Samir Mitragotri, mitragotri@seas.harvard.edu

Pre-Declaration Process: Declaring a concentration is an exciting time for undergraduates! Students intending to declare an engineering concentration with an emphasis in bioengineering should follow the steps below. Please plan to contact the ADUS early to avoid the rush!

- Review the concentration requirements in the [Harvard College Handbook for Students](#)
- Draft an 8-semester plan for all courses you plan to take to fulfill your degree requirements.
- Fill out a Plan of Study form for your proposed concentration:
 - [Plan of Study form for Biomedical Engineering \(A.B.\)](#)
 - [Plan of Study form for Engineering Sciences \(A.B.\) - Biomedical Sciences and Engineering Track](#)
 - [Plan of Study form for Engineering Sciences \(S.B.\) - Bioengineering Track](#)
- Submit a Declaration of Concentration request on my.harvard (instructions can be found in the [my.harvard FAQ](#))
- Meet with the Assistant Director or Director of Undergraduate Studies for Biomedical Engineering. During the meeting, you'll discuss your proposed plan of study, and once it is in order, the ADUS or DUS will sign your Plan of Study form.
 - Linsey Moyer (Assistant Director of Undergraduate Studies, Biomedical Engineering)
 - Prof. Samir Mitragotri (Director of Undergraduate Studies, Biomedical Engineering)
- After the form has been signed, the ADUS or DUS will use the my.harvard tool to officially accept your concentration declaration and upload a scanned copy of your plan to the "Reports and Documents" section

Chemical and Physical Biology

Website: <https://www.mcb.harvard.edu/undergraduate/chemical-and-physical-biology/>

Advising: Dr. Dominic Mao, Assistant Director of Undergraduate Studies (617-496-1206, dominicmao@fas.harvard.edu)

Address: 7 Divinity Avenue (95 Sherman Fairchild)

To declare CPB, please submit your concentration declaration on my.harvard. Once you have declared, a concentration advisor, either [Dominic Mao](#) or [Monique Brewster](#), will reach out to you to schedule your declaration meeting. You will also receive a [link to submit a tentative plan of study](#). At the meeting the advisor will answer any questions you have about CPB and ensure that your plan of study satisfies all concentration requirements.



Chemistry

Website: <https://chemistry.harvard.edu/undergraduate-programs>

Advising:

Gregg Tucci, PhD tucci@fas.harvard.edu
Senior Lecturer on Chemistry and Chemical Biology
Director of Undergraduate Studies in Chemistry

Lu Wang, PhD wang29@fas.harvard.edu
Senior Preceptor on Chemistry and Chemical Biology
Assistant Director of Undergraduate Studies in Chemistry

Pre-Declaration Process:

1. Fill out this document ([click here to make a copy of your own](#); need to log into your email @college.harvard.edu).
2. Meet with Gregg and Lu to discuss your plan of study. Sign-up information is included in the document in Step 1.
3. If you decide to declare, submit a declaration of concentration request on my.harvard. Directions on how to do that can be found [here](#). Note that the declaration won't be approved until you complete step #1-2.

Chemistry & Physics

The deadline for choosing a concentration is in October of your sophomore year. In September, Anna Klales will send an email to the [Society of Physics Students \(SPS\) list](#) with details about how to schedule a 20-minute meeting with her to sign up for the concentration. The signup process consists of going over the plan of study, choosing an advisor, filling out some minor paperwork, and discussing other concentration issues. Try to think of three possible advisors before the meeting.

Upper-level students: If you want to change your concentration to Physics or Chem/Phys, just email Anna Klales to set up a meeting time (outside office hours, ideally, because those can get hectic).

Classics*

Website: <https://classics.fas.harvard.edu/>

*The Classics department does not require students to take additional steps ahead of declaring their concentration. To officially declare a concentration in Classics, simply [submit a declaration of concentration request](#) on my.harvard.

Comparative Literature

Website: <https://complit.fas.harvard.edu/declaring-comp-lit/>

Pre-Declaration Process: If you have any questions about our Concentration in general, or if you wish to inquire about the possibility of joining our concentration after the Fall Declaration deadline, please contact our Director of Undergraduate Studies, [Sandra Naddaff](#) (snaddaff@fas.harvard.edu).

You can sign up for your appointment with Dr. Naddaff [here](#).

Harvard students interested in concentrating in Comparative Literature need to submit the form below in the fall of their sophomore year: [DECLARING COMPARATIVE LITERATURE FORM](#)

You will be asked to submit the following items along with the form:

- Your unofficial transcript.
- An essay that you have written in College that speaks to your intellectual interests.

