

# INTERDISCIPLINARY MINOR IN AGING

for the Undergraduate Interdisciplinary Minor in Aging

The Interdisciplinary Minor in Aging provides students with the opportunity to study aging as it relates to health, communication, development and activity. The minor is offered through the College of Applied Health Sciences. There are no prerequisites for the minor. Minors should be declared by filling out the intent to pursue a minor form (<https://ahs.illinois.edu/undergrad-declare-minor/>).

for the Undergraduate Interdisciplinary Minor in Aging

Code	Title	Hours
Required Courses		9
IHLT 240	Health and Aging Policy	
CHLH 404		
PSYC 361	The Psychology of Aging	
Additional aging-related courses chosen from the following list:		9
KIN 459		
SOCW 240	Death & Dying	
SOCW 315	Social Work Services for Older Adults	
CHLH 494	(Special Topics courses must include aging-related content and be approved by the Aging minor advisor)	
RST 316	Human Development and Recreation, Sport and Tourism	
RST 335	Leisure and Consumer Culture	
SHS 271	Communication and Aging	
KIN 386		
EPSY 407	Adult Learning and Development	
UP 340	Planning for Healthy Cities	
Students may also earn elective credit by participating in an aging-related internship or independent study that is also pre-approved by the advisor for the minor. Minor modification forms should be filled out if you are requesting to use an independent study or internship. Forms can be found at <a href="http://provost.illinois.edu/files/2017/01/Minor-Modification-Form.pdf">http://provost.illinois.edu/files/2017/01/Minor-Modification-Form.pdf</a> .		
<b>Total Hours</b>		<b>18</b>

## Programs in Health and Kinesiology

### Undergraduate Programs

- Majors
  - Community Health, BS (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/>)

- optional concentrations
  - Community Health: Health Education, BS (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/health-education-promotion/>)
  - Community Health: Health Planning & Administration, BS (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/health-planning-administration/>)
  - Community Health: Rehabilitation & Disability Studies, BS (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/rehabilitation-studies/>)
- Kinesiology, BS (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs/>)
  - optional concentrations
    - Kinesiology: Teacher Certification, BS (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs/teacher-certification/>)
- Interdisciplinary Health Sciences, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/>)
  - optional concentrations
    - Interdisciplinary Health Sciences: Health & Aging, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-aging/>)
    - Interdisciplinary Health Sciences: Health Behavior Change, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-behavior-change/>)
    - Interdisciplinary Health Sciences: Health Diversity, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-diversity/>)
    - Interdisciplinary Health Sciences: Health Technology, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-technology/>)
- Minors
  - Disability Studies (<http://catalog.illinois.edu/undergraduate/ahs/minors/disability-studies/>)
  - Health Administration (<http://catalog.illinois.edu/undergraduate/ahs/minors/health-administration/>)
  - Health Technology, Interdisciplinary (<http://catalog.illinois.edu/undergraduate/ahs/minors/interdisciplinary-health-technology/>)
  - Interdisciplinary Aging (p. 1)
  - Kinesiology (<http://catalog.illinois.edu/undergraduate/ahs/minors/kinesiology/>)
  - Public Health (<http://catalog.illinois.edu/undergraduate/ahs/minors/public-health/>)
- Joint Programs
  - Community Health, BS and Public Health, MPH (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs-public-health-mp/>)
  - Community Health, BS and Epidemiology, MPH (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs-epidemiology-mp/>)
  - Kinesiology, BS and Public Health, MPH (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs-public-health-mp/>)
  - Kinesiology, BS and Epidemiology, MPH (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs-epidemiology-mp/>)

- Interdisciplinary Health Sciences, BS and Public Health, MPH (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs-public-health-mp/>)
- Interdisciplinary Health Sciences, BS and Epidemiology, MPH (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs-epidemiology-mp/>)

Interdisciplinary Health Sciences faculty (<https://ahs.illinois.edu/ihealth-directory/>)

## College of Applied Health Sciences

Applied Health Sciences College Catalog page (<http://catalog.illinois.edu/schools/ahs/academic-units/>)

Applied Health Sciences College website (<http://www.ahs.illinois.edu/>)

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## Graduate Programs

- Majors
  - Community Health, MS (<http://catalog.illinois.edu/graduate/ahs/community-health-ms/>)
  - Community Health, PhD (<http://catalog.illinois.edu/graduate/ahs/community-health-phd/>)
  - Epidemiology, MPH (<http://catalog.illinois.edu/graduate/ahs/epidemiology-mp/>)
  - Health Administration, MHA (<http://catalog.illinois.edu/graduate/ahs/health-administration-mha/>)
  - Health Technology, MS (<http://catalog.illinois.edu/graduate/ahs/health-technology-ms/>)
  - Kinesiology, MS (<http://catalog.illinois.edu/graduate/ahs/kinesiology-ms/>)
  - Kinesiology, PhD (<http://catalog.illinois.edu/graduate/ahs/kinesiology-phd/>)
  - Public Health, MPH (<http://catalog.illinois.edu/graduate/ahs/public-health-mp/>)
- Joint Programs
  - Public Health, MPH & Community Health, PhD (<http://catalog.illinois.edu/graduate/ahs/joint-degree/public-health-mp-community-health-phd/>)
  - Public Health, MPH & Food Science & Human Nutrition, PhD ([http://catalog.illinois.edu/graduate/aces\\_ahs/joint-degree/food-science-human-nutrition-phd-public-health-mp/](http://catalog.illinois.edu/graduate/aces_ahs/joint-degree/food-science-human-nutrition-phd-public-health-mp/))
  - Public Health, MPH & Kinesiology, PhD (<http://catalog.illinois.edu/graduate/ahs/joint-degree/public-health-mp-kinesiology-phd/>)
  - Public Health, MPH & Nutritional Science, PhD ([http://catalog.illinois.edu/graduate/aces\\_ahs/nutritional-science-phd-public-health-mp/](http://catalog.illinois.edu/graduate/aces_ahs/nutritional-science-phd-public-health-mp/))
  - Public Health, MPH & Social Work, PhD ([http://catalog.illinois.edu/graduate/ahs\\_socw/joint-degree/public-health-mp-social-work-phd/](http://catalog.illinois.edu/graduate/ahs_socw/joint-degree/public-health-mp-social-work-phd/))
  - Public Health, MPH & Urban Planning, MUP ([http://catalog.illinois.edu/graduate/ahs\\_faa/joint-degree/public-health-mp-urban-planning-mup/](http://catalog.illinois.edu/graduate/ahs_faa/joint-degree/public-health-mp-urban-planning-mup/))

To declare the minor or ask questions about the requirements, please contact:

Dr. Andiara Schwingel ([andiara@illinois.edu](mailto:andiara@illinois.edu)), Dr. Whitney Wolff ([wolffw@illinois.edu](mailto:wolffw@illinois.edu)), or Staci Baxley ([slsears@illinois.edu](mailto:slsears@illinois.edu)); 217-333-2307.

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## Department of Health and Kinesiology

Department of Health and Kinesiology website (<https://ahs.illinois.edu/kch-home/>)

## Interdisciplinary Health Sciences

Interdisciplinary Health Sciences website (<http://ihealth.illinois.edu/>)