

# COMMUNITY HEALTH: REHABILITATION & DISABILITY STUDIES, BS

for the Bachelor of Science in Community Health, Rehabilitation & Disability Studies Concentration

The Community Health Program at Illinois prepares students in the ever changing world of health care and health behavior as practitioners and offers three concentrations at the undergraduate level: Health Education (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/health-education-promotion/>), Health Planning & Administration (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/health-planning-administration/>), and Rehabilitation & Disability Studies (p. 1). All curricula are built on a foundation of general education courses which emphasize communication skills and critical thinking. The Professional Core courses are designed to help students develop skills in planning, implementation, and evaluation in the context of health services and programs. Students must complete an internship during their senior year in a setting related to the degree and their interests. Recent internship sites have included the American Heart Association, the American Red Cross, hospitals, nursing homes, fitness centers, work site health education programs, and substance abuse prevention centers.

Further information is available from the Academic Affairs Office, Department of Health & Kinesiology, University of Illinois Urbana-Champaign, 1206 S. Fourth Street, 2021 Khan Annex, Huff Hall, Champaign, IL 61820, (217) 333-2307.

A 5 year BS MPH joint degree program is available for students majoring in Community Health, I-Health, or Kinesiology. Students apply for the program in the latter part of their third year (junior year) of study. Students accepted into the BS MPH joint degree program take 12 credit hours of coursework in their senior year that apply to both BS and MPH degrees. In the 5th year of study, students complete the remaining requirements for the MPH degree, and graduate simultaneously with both BS and MPH degrees. Additional information regarding the joint degree program can be found on the College of Applied Health Sciences website (<https://ahs.illinois.edu/bs-mp/>).

for the Bachelor of Science in Community Health, Rehabilitation & Disability Studies Concentration

The Community Health Program requires certain courses from the approved lists be taken as noted below. The prescribed courses prepare the student for upper division study and may be used to satisfy General Education Requirements provided they are on the appropriate General Education List.

A total of 128 hours is required for a degree in Community Health with all the above requirements met. There will be range of electives a student will be able to take depending on the general education number of hours.

Supporting Electives

## General Education

Code	Title	Hours
<b>Communication Arts</b>		
	Composition I and an approved speech performance course; or CMN 111 and CMN 112	6-7
	Advanced Composition (CHLH 304 fulfills requirement)	3-4
<b>Quantitative Reasoning I &amp; II</b>		
	From approved campus list (must include a course in statistics from approved campus list) (CHLH 244 and CHLH 421 fulfills requirement)	6
<b>Humanities and the Arts</b>		
	From approved campus list (CHLH 260 fulfills 3 hours of requirement)	9
<b>Social and Behavioral Sciences</b>		
	From approved campus list	9
<b>Natural Sciences and Technology</b>		
	From approved campus list	9
<b>Cultural Studies</b> <sup>1</sup>		
	One course from Non-Western Cultures approved campus list.	3
	One course from U.S. Minority Cultures approved campus list	3
	One course from Western Cultures approved campus list	3
	Foreign Language: Completion through the third level of the same language in high school or college	
<b>Total Hours</b>		<b>51-53</b>

Code	Title	Hours
<b>Community Health Program Core Requirements</b>		
CHLH 100		3
CHLH 125		1
CHLH 201		3
CHLH 210		2
CHLH 250		3
CHLH 274		3
CHLH 304		4
CHLH 410		4
CHLH 421		3
<b>Kinesiology and Community Health Department Core Requirements</b>		
CHLH 101		3
KIN 122		3
<b>Correlate Areas (see Correlates List Tab)</b>		<b>18</b>
Each student completes correlates that are planned with the assigned advisor. These courses are designed to enhance and support career goals.		
<b>Electives</b>		<b>9-11</b>
<b>Concentration Requirements</b>		<b>18</b>
<b>Total Hours</b>		<b>128</b>

<sup>1</sup> Courses in cultural studies may be completed through other categories where appropriate.