Please submit this form as early as possible but **no later than October 7, 2025 at 5pm**. Once we have received the form, we will be in touch with you to schedule an advising conversation with a member of our department. This is a chance for you to learn more about the department and our faculty, and for us to learn more about you and your interests. Remember that you must officially [declare your concentration on my.harvard](#) by the Registrar's office deadline: **Friday, October 10, 2025**.

Please contact our Comp Lit Undergraduate Program Coordinator, if you have any technical issues with your Declaration form: Isaura Mignotte, mignotte@fas.harvard.edu

Computer Science

Website: <https://csadvising.seas.harvard.edu/concentration/declare/>

Computer Science does not require an application, but we do require an approved plan of study.

- **Step 1: Look over our concentration requirements, consult some of the resources on this website and read our FAQ. In particular you may want to look at our Sample schedules and plans page to see some example plans of study.**

You may wish to meet with a Director of Undergraduate Studies (DUS) in CS, Professor Boaz Barak or Assistant Director of Undergraduate Studies Adam Hesterberg (contact via cs-dus@seas.harvard.edu). Students proposing to pursue the MBB track should instead meet with Prof. Krzysztof Gajos, cs-mbb@g.harvard.edu, after reading [Frequently Asked Questions about the Computer Science MBB track](#).

- **Step 2: Fill out and email a Plan of Study for the CS concentration.**
 - Step 2a: Download the Plan of Study excel spreadsheet from the [Forms page](#).
 - Step 2b: Indicate on the Plan of Study whether your program is basic, honors, joint, or MBB, and then follow the directions.
This will take only a few minutes and will be instructive even if you aren't sure what courses you should take or even if you really want to concentrate in the field. If you fill out the Plan of Study with the [concentration requirements](#) and [Tags](#) or [handbook entry](#) open, you can easily see which courses count in which category. You would also want to consult our [course information page](#) which describes which courses count for what requirements, as well as the terms in which they are planned to be offered.
 - Step 2c: Email the completed form as an Excel file (preferred) or PDF (no Numbers files) to cs-dus@seas.harvard.edu for approval (or, for MBB track, to cs-mbb@g.harvard.edu).
Note that this form is for our internal departmental bookkeeping: filling it out does not officially make you a concentrator, so make sure you complete the following step.
- **Step 3: Use [my.harvard.edu](#) to formally declare (or change to) Computer Science as a concentration.** After a DUS has approved your CS Plan of Study, go to [my.harvard.edu](#) to formally declare (or change to) Computer Science as a concentration ([instructions available here](#)). Please note that students pursuing an honors or MBB plan will have to choose those subplans. If a CS Plan of Study has been approved per the steps outlined above, a DUS will use [my.harvard.edu](#) to approve your declaration and will upload your CS Plan of Study file to your "Reports and Documents" section in [my.harvard.edu](#).

Feel free to meet with a DUS at any time. Once your declaration has been approved, a DUS will assign you an advisor from among the CS faculty before the start of the next term. (The DUSes will try to honor [preferences](#) you may express, so it's fine to look at [the list of CS faculty](#) before you join the concentration.) See [this page for more information about advising](#).



It is your responsibility to make sure you follow the plan of study. If your plan changes, you can update and send us a new plan of study form at any time.

Earth and Planetary Sciences

Website: <https://eps.harvard.edu/education/undergraduate-program/curriculum/>

Advising: Campbell Halligan, Academic Programs Manager, campbellhalligan@fas.harvard.edu, 617-384-9760

Process: Email Campbell to set up a meeting so you can discuss your concentration goals and any relevant details (research, field work, etc....). At this meeting, she will walk you through a tracking report based on your intended concentration (primary, joint, double, or secondary) and answer any questions you may have.

Declaration: If you would like to declare EPS as your concentration, you are all set to declare in my.harvard.edu at any time after the meeting.

East Asian Studies

Website: <https://eas.fas.harvard.edu/ways-concentrate>

Pre-Declaration Process:

When you're ready to join the concentration, you'll need to take the following steps:

1. **Review the requirements for your desired track**, and familiarize yourself with [The Logic of Your Plan of Study](#)
2. **Meet with the Undergraduate Program Coordinator**. Email [Naia Poyer](#) to schedule your appointment.
3. **Submit a Plan of Study**. You can resubmit this form later if your plan changes.
4. Once you've spoken with the Coordinator and submitted your Plan of Study, you can officially **declare your concentration (or secondary field) on my.harvard**.

