

COUNSELING PSYCHOLOGY (COUN PSY)

COUN PSY 101 – ACADEMIC ENHANCEMENT SEMINAR

1 credit.

Introduction to and development of new skills and behaviors to assist with academic and personal goals. Focus on social competencies, values clarification, and problem-solving to support short- and long-term goals for students on academic probation.

Requisites: Consent of instructor

Repeatable for Credit: No

Last Taught: Fall 2025

Learning Outcomes: 1. Identify personal and academic strengths and obstacles.

Audience: Undergraduate

2. Identify and solve problems using self-reflective processes.

Audience: Undergraduate

3. Apply specific techniques and skills to set and meet academic and personal goals.

Audience: Undergraduate

4. Demonstrate an understanding of campus resources and systems of academic support.

Audience: Undergraduate

5. Write self-reflective assessments of academic processes and university experiences.

Audience: Undergraduate

6. Evaluate academic priorities and develop change strategies for academic success.

Audience: Undergraduate

COUN PSY 105 – HUMAN RESOURCES DEVELOP: AWARENESS PROCESSES-CNSL&GUID PERSPECTIVE

1 credit.

Didactic and experiential learning and exploration to provide basic understanding of inter- and intrapersonal relations. Topics include values clarification, information acquisition, skill acquisition, human relations, self-understanding, self-development, and self-evaluation.

Requisites: None

Repeatable for Credit: Yes, unlimited number of completions

Last Taught: Spring 2026

COUN PSY 110 – HUMAN RESOURCES DEVELOPMENT: CAREER STRATEGIES

1 credit.

Exploration and vocational development through didactic and experiential learning. Career education concerns the place and value of work in the individual's life span and style--development and assessment of self, an understanding of the world of work, and facilitation of decision-making, planning, and preparation.

Requisites: None

Repeatable for Credit: Yes, unlimited number of completions

Last Taught: Spring 2026

COUN PSY 115 – HUMAN RESOURCES DEVELOPMENT: EDUCATIONAL EFFECTIVENESS

1 credit.

Exploration of personal, institutional, and community resources that optimize academic success and persistence. Utilizes didactic and experiential methods to develop higher level learning, skill, and understanding.

Requisites: None

Repeatable for Credit: Yes, unlimited number of completions

Last Taught: Spring 2026

COUN PSY/ASIAN/ED PSYCH/PSYCH 120 – THE ART AND SCIENCE OF HUMAN FLOURISHING

3 credits.

Explore perspectives related to human flourishing from the sciences and humanities; investigate themes such as transformation, resilience, compassion, diversity, gratitude