**Concentration Requirements**

Code	Title	Hours
REHB 330		3
REHB 402		4
REHB 435		2
CHLH 380		1
CHLH 485		8

for the Bachelor of Science Major in Community Health, Rehabilitation & Disability Studies Concentration

---

**Community Health Supporting Electives**
**Guidelines for Choosing Supporting Electives:**

- 18 credit hours (about 6 separate classes) are required in Supporting Electives for the major;
- 9 credit hours or more of Supporting Electives should be completed within the Department of Kinesiology and Community Health: CHLH, IHTL, KIN, or REHB courses;
- If you are taking a course as part of your primary concentration, it will not also count as a Supporting Elective;
- Your academic advisor will work with you to help determine what coursework is appropriate to count as your Supporting Electives and/ or you may select from this approved list of courses.

**CHLH Courses**

Code	Title	Hours
CHLH 126		3
CHLH 199		
CHLH 200		
CHLH 203		3
CHLH 206		2
CHLH 243		2
CHLH 244		3
CHLH 260		
CHLH 314		
CHLH 330		
CHLH 365		3
CHLH 393		2 or 3
CHLH 404		3 or 4
CHLH 407		3 or 4
CHLH 409		3
CHLH 415		3 or 4
CHLH 429		4
CHLH 441		3 or 4
CHLH 448		3 or 4
CHLH 455		3
CHLH 456		2 to 4
CHLH 457		3
CHLH 458		3
CHLH 469		3 or 4

CHLH 470		3 or 4
CHLH 494		1 to 4

**IHLT Courses**

Code	Title	Hours
IHLT 230		3
IHLT 232		3
IHLT 240		3
IHLT 375		4

**KIN Courses**

Code	Title	Hours
KIN 247		
KIN 249		
KIN 365		3
KIN 386		
KIN 387		
KIN 442		
KIN 444		3 or 4
KIN 448		
KIN 459		
KIN 494		1 to 4

**REHB Courses**

Code	Title	Hours
REHB 330		3
REHB 401		4
REHB 402		4
REHB 435		2

**Other College of AHS Courses:****RST Courses**

Code	Title	Hours
RST 200	Leadership in Recreation, Sport and Tourism	2
RST 216	Technology in Recreation, Sport and Tourism	3
RST 230	Diversity in Recreation, Sport, and Tourism	3
RST 255	Ethical Issues in Recreation, Sport and Tourism	2
RST 260	Disability in Recreation, Sport and Tourism	3
RST 316	Human Development and Recreation, Sport and Tourism	3
RST 335	Leisure and Consumer Culture	3
RST 430	Sport & Development	3
RST 441	Community Planning and Engagement	3 or 4

**SHS Courses**

Code	Title	Hours
SHS 120	Child, Comm, & Lang Ability	3
SHS 121	American Sign Language I	4
SHS 170	Intro Hum Comm Sys & Disorders	3
SHS 222	Language & Culture of Deaf Communities	3

SHS 270	Comm Disability in the Media	4
SHS 271	Communication and Aging	3
SHS 280	Communication Neuroscience	3
SHS 320	Development of Spoken Language	3
SHS 333		3
SHS 352	Hearing Health and Society	3
SHS 375	Communication Partners and Health	3
SHS 380	Comm Competence and Disorders	3
SHS 389	Neuroplasticity and Communication	3
SHS 473	Augmentative & Alternative Communication	2 to 4

### Other courses across campus by areas of interest:

Pre-Health: M.D., O.D., O.T., P.T., P.A., Dentistry, Optometry, Chiropractor

Code	Title	Hours
CHEM 232	Elementary Organic Chemistry I	3 or 4
CHEM 233	Elementary Organic Chem Lab I	2
CHEM 332	Elementary Organic Chem II	4
CLCV 102	Medical Terms-GRK & LAT Roots	3
IB 104	Animal Biology	4
MCB 100	Introductory Microbiology	3
MCB 244	Human Anatomy & Physiology I	3
MCB 245	Human Anat & Physiol Lab I	2
MCB 246	Human Anatomy & Physiology II	3
MCB 247	Human Anat & Physiol Lab II	2
MCB 300	Microbiology	3
MCB 450	Introductory Biochemistry	3
PHYS 101	College Physics: Mech & Heat	5
PHYS 102	College Physics: E&M & Modern	5