Economics

Website: <https://www.economics.harvard.edu/declaring-economics>

Advising Schedule and Contact Information: <https://economics.harvard.edu/advising>

Pre-Declaration Process:

1. **Submit a declaration** or change of concentration request on [my.harvard](https://my.harvard.edu). Directions [here](#).
(If you're declaring a double concentration, you can now directly declare this in [my.harvard](https://my.harvard.edu))
2. **Fill out an [Ec Declaration Form](#)**. To make sure you're including all the courses you need, see our [Concentration Requirements](#) or use our requirements [worksheet](#).
(Double concentrators: you need to do this form too!)
3. **Meet with an Ec Advisor** to review your form and approve your declaration. This must be done live, but don't worry, we have [daily drop-in office hours](#)!
(Double concentrators: Bring the forms from Steps 1 and 2 to this meeting!)



Electrical Engineering

Website: <https://www.seas.harvard.edu/electrical-engineering/undergraduate-programs/concentration-information/how-declare>

Advising:

Chris Lombardo, Associate Director of Undergraduate Studies
lombardo@seas.harvard.edu

Prof. Yue Lu, Director of Undergraduate Studies
yuelu@seas.harvard.edu

Pre-Declaration Process: Declaring a concentration is an exciting time for undergraduates! Students intending to declare an engineering concentration with an emphasis in electrical engineering should follow the steps below. Please plan to contact the ADUS early to avoid the rush!

- Review the concentration requirements in the [Harvard College Handbook for Students](#)
- Draft an 8-semester plan for all courses you plan to take to fulfill your degree requirements.
- Fill out a Plan of Study form for your proposed concentration:
 - [Plan of Study form for the Electrical Engineering S.B.](#)
 - [Plan of Study form for the Engineering Sciences A.B. - Electrical and Computer Engineering Track](#)
- Submit your Declaration of Concentration request on my.harvard (instructions can be found in the [my.harvard FAQ](#))
- Meet with the Associate Director or Director of Undergraduate Studies for Electrical Engineering. During the meeting, you'll discuss your proposed plan of study, and once it is in order, the ADUS or DUS will sign the Plan of Study form.
 - Dr. Christopher Lombardo (Associate Director of Undergraduate Studies, Electrical Engineering and Mechanical Engineering)
 - Demba Ba (Director of Undergraduate Studies, Electrical Engineering)
- After the form has been signed, the ADUS or DUS will use the my.harvard tool to officially accept your concentration declaration and upload a scanned copy of your plan to the "Reports and Documents" section.
- Celebrate!

English

Website: <https://english.fas.harvard.edu/declare-english>

Advising:

Daniel Donoghue, Director of Undergraduate Studies
englishdus@fas.harvard.edu

Tara Menon, Associate Director of Undergraduate Studies
english-adus@fas.harvard.edu

Lauren Bimmler, Undergraduate Program Administrator
lbimmler@fas.harvard.edu

Pre-Declaration Process:

1. Review the [Guide for Concentrators](#)
2. Complete the English Concentration [Plan of Study](#)
 - a. Submit your [concentration declaration request](#) in my.harvard
3. Meet with an Undergraduate Program Advisor



4. Upload Approved English Concentration Plan of Study Form

Environmental Science & Engineering

Website: <https://www.seas.harvard.edu/environmental-science-engineering/undergraduate-program/concentration-information/how-declare>

Pre-Declaration Process: Declaring a concentration is an exciting time for undergraduates! Students intending to declare the Environmental Science and Engineering A.B. or the ESE Track of the Engineering Sciences S.B. concentration should follow the steps below. Please plan to contact the ADUS early to avoid the rush!

- Review the concentration requirements in the [Harvard College Handbook for Students](#)
- Draft an 8-semester plan for all the courses you plan to take to fulfill your degree requirements
- Fill out a Plan of Study form for your proposed concentration:
 - [Plan of Study form for the Environmental Science and Engineering A.B.](#)
 - [Plan of Study form for the Engineering Sciences S.B. - Environmental Science and Engineering Track](#)
- Submit your Declaration of Concentration request on my.harvard (instructions can be found in the [my.harvard FAQ](#))
 - For S.B. students, from the concentration drop-down list, please select "Engineering Sciences (SB)" and then select the "Environmental Science & Engineering" Track
- Meet with the Associate Director or Director of Undergraduate Studies for Environmental Science and Engineering. During the meeting, you'll discuss your proposed plan of study, and once it is in order, the ADUS or DUS will sign the Plan of Study form.
 - ✉ Bryan Yoon, Assistant Director of Undergraduate Studies, Environmental Science and Engineering
 - Email: byoon@seas.harvard.edu
 - ✉ Prof. Scot Martin, Director of Undergraduate Studies, Environmental Science and Engineering
 - Email: smartin@seas.harvard.edu

