

CHILD HEALTH AND WELL-BEING MINOR

for the Undergraduate minor in Child Health and Well-being

Understanding child development and well-being are integral to keeping a child healthy. Similarly, knowing how to interact with children, how to ask family members questions to assess development, and knowing typical milestones in development by age group are all a part of good medical and allied health practices. The child health and well-being minor combines theoretical and practical approaches to understanding child development and well-being. Coursework in this minor examines child development biologically, psychologically, and socially from birth through age 18. Development is looked at in the context of the child's daily experience, with additional coursework focused on medical settings, special needs challenges, and grief.

The minor requires a minimum of 19 hours; ten hours of courses on child development and nine hours of courses examining health and well-being. 6 hours of advanced course credit must be distinct from credit earned for a student's major or another minor.

Please see the Minor Add Form (<https://aces.illinois.edu/academics/current-students/forms/#minorforms>) to add the Child Health and Well-Being minor to your degree program.

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Code	Title	Hours
Development Courses:		10
HDFS 105	Intro to Human Development	
HDFS 301	Infancy & Early Childhood	
Choose one course from:		
HDFS 305	Middle Childhood	
HDFS 405	Adolescent Development	
Health and Well-being courses:		9
HDFS 108	Grief and Loss Across the Lifespan	
HDFS 208	Child and Family Inclusion: Disability, Health, and Diversity	
HDFS 408	Hospitalized Children	
Total Hours		19

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Upon successful completion of a minor in Child Health and Well-being, students will:

- Demonstrate a strong foundation in theories and empirical knowledge associated with human development and family studies (i.e., developmental periods and domains; socialization contexts; diversity among families and children; research methods; family dynamics, transitions, and resilience; and family policy).

- Exhibit the skills necessary to effectively apply knowledge and generate new ideas to solve real world issues.
- Demonstrate a critical and reflexive orientation toward and sensitivity to issues of diversity and inclusion.
- Develop professional competence skills and establish well-informed career and professional goals.

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Human Development & Family Studies

Human Development & Family Studies Website (<https://hdfs.illinois.edu/>)

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