### Communications, Promotions, Public Relations & Leadership

Code	Title	Hours
ADV 150	Introduction to Advertising	3
ADV 410	Public Relations Strategies	3
AGED 220	Prog Del in Ag & Leadership Ed	3
AGED 430	Youth Development Programs	3 or 4
BTW 250	Principles Bus Comm	3
CMN 211	Business and Professional Communication	3
CMN 212	Intro to Organizational Comm	3
CMN 220	Communicating Public Policy	3
CMN 230	Introduction to Interpersonal Communication	3
CMN 232	Intro to Intercultural Comm	3
CMN 260	Intro to Health Communication	3
CMN 336	Communicating in Families	3
CMN 368	Sexual Communication	3
CMN 377		3
CMN 424	Campaigning to Win	3 or 4
CMN 435	Building Interpersonal Skills	3 or 4
CMN 462	Health Communication in Relationships	3 or 4
CMN 463		3 or 4

CMN 464	Health Communication Campaigns	3 or 4
CMN 465	Social Marketing	3 or 4
EDPR 250	School & Community Experiences	0 to 4
LEAD 380		3
PS 220	Intro to Public Policy	3
TE 333	Creativity, Innovation, Vision	4

### Health Administration, Law & Human Resources

Code	Title	Hours
ACCY 200	Fundamentals of Accounting	3
ACCY 201	Accounting and Accountancy I	3
ACCY 202	Accounting and Accountancy II	3
ACE 210	Environmental Economics & Policy	3
ACE 240	Personal Financial Planning	3
ACE 255	Economics of Food and Environmental Justice	3
BADM 300	The Legal Environment of Bus	3
BADM 310	Mgmt and Organizational Beh	3
BADM 320	Principles of Marketing	3
ECON 302	Inter Microeconomic Theory	3
FIN 221	Corporate Finance	3
FIN 232		
LAW 301	Introduction to Law	3
LAW 303	Living the Law	3
ANTH 246	Forensic Science	4
EDUC 202	Social Justice, School and Society	3
GLBL 260	Global Human Rights	3
LLS 468	Latinas/os & the Law	3 or 4
SOC 275	Criminology	3
SOC 378		3
SOC 479	Law and Society	3 or 4

### Social and Behavioral Factors

Code	Title	Hours
ACE 255	Economics of Food and Environmental Justice	3
AFRO 221	History of the Prison	3
AFRO 250	Introduction to Health and Wellness in the Black Community	3
AFRO 343	Criminalization and Punishment	3
ANSC 207	The Science of Pets and How to Care for Them	3
ANSC 250	Companion Animals in Society	3
ANTH 104	Talking Culture	3
ANTH 143	Biology of Human Behavior	3
ANTH 160	Race and Contemporary Social Issues	3
ANTH 210	Families in Global Perspective	3
ANTH 249	Evolution and Human Disease	3
ANTH 262	Women's Lives	3
ANTH 343	Behavior and Biology of Women	3
ANTH 432	Genes and Behavior	3
CI 260	Serving Children in Schools and the Community	3