After the form has been signed, the ADUS or DUS will use the my.harvard tool to officially accept your concentration declaration and upload a scanned copy of your plan to the "Reports and Documents" section

Environmental Science and Public Policy

Website: <https://espp.fas.harvard.edu/declaring-espp>

Advising:

Professor N. Michele Holbrook, Head Tutor
holbrook@oeb.harvard.edu

Lorraine Maffeo, ESPP Administrator
maffeo@fas.harvard.edu

Please review [concentration requirements](#) and contact Lorraine to arrange an advising appointment.

Pre-Declaration Process:

1. Review the Course Requirements
2. Declare your concentration on my.harvard. Sophomores who are ready to declare ESPP as their concentration can do so in [my.harvard](#). Instructions on how to do this in my.harvard can be found [here](#).
3. Complete a [Plan of Study form](#) and submit a brief statement about your interests in ESPP. Please submit your plan of study form to espp@fas.harvard.edu. The statement can be as brief as a few sentences or a couple of paragraphs and will help us assign a faculty advisor who has expertise that matches your interests.

4. [Book an appointment](#) to meet individually with Lorraine Maffeo, Program Administrator.
5. We will host a welcome session for all new sophomore concentrators on **Friday, October 11 from 12-1:00pm**. At this meeting we will review course requirements, the plan of study form, discuss fields of specialization, advising, and more. New sophomore concentrators should sign up for the luncheon [here](#).
6. Students interested in changing their concentration to ESPP should meet with Lorraine Maffeo, Undergraduate Program Administrator, to discuss their study plan.

Secondary in ESPP

ESPP Secondary Application: <http://espp.fas.harvard.edu/pages/forms>. Note that the forms may be revised. Students must declare their engagement in the secondary field no later than study card day of their sixth term. They will then be assigned an adviser, following their submission of an anticipated course of study.

Secondary in Energy and Environment

E&E Secondary Application: <http://espp.fas.harvard.edu/pages/forms>. May be revised. Students must declare their engagement in this secondary field no later than study card day of their sixth term.

Folklore and Mythology

If you are interested in talking to us about concentrating (including joint concentrations and double concentrations), or doing a secondary field in F&M, you may schedule an appointment with Sarah Craycraft by emailing her at scraycraft@fas.harvard.edu.

Germanic Languages and Literatures

Current sophomores usually declare starting at the beginning of their sophomore year. Discussing your plan of study with any potential department is an important step as a student at Harvard. Feel free to contact us at anytime to start. Our faculty provide additional office hours to assist you in the weeks leading up to declaration, but we ask that you make an appointment. We look forward to hearing from you!

If you have any questions and would like to book an advising appointment with Dr. Pirozhenko, please email her directly (ekaterinapirozhenko@fas.harvard.edu).

After consulting with an advisor from the department and developing the plan of study required by the Office of the Registrar, simply declare German via the [my.harvard](#) tool, where we will register our approval of your plan with the Registrar. Please feel free to contact us with any changes or questions post declaration.

Government

Website: <https://www.gov.harvard.edu/undergraduate/academics/how-to-declare-government/>

Pre-Declaration Process:

1. *Submit a declaration of concentration request on my.harvard.* Directions on how to do that can be found [here](#). Note that the declaration won't be approved until you complete the next step.
2. Fill out an advising survey: Fill out the Government Department's [advising survey](#), which will be used to match you with a concentration advisor (CA) who will serve as your primary academic advisor for the rest of the academic year.

The Government Department's Undergraduate Office will be automatically notified once you complete the [survey](#). We will then approve your concentration declaration in my.harvard. Within a few weeks, you will receive your CA assignment.

History

Website: <https://history.fas.harvard.edu/how-declare-history-or-switch-history>

Pre-Declaration Process:

1. Browse the History Undergraduate website for information about our courses and requirements.
2. Submit your declaration or change of concentration form on [my.harvard](#). Directions on how to do that can be found [here](#).
3. Sign up for office hours with the [DUS](#) or [ADUS](#). This is an opportunity for you to review your plan of study in person, ask about History 97, talk about the concentration requirements, etc. After your meeting, the DUS or ADUS will sign off on your declaration.
4. Welcome to the Department!

History and Literature*

Website: <https://histlit.fas.harvard.edu/>

*The History & Literature department does not require students to take additional steps ahead of declaring their concentration. To officially declare a concentration in History & Literature, simply [submit a declaration of concentration request](#) on my.harvard.

