

# INTERDISCIPLINARY HEALTH SCIENCES: HEALTH DIVERSITY, BS

for the degree of Bachelor of Science in Interdisciplinary Health Sciences,  
Health Diversity Concentration

**The Interdisciplinary Health Sciences: Health Diversity, BS is not currently accepting applications. Suspension of admissions effective Spring 2027. This program has been replaced by the Interdisciplinary Health Sciences: Health Diversity and Disability, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-diversity-disability/>).**

Interdisciplinary Health Sciences (or I-Health) is a unique and innovative undergraduate program that reflects the trajectory of the healthcare industry. I-Health teaches students to look at health care more holistically and draw from the knowledge of several other fields to develop innovative new solutions to health-related problems. Graduates leave the program not only armed with a deep knowledge of biology and other sciences, but with the ability to comprehensively care for the whole person.

The Health & Diversity concentration will help students develop an understanding of the varied health needs of an increasingly diverse population. Coursework is directed at understanding health in light of several diversity factors including groups who may be marginalized due to poverty or social status.

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## Health Diversity Concentration Graduation Requirements

Minimum hours required for graduation: 120 hours.

## University Requirements

Minimum of 40 hours of upper-division coursework, generally at the 300- or 400-level. These hours can be drawn from all elements of the degree. Students should consult their academic advisor for additional guidance in fulfilling this requirement.

The university and residency requirements can be found in the Student Code (<https://studentcode.illinois.edu/article3/part8/3-801/>) (§ 3-801) and in the Academic Catalog (<http://catalog.illinois.edu/general-information/degree-general-education-requirements/>).

## General Education Requirements

Follows the campus General Education (Gen Ed) requirements (<https://courses.illinois.edu/gened/DEFAULT/DEFAULT/>). Some Gen Ed requirements may be met by courses required and/or electives in the program.

Code	Title	Hours
	Composition I	4-6
	Advanced Composition	3
	fulfilled by EPOL 310	
	Humanities & the Arts (6 hours)	6
	fulfilled by HK 208 and any other course approved as Humanities & the Arts	
	Natural Sciences & Technology (6 hours)	6
	Social & Behavioral Sciences (6 hours)	6
	fulfilled by HK 110, HK 270, HK 302	
	Cultural Studies: Non-Western Cultures (1 course)	3
	Cultural Studies: US Minority Cultures (1 course)	3
	fulfilled by HK 271 or EPOL 310	
	Cultural Studies: Western/Comparative Cultures (1 course)	3
	Quantitative Reasoning (2 courses, at least one course must be Quantitative Reasoning I)	6-10
	fulfilled by HK 201 and HK 209	
	Language Requirement (Completion of the third semester or equivalent of a language other than English is required)	0-15

## Major Requirements

Code	Title	Hours
HK 110	Contemporary Health	3
HK 125	Orientation to Health & Kinesiology	1
HK 154	Physical Activity, Nutrition, and Health	3
HK 171	Survey of Interdisc Health	1
HK 201	Health Sciences Research Methods	3
HK 208	Introduction to Medical Ethics	3
HK 209	Introduction to Biostatistics and Health Data Analysis	3
HK 270	Leadership in Health	3
HK 271	Health Equity in the United States	3
HK 370	Interdisciplinary Health Delivery and Early Field Work	4
HK 418	Organization of Health Care	3
HK 470	Orientation to Internship	1
HK 471	Health Internship	4

## Concentration Requirements

Code	Title	Hours
HK 302	Disability in American Society	3
EPOL 310	Race and Cultural Diversity	4
HK 409	Women's Health	3
HK 414	International Health	3
<b>Concentration Electives (Choose 3 courses from the following):</b>		<b>9</b>
AFRO 421	Racial and Ethnic Families	3
CMN 467	Communication & Health Equity	3
HDFS 444	LGBT Indiv, Fam & Community	3
HK 407	Disability, Culture & Society	3
HK 446	Physical Activity & Diverse Populations	3
HK 472	Health and Kinesiology Study Abroad	3
LLS 473	Immigration, Health & Society	3
LLS 479	Race, Medicine, and Society	3

REL 335	Religion in Contemp America	3
SHS 222	Language & Culture of Deaf Communities	3
SOCW 300		3