CPSC 180	Medicinal Plants and Herbolgy	3
EPS 201		
EPS 310		
EDPR 250	School & Community Experiences	0 to 4
EPSY 202	Exploring Cultural Pluralism	3
EPSY 220	Career Development: Exploration, Choice, and Skills	3
EPSY 236	Child Development in Education	3
EPSY 402	Sociocultural Influence on Learning	2 to 4
FSHN 220	Principles of Nutrition	4
FSHN 274		
GLBL 240	Global Health	3
GLBL 340	Global Health: Policy & Governance	3
GLBL 440	Global Health: Interventions & Evaluations	3 or 4
GWS 454	Social Work with Women	3 or 4
HDFS 120	Intro to Family Studies	3
HDFS 208	Child and Family Inclusion: Disability, Health, and Diversity	3
HDFS 220	Families in Global Perspective	3
HDFS 225	Close Relationships	3
HDFS 301	Infancy & Early Childhood	4
HDFS 408	Hospitalized Children	3 or 4
HORT 430	Children and Nature	2
IB 105		3
IB 230	Pandemics	2
IB 361	Ecology and Human Health	3
LLS 201	US Racial & Ethnic Politics	3
LLS 230	Latina/o Genders & Sexualities	3
LLS 235	Race and the Politics of Reproduction	3
LLS 278	Mapping Latina/o Inequalities	3
LLS 310	Race and Cultural Diversity	4
LLS 368	Latinas/os & Public Policy	3
LLS 377	Prisons, Race, and Terror	3
LLS 387	Race, Gender and the Body	3
LLS 465	Race, Sex, and Deviance	3 or 4
LLS 468	Latinas/os & the Law	3 or 4
LLS 473	Immigration, Health & Society	3 or 4
LLS 479	Race, Medicine, and Society	3 or 4
NRES 287	Environment and Society	3
PSYC 201	Intro to Social Psych	3
PSYC 216	Child Psych	3
PSYC 238	Psychopathology and Problems in Living	3
PSYC 239	Community Psych	3
PSYC 340	Community Projects	4
PSYC 361	The Psychology of Aging	3
PSYC 451	Neurobio of Aging	0 to 4
PSYC 455	Organizational Psych	2 to 4
PSYC 465	Personality and Soc Dev	3 or 4
SOC 162		3
SOC 179		3
SOC 196	Issues in Sociology	3
SOC 202	Sexualities	3
SOC 270	Global Demography	3
SOC 273	Social Perspectives on the Family	3
SOC 274	Health, Illness and Society	3
SOC 275	Criminology	3
SOC 373	Social Inequality	3
SOC 473	Immigration, Health & Society	3 or 4
SOC 478	Geography of Health Care	3 or 4
SOCW 200	Introduction to Social Work	3
SOCW 300		3
SOCW 315	Social Work Services for Older Adults	3
SOCW 321	Social Entre & Social Change	3
SOCW 420	Subst Use in Social Context	3
SOCW 473	Immigration, Health & Society	3 or 4
SPED 117	The Culture of Disability	3
SPED 322	Introduction to Intellectual Disability	3
SPED 432	Multiple Disabilities	3
SPED 438	Collaboration with Diverse Families in Special Education	3 or 4
UP 260	Social Inequality and Planning	3

## Health Data and Technology

Code	Title	Hours
ACE 161	Computer Concepts & Applications	3
CS 102	Little Bits to Big Ideas	4
CS 105	Intro Computing: Non-Tech	3
CS 107	Data Science Discovery	4
INFO 202	Social Aspects Info Tech	3

## Programs in Health and Kinesiology

### Undergraduate Programs

#### Majors

- Community Health, BS (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/>)
  - optional concentrations
    - Community Health: Health Education, BS (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/health-education-promotion/>)
    - Community Health: Health Planning & Administration, BS (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs/health-planning-administration/>)
    - Community Health: Rehabilitation & Disability Studies, BS (p. 1)
- Kinesiology, BS (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs/>)
  - optional concentrations
    - Kinesiology: Teacher Certification, BS (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs/teacher-certification/>)
- Interdisciplinary Health Sciences, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/>)

- optional concentrations
  - Interdisciplinary Health Sciences: Health & Aging, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-aging/>)
  - Interdisciplinary Health Sciences: Health Behavior Change, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-behavior-change/>)
  - Interdisciplinary Health Sciences: Health Diversity, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-diversity/>)
  - Interdisciplinary Health Sciences: Health Technology, BS (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs/health-technology/>)

### Minors

- Disability Studies (<http://catalog.illinois.edu/undergraduate/ahs/minors/disability-studies/>)
- Health Administration (<http://catalog.illinois.edu/undergraduate/ahs/minors/health-administration/>)
- Health Technology, Interdisciplinary (<http://catalog.illinois.edu/undergraduate/ahs/minors/interdisciplinary-health-technology/>)
- Interdisciplinary Aging (<http://catalog.illinois.edu/undergraduate/ahs/minors/aging/>)
- Kinesiology (<http://catalog.illinois.edu/undergraduate/ahs/minors/kinesiology/>)
- Public Health (<http://catalog.illinois.edu/undergraduate/ahs/minors/public-health/>)