History and Science

1. **Go to [my.harvard.edu](#)** and follow the instructions to [Declare or Change Concentration](#). Be sure to choose a track, and focus, within History and Science. If you change your mind about your track or focus later on, it's a simple process to update it. The deadline for sophomores to submit the declaration of concentration in Fall, 2024 is Friday, October 11.
2. **Complete a [Courses in Concentration form](#).** A separate form is available for each track and focus. We ask sophomores to submit the form at the beginning of their spring semester, but in the meantime, it can be used as a guide to plan the courses you will take for concentration credit. We ask all concentrators to complete a new form, or update their most recent one, at least once each year. The form is not binding, and can be revised until the second semester of the senior year.
3. **[Sign up for our office hours](#).** If you have any questions about concentration requirements, tutorial courses, or any aspect of the undergraduate program, please feel free to contact [Allie Belser](#), Manager of Student Programs, or [Prof. Rebecca Lemov](#), Director of Undergraduate Studies. We do not require that you meet with us before the concentration declaration deadline, but if you'd like to schedule an appointment, we'd be very happy to meet with you!
4. **Welcome to History and Science**, one of the most flexible, personal and engaged concentrations in the College!

History of Art & Architecture

Website: <https://haa.fas.harvard.edu/handbook>



Advising: Undergraduates are advised by the Undergraduate Program Coordinator, Marcus Mayo (marcus_mayo@fas.harvard.edu), and the Director of Undergraduate Studies, Professor Jennifer L. Roberts (roberts6@fas.harvard.edu). Architecture-track students are also advised by the Director of the Architecture Studies Program, Megan Panzano (mpanzano@gsd.harvard.edu).

Address: 485 Broadway, Third Floor

Pre-Declaration Process: Ahead of the concentration declaration deadline, students are asked to do the following:

1. Read the [Undergraduate Program Handbook](#) and browse our current list of [Course Offerings](#).
2. Meet with either the Undergraduate Program Coordinator ([schedule here](#)) or Director of Undergraduate Studies ([schedule here](#)) in order to discuss the concentration and your plan of study.

Human Developmental and Regenerative Biology

Website: <https://hscrb.harvard.edu/undergraduate-students/>

Advising: Dr. Amie Holmes, Assistant Director of Undergraduate Studies, amie_holmes@harvard.edu

Pre-Declaration Process: All students interested in studying HDRB are required to meet with Dr. Amie Holmes before the concentration declaration deadline. Feel free to book a slot on her calendar (see link below) to schedule a meeting via Zoom. Also, please complete the [HDRB plan-of-study form](#) prior to meeting with Amie.

Calendar: <https://hscrbeducationteam.as.me/AmieHolmes>

Zoom Address: <https://harvard.zoom.us/my/amieholmes>

Human Biology, Behavior, and Evolution

Website: <https://heb.fas.harvard.edu/undergraduate-program>

Advising:

Dr. Andrew Yegian, Associate Director of Undergraduate Studies, ayegian@fas.harvard.edu
To book with Dr. Yegian, [please use this link to his calendar](#).

Pre-Declaration Process:

1. Review our [concentration requirements](#) and currently offered courses to familiarize yourself with the HBBE (formerly HBE) curriculum. You may find it useful to fill out an [8 semester academic plan](#) using the [HBBE Course Planner worksheet](#) (use this version for the [Mind/Brain/Behavior Track](#)) as you learn about the program.
2. Submit an [HBBE Declaration Interest Form](#) to let us know that you are interested in joining HBBE and check for upcoming [HBBE events on the Harvard College Calendar](#).
3. Meet with our concentration advisor Dr. Andrew Yegian to talk about the program and your academic plan
4. Submit a Declaration of Concentration request on my.harvard (instructions [here](#)).
5. Celebrate! – you're now part of the HEB community!

Integrative Biology

Website: <https://lifesciences.fas.harvard.edu/ib>

Advising: Dr. Andrew Berry (617-495-0684; berry@oeb.harvard.edu)



Address: Biolabs 1082 (on campus). All meetings while remote will be on Zoom:
<https://harvard.zoom.us/j/5150887636>

Calendar/Booking a Meeting: Under “Office Hours” tab [here](#). Find an available 30 min slot that works for you (weekdays 9am-6pm), and [email Andrew Berry](#) to request that slot.

Pre-Declaration Process: All students interested in declaring Integrative Biology should meet with Andrew Berry before the concentration declaration deadline.

