



SHARE Team

Sexual Harassment/Assault Resources and Education

A Confidential Space for Support and Connection

We work to create spaces for safety and healing, coalition building, and restorative practices to tend to the impact of and work toward ending violence.



We believe that you deserve safety, dignity, and belonging in your body and your community.



We support people and communities related to the impact of:

- Sexual harassment
- Sexual assault
- Stalking
- Abusive relationships
- Discrimination on the basis of gender or sexual orientation

This support is available whether this harm occurs in person or via technology.

We offer:

- Survivor support
 - Counseling and groups
 - Advocacy and accompaniment (medical, academic, housing, etc.)
 - Resource navigation and consultation
 - 24/7 confidential hotline
- Accountability and support for individuals and communities who may have caused harm
- Workshops to foster culture change such as everyday accountability practices, how to support a peer, and trauma-informed practices
- Tabling and community presence
- Resources if you are helping a friend, peer, or colleague

We also offer proactive community-building support to help create conditions for healthy relationships that can make violence less likely to occur.



Confidentiality

Confidentiality means we do not share your information outside of the SHARE Team without your consent.

We can support you whether the harm happened recently, in the past, or is ongoing.

We understand some people have concerns about confidentiality or would rather access support outside of the University. We can help connect you with off-campus resources.

You get to choose what support is right for you. We understand that your needs may change over time.





We are here for you.

Connect with SHARE

We support all members of the Harvard community.
This includes students, staff, faculty, and post-doctoral fellows.

Smith Campus Center, Suite 624
CommunitySupport_SHARE@harvard.edu
Office: 617-496-5636
24/7 Confidential Hotline: 617-495-9100

Call, email, or stop by.
Free, voluntary, confidential, and privileged.



Restorative Practices

Restorative practices support people in moving towards accountability by helping them to identify their needs and address the root causes of sexual harassment, sexual assault, stalking, abusive relationships, and discrimination on the basis of gender or sexual orientation.

We offer support to members of the Harvard community who may have contributed to, caused, or have been accused of causing harm.

This support includes:

- Crisis support and connection to community referrals
- Accountability-focused counseling and support
- Group support and consultation

Accessing support is not an admission of having caused harm. All information shared is confidential.

When harm occurs, support is often needed to help people and communities cope with these experiences. The SHARE Team believes that accountability becomes more possible when people have support.





Restorative practices draw from aspects of Indigenous philosophies and worldviews that emphasize community building as foundational to decision making and repair.

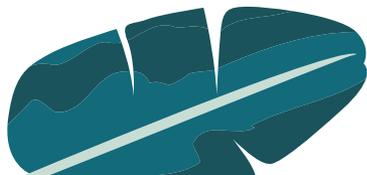
In addition to offering support in response to harm, we would love to collaborate with you in proactively developing restorative practices in your own communities to strengthen relationships, trust, and connection.

Call or email to connect!

RestorativePractices_SHARE@harvard.edu

Office: 617-496-5636

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Survivor Support

You deserve safety. No one should make you feel like you can't be yourself or that decisions are not consensual.

Sexual harassment, sexual assault, stalking, abusive relationships, and discrimination based on gender or sexual orientation take choices away from the person harmed and can leave a person coping with a range of feelings.

A person might experience feeling:

- Anxious
- Numb
- Angry
- Shame
- Overwhelmed
- Distracted
- Physical discomfort, exhaustion, etc.
- Unsure of what to do

These feelings make sense.

We know that people often handle things on their own. Still, at times you may have concerns, such as trying to figure out how to make things feel stable or like normal again, as well as how to navigate spaces where you live, work, research, or attend class.

You do not have to figure things out on your own.

The SHARE Team offers a range of confidential support to all members of the Harvard community impacted by harm or who are supporting someone impacted by harm, regardless of when it occurred.





SHARE Supports

These supports include:

- Trauma-informed counseling and consultation
- Educational and support groups
- 24/7 confidential hotline **(617) 495-9100**
- Harm reduction and safety planning
- Community referrals (legal, therapy, medical, etc.)
- Advocacy
 - » Support in deciding whether or how to connect with a Title IX Resource Coordinator about things such as making a disclosure and seeking supportive measures
 - » Information regarding the University's formal complaint processes
 - » Information regarding legal processes such as how to file a police report or apply for a restraining order
 - » Accompaniment to meetings, the hospital, court, police, and on-campus resources

We understand that having choices about your body can be a part of healing. We support people's right to self-determination, bodily autonomy, and reproductive healthcare choices.