Code	Title	Hours
<b>Total Hours</b>		<b>120</b>

## Programs in Health and Kinesiology

### Undergraduate Programs

- Majors
  - Community Health, BS (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/>)
    - optional concentrations
      - Community Health: Health Education, BS (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/health-education-promotion/>)
      - Community Health: Health Planning & Administration, BS (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/health-planning-administration/>)
      - Community Health: Rehabilitation & Disability Studies, BS (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/rehabilitation-studies/>)
  - Kinesiology, BS (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs/>)
    - optional concentrations
      - Kinesiology: Teacher Certification, BS (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs/teacher-certification/>)
  - Interdisciplinary Health Sciences, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/>)
    - optional concentrations
      - Interdisciplinary Health Sciences: Health & Aging, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-aging/>)
      - Interdisciplinary Health Sciences: Health Behavior Change, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-behavior-change/>)
      - Interdisciplinary Health Sciences: Health Diversity, BS (p. 1)
      - Interdisciplinary Health Sciences: Health Technology, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-technology/>)
- Minors
  - Disability Studies (<http://catalog.illinois.edu/undergraduate/ahs/minors/disability-studies/>)
  - Health Administration (<http://catalog.illinois.edu/undergraduate/ahs/minors/health-administration/>)
  - Health Technology, Interdisciplinary (<http://catalog.illinois.edu/undergraduate/ahs/minors/interdisciplinary-health-technology/>)
  - Interdisciplinary Aging (<http://catalog.illinois.edu/undergraduate/ahs/minors/aging/>)
  - Kinesiology (<http://catalog.illinois.edu/undergraduate/ahs/minors/kinesiology/>)
  - Public Health (<http://catalog.illinois.edu/undergraduate/ahs/minors/public-health/>)

- Joint Programs
  - Community Health, BS and Public Health, MPH (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs-public-health-mp/>)
  - Community Health, BS and Epidemiology, MPH (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs-epidemiology-mp/>)
  - Kinesiology, BS and Public Health, MPH (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs-public-health-mp/>)
  - Kinesiology, BS and Epidemiology, MPH (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs-epidemiology-mp/>)
  - Interdisciplinary Health Sciences, BS and Public Health, MPH (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs-public-health-mp/>)
  - Interdisciplinary Health Sciences, BS and Epidemiology, MPH (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs-epidemiology-mp/>)

### Graduate Programs

- Majors
  - Community Health, MS (<http://catalog.illinois.edu/graduate/ahs/community-health-ms/>)
  - Community Health, PhD (<http://catalog.illinois.edu/graduate/ahs/community-health-phd/>)
  - Epidemiology, MPH (<http://catalog.illinois.edu/graduate/ahs/epidemiology-mp/>)
  - Health Administration, MHA (<http://catalog.illinois.edu/graduate/ahs/health-administration-mha/>)
  - Health Technology, MS (<http://catalog.illinois.edu/graduate/ahs/health-technology-ms/>)
  - Kinesiology, MS (<http://catalog.illinois.edu/graduate/ahs/kinesiology-ms/>)
  - Kinesiology, PhD (<http://catalog.illinois.edu/graduate/ahs/kinesiology-phd/>)
  - Public Health, MPH (<http://catalog.illinois.edu/graduate/ahs/public-health-mp/>)
- Joint Programs
  - Public Health, MPH & Community Health, PhD (<http://catalog.illinois.edu/graduate/ahs/joint-degree/public-health-mp-community-health-phd/>)
  - Public Health, MPH & Food Science & Human Nutrition, PhD ([http://catalog.illinois.edu/graduate/aces\\_ahs/joint-degree/food-science-human-nutrition-phd-public-health-mp/](http://catalog.illinois.edu/graduate/aces_ahs/joint-degree/food-science-human-nutrition-phd-public-health-mp/))
  - Public Health, MPH & Kinesiology, PhD (<http://catalog.illinois.edu/graduate/ahs/joint-degree/public-health-mp-kinesiology-phd/>)
  - Public Health, MPH & Nutritional Science, PhD ([http://catalog.illinois.edu/graduate/aces\\_ahs/nutritional-science-phd-public-health-mp/](http://catalog.illinois.edu/graduate/aces_ahs/nutritional-science-phd-public-health-mp/))
  - Public Health, MPH & Social Work, PhD ([http://catalog.illinois.edu/graduate/ahs\\_socw/joint-degree/public-health-mp-social-work-phd/](http://catalog.illinois.edu/graduate/ahs_socw/joint-degree/public-health-mp-social-work-phd/))

- Public Health, MPH & Urban Planning, MUP ([http://catalog.illinois.edu/graduate/ahs\\_faa/joint-degree/public-health-mph-urban-planning-mup/](http://catalog.illinois.edu/graduate/ahs_faa/joint-degree/public-health-mph-urban-planning-mup/))

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## I Health

I Health Department website (<http://ihealth.illinois.edu/>)

I Health faculty (<https://ahs.illinois.edu/ihealth-directory/>)

## College of Applied Health Sciences

Applied Health Sciences College Catalog page (<http://catalog.illinois.edu/schools/ahs/academic-units/>)

Applied Health Sciences College website (<http://www.ahs.illinois.edu/>)