### Joint Programs

- Community Health, BS and Public Health, MPH (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs-public-health-mp/>)
- Community Health, BS and Epidemiology, MPH (<http://catalog.illinois.edu/undergraduate/ahs/community-health-bs-epidemiology-mp/>)
- Kinesiology, BS and Public Health, MPH (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs-public-health-mp/>)
- Kinesiology, BS and Epidemiology, MPH (<http://catalog.illinois.edu/undergraduate/ahs/kinesiology-bs-epidemiology-mp/>)
- Interdisciplinary Health Sciences, BS and Public Health, MPH (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs-public-health-mp/>)
- Interdisciplinary Health Sciences, BS and Epidemiology, MPH (<http://catalog.illinois.edu/undergraduate/ahs/interdisciplinary-health-sciences-bs-epidemiology-mp/>)

- Health Technology, MS (<http://catalog.illinois.edu/graduate/ahs/health-technology-ms/>)
- Kinesiology, MS (<http://catalog.illinois.edu/graduate/ahs/kinesiology-ms/>)
- Kinesiology, PhD (<http://catalog.illinois.edu/graduate/ahs/kinesiology-phd/>)
- Public Health, MPH (<http://catalog.illinois.edu/graduate/ahs/public-health-mp/>)

### Joint Programs

- Public Health, MPH & Community Health, PhD (<http://catalog.illinois.edu/graduate/ahs/joint-degree/public-health-mp-community-health-phd/>)
- Public Health, MPH & Food Science & Human Nutrition, PhD ([http://catalog.illinois.edu/graduate/aces\\_ahs/joint-degree/food-science-human-nutrition-phd-public-health-mp/](http://catalog.illinois.edu/graduate/aces_ahs/joint-degree/food-science-human-nutrition-phd-public-health-mp/))
- Public Health, MPH & Kinesiology, PhD (<http://catalog.illinois.edu/graduate/ahs/joint-degree/public-health-mp-kinesiology-phd/>)
- Public Health, MPH & Nutritional Science, PhD ([http://catalog.illinois.edu/graduate/aces\\_ahs/nutritional-science-phd-public-health-mp/](http://catalog.illinois.edu/graduate/aces_ahs/nutritional-science-phd-public-health-mp/))
- Public Health, MPH & Social Work, PhD ([http://catalog.illinois.edu/graduate/ahs\\_socw/joint-degree/public-health-mp-social-work-phd/](http://catalog.illinois.edu/graduate/ahs_socw/joint-degree/public-health-mp-social-work-phd/))
- Public Health, MPH & Urban Planning, MUP ([http://catalog.illinois.edu/graduate/ahs\\_faa/joint-degree/public-health-mp-urban-planning-mup/](http://catalog.illinois.edu/graduate/ahs_faa/joint-degree/public-health-mp-urban-planning-mup/))

for the Bachelor of Science in Community Health, Rehabilitation & Disability Studies Concentration

---

## Health and Kinesiology (<https://hk.illinois.edu/>)

Health and Kinesiology Faculty (<https://hk.illinois.edu/directory/>)

## College of Applied Health Sciences

Applied Health Sciences College Catalog page (<http://catalog.illinois.edu/schools/ahs/academic-units/>)

Applied Health Sciences College website (<http://www.ahs.illinois.edu/>)

---

## Graduate Programs

### Majors

- Community Health, MS (<http://catalog.illinois.edu/graduate/ahs/community-health-ms/>)
- Community Health, PhD (<http://catalog.illinois.edu/graduate/ahs/community-health-phd/>)
- Epidemiology, MPH (<http://catalog.illinois.edu/graduate/ahs/epidemiology-mp/>)
- Health Administration, MHA (<http://catalog.illinois.edu/graduate/ahs/health-administration-mha/>)