Linguistics*

Website: <https://linguistics.fas.harvard.edu/>

*The Linguistics department does not require students to take additional steps ahead of declaring their concentration. To officially declare a concentration in Linguistics, simply [submit a declaration of concentration request](#) on my.harvard.

Mathematics*

Website: <https://www.math.harvard.edu/undergraduate/>

*The Math department does not require students to take additional steps ahead of declaring their concentration. To officially declare a concentration in Math, simply [submit a declaration of concentration request](#) on my.harvard.

Mechanical Engineering

Website: <https://www.seas.harvard.edu/materials-science-mechanical-engineering/undergraduate-programs/concentration-information/how>

Advising: Chris Lombardo, Associate Director of Undergraduate Studies, lombardo@seas.harvard.edu

Pre-Declaration Process: Declaring a concentration is an exciting time for undergraduates! Students intending to declare an engineering concentration with an emphasis in electrical engineering should follow the steps below. Please plan to contact the ADUS early to avoid the rush!

- Review the concentration requirements in the [Harvard College Handbook for Students](#)
- Draft an 8-semester plan for all the courses you plan to take to fulfill your degree requirements
- Fill out a Plan of Study form for your proposed concentration:
 - [Plan of Study form for the Mechanical Engineering S.B.](#)
 - [Plan of Study form for the Engineering Sciences A.B. - Mechanical and Materials Science and Engineering Track](#)
- Submit your Declaration of Concentration request on my.harvard (instructions can be found in the [my.harvard FAQ](#))
- Meet with the Associate Director or Director of Undergraduate Studies for Mechanical Engineering. During the meeting, you'll discuss your proposed plan of study, and once it is in order, the ADUS or DUS will sign your Plan of Study form.
 - Seymour Hasanov (Assistant Director of Undergraduate Studies, Mechanical Engineering)
 - [Prof. Frans Spaepen](#) (Director of Undergraduate Studies, Mechanical Engineering)
spaepen@seas.harvard.edu
- After the form has been signed, the ADUS or DUS will use the my.harvard tool to officially accept your concentration declaration and upload a scanned copy of your plan to the "Reports and Documents" section
- Celebrate!



Molecular and Cellular Biology

To declare MCB, please submit your concentration declaration on my.harvard. Once you have declared, a concentration advisor, either [Dominic Mao](#) or [Monique Brewster](#), will reach out to you to schedule your declaration meeting. You will also receive a [link to submit a tentative plan of study](#). At the meeting the advisor will answer any questions you have about MCB and ensure that your plan of study satisfies all concentration requirements.

Music*

Website: <https://music.fas.harvard.edu/>

*The Music department does not require students to take additional steps ahead of declaring their concentration. To officially declare a concentration in Music, simply [submit a declaration of concentration request](#) on my.harvard.

Near Eastern Languages & Civilizations*

Website: <https://nelc.fas.harvard.edu/>

*The Near Eastern Languages & Civilizations department does not require students to take additional steps ahead of declaring their concentration. To officially declare a concentration in Near Eastern Languages & Civilization, simply [submit a declaration of concentration request](#) on my.harvard.

Neuroscience

Website: <https://www.mcb.harvard.edu/undergraduate/neuroscience/>

Pre-declaration process:

All students interested in studying Neuroscience are required to have a 30 min meeting with a concentration advisor before the declaration deadline.

Find the advisor for your class year and book a meeting with them here:
<https://www.mcb.harvard.edu/undergraduate/neuroscience/neuro-contact-us/>

Philosophy

To declare Philosophy as your concentration or as a primary or allied field in a joint concentration, you should first meet with one of us in the Director of Undergraduate Studies Office. We are:

Ned Hall (DUS): ehall@fas.harvard.edu

Seth Robertson (Assistant DUS): srobertson@fas.harvard.edu

Luke Ciancarelli (Undergraduate Studies Fellow): lukeciancarelli@g.harvard.edu

You can find advising information here: <https://philosophy.fas.harvard.edu/advising>. Schedule a meeting with an advisor to discuss your interest in declaring Philosophy. After the meeting, we will approve your concentration declaration request in my.harvard.



If you are declaring a joint or double concentration, you should also follow the declaration instructions for your other field. Double concentrations also require that students submit two signed copies of the [Double Concentration Form](#), one for each concentration.

Physics

The deadline for choosing a concentration is in October of your sophomore year. In September, Anna Klaes will send an email to the [Society of Physics Students \(SPS\) list](#) with details about how to schedule a 20-minute meeting with her to sign up for the concentration. The signup process consists of going over the plan of study, choosing an advisor, filling out some minor paperwork, and discussing other concentration issues. Try to think of three possible advisors before the meeting.

Upper-level students: If you want to change your concentration to Physics or Chem/Phys, just email Anna Klaes to set up a meeting time (outside office hours, ideally, because those can get hectic).

Psychology

Pre-Declaration Process:

1. **Contact the Psychology Concentration Advisor** [assigned to your house](#) to express your interest in Psychology, and set up a time to meet.
2. **Complete a [New Concentrator Form and Plan of Study Worksheet](#)**. Email these to your Concentration Advisor. Don't worry if you can't complete all the fields on your own; you can discuss any questions that you have with your Advisor before you finalize these documents.
3. **Meet with your Concentration Advisor** to discuss the concentration and have your Advisor review and approve your documents.
4. **Complete the Declaration of Concentration process in [my.harvard.edu](#)** (for more detailed directions, see the [Declaration of Concentration Instructions](#) in the my.harvard Knowledge Center). Be sure to choose the correct track within Psychology (students may **NOT** declare Honors tracks except for Cognitive Science without an approved thesis application).
5. If you are declaring your concentration or adding a double concentration at any time after your class's designated Sophomore Declaration Period, please **email psychology@wjh.harvard.edu to inform us** that you have joined the concentration!

It may be helpful to speak with Psychology department staff as you prepare to declare! Any student, including first-years and non-concentrators, is welcome to visit the Undergraduate Office for drop-in office hours.

Religion, Comparative Study of*

Website: <https://studyofreligion.fas.harvard.edu/undergraduate-program/>

*The Comparative Study of Religion department does not require students to take additional steps ahead of declaring their concentration. To officially declare a concentration in the Comparative Study of Religion, simply [submit a declaration of concentration request](#) on my.harvard.

Romance Languages and Literatures*

Website: <https://rll.fas.harvard.edu/>



*The Romance Languages & Literatures department does not require students to take additional steps ahead of declaring their concentration. To officially declare a concentration in Romance Languages & Literatures, simply [submit a declaration of concentration request](#) on my.harvard.

Slavic Languages & Literatures

The Director of Undergraduate Studies is responsible for advising concentrators in all three years. You will meet with the Director individually when you register for courses to discuss your Plan of Study and your progress through the concentration. DUS approval for your courses follows that meeting. But you should also feel free to drop by as needed, especially if you need to seek the Director's advice and permission in cases of special arrangements or any exceptions to the standard program. You will also find the DUS to be an informed advisor, able and willing to discuss your broader experience at Harvard. A concentration is not simply a matter of fulfilling requirements, but also an occasion for personal growth. The DUS hopes that you will feel free to voice matters of personal importance when you come to seek advice. This year the DUS is Professor Stephanie Sandler. Her office is located in the Barker Center, Room 321. Please email her at ssandler@fas.harvard.edu for an appointment.

Social Studies

Website: <http://socialstudies.fas.harvard.edu/>

Advising:

Rosemarie Wagner, Assistant Director of Studies for Freshmen and Sophomores
rosemarie_wagner@fas.harvard.edu

Kate Anable, Undergraduate Program Coordinator
keanable@fas.harvard.edu

Address: William James Hall Third Floor, 33 Kirkland Street

Pre-Declaration Process:

- Prospective concentrators must be enrolled in Social Studies 10a during their sophomore fall.
- Sophomores enrolled in Social Studies 10a then must submit a [Declaration of Intent](#) form by the concentration declaration deadline.

Sophomores who do not enroll in Social Studies 10a, or do not submit a Declaration of Intent but later decide they wish to join the concentration, will need to declare another concentration for the time being but can switch into Social Studies as second-semester sophomores or first-semester juniors.

If you need help deciding whether Social Studies is right for you, our [Peer Concentration Advisors](#) are a great resource. You can learn more about each of our PCAs and why they chose Social Studies on our website; feel free to email any of them with questions or to set up a meeting.

Sociology

Website: <https://sociology.fas.harvard.edu/how-declare-sociologyplan-study>

Declaration Process:

1. **Attend a Declaration Info Session.** The department will be holding Declaration Info Sessions during the Fall semester. The sessions will cover concentration requirements and how to complete the Plan of Study form.



2. **Complete the Plan of Study Form**, save, and upload to your Plan of Study on the Declaration of Concentration page through your my.Harvard.
 - a. [Sociology Concentration Plan of Study Form](#)
 - b. [Sociology and Data Analytics Track Plan of Study Form](#)
3. **Declare your concentration on my.Harvard** (instructions [here](#)).
4. Our office will look over your Plan of Study Form and approve your declaration!

Double Concentrators

Beginning in Fall 2022, students can declare a **Double Concentration**. Students pursuing a double concentration will complete the full requirements for two separate concentrations at Harvard. A thesis is not necessary but may be undertaken. Please see the Registrar's Office's page on [Double Concentrations](#) for further information. Further info may be found in the [Harvard College Handbook for Students](#). Double Concentrators should follow the procedures listed above to declare a Sociology concentration.

Joint Concentrators

See the Joint Concentration information page for detailed information about how to declare: <https://sociology.fas.harvard.edu/pages/joint-concentration-sociology>.

South Asian Studies*

Website: <https://sas.fas.harvard.edu/>

Pre-Declaration Process:

1. Familiarize yourself with SAS concentration options [here](#) and think about which track you would like to join.
2. Reach out to Director of Undergraduate Studies, Jonathan Ripley (jripley@fas.harvard.edu), to schedule an advising appointment before the concentration declaration deadline.
3. Submit a [Plan of Study](#). You can [resubmit](#) this form later if your plan changes.
4. Follow the concentration declaration instructions [here](#).
5. If you are declaring a double or join concentration, you should also follow the declaration instructions for your other field.

Special Concentrations

Website: <https://specialconcentrations.fas.harvard.edu/application-process>

Advising: Lisa Laskin, Director of Studies (617-384-5972, elaskin@harvard.edu, specialconc@fas.harvard.edu)

Address: 1414 Massachusetts Avenue, floor 3R.

Deadline: Applications reviewed three times per year (**September 5, 2025, October 17, 2025, March 2026 date TBD**); submit to department office.

Pre-Declaration Process:

The process to declare a Special concentration requires an extensive application including:

- [Student and Concentration Proposal Information](#)
- [Your Most Recent Grade Transcript](#)
- [Statement of Purpose](#)
- [Course Plans](#)
- [Statement of Prospective Faculty Adviser](#)
- [Statement of Resident Dean, Freshman Adviser, or Designee](#)



- [Statement from Department Most Closely Related](#)
- [Statement of Prospective Tutor](#)

Students considering a Special Concentration should make an appointment with the Director of Studies well in advance of application deadlines to discuss their academic goals, concentration ideas, and the application process. Note that students do not declare Special Concentrations in my.harvard until after their proposal has been approved. Most students apply during the spring of their sophomore year or fall of their junior year.

Statistics

Website: <https://statistics.fas.harvard.edu/undergraduate>

Advising: Set up a meeting with a Statistics concentration advisor by contacting Lorna Blocksma (Undergraduate Student Program Administrator, lblocksma@fas.harvard.edu), Kevin Rader (Associate Director of Undergraduate Studies, rader@stat.harvard.edu), or Joe Blitzstein (Director of Undergraduate Studies, blitz@fas.harvard.edu).

1. Look through the concentration requirements (and the specific track options) at <https://statistics.fas.harvard.edu/statistics-concentration-requirements>.
2. Arrange to meet with one of the Statistics concentration advisors to discuss your plan of study and any questions you have.
3. Based on your chosen track, fill out the appropriate worksheet from the above site with a tentative plan of study (which is just for planning purposes, not binding).
4. Declare your concentration on [my.harvard](#), including your worksheet as an upload.

Theater Dance and Media

Website: <https://tdm.fas.harvard.edu/declaring-theater-dance-media>

Advising: Meet with someone from TDM's advising team by contacting: tdmdus@fas.harvard.edu.

Assistant Director of Undergraduate Studies: Laura Quinton
Academic Program Manager: Sheryl Chen

Pre-Declaration Process:

Please review full details at <https://tdm.fas.harvard.edu/declaring-theater-dance-media>

1. Review TDM course requirements
2. Complete [TDM Concentration Plan of Study](#) & [Declare TDM](#)
3. Meet with a TDM advisor
4. Upload approved TDM Concentration Plan of Study form

Congrats! We're excited to have you as part of the TDM community!

Women, Gender, and Sexuality Studies

Website: <http://wgs.fas.harvard.edu/>

Advising:

Caroline Light, Director of Undergraduate Studies
clight@fas.harvard.edu

Linda Schlossberg, Associate Director of Undergraduate Studies
schloss@fas.harvard.edu

<https://wgs.fas.harvard.edu/advising>

Address: Boylston Hall, Ground Floor

Pre-Declaration Process:

1. Complete a WGS Plan of Study (<https://wgs.fas.harvard.edu/undergrad-forms>)
2. Meet with a WGS academic advisor
3. Submit their intent to declare in my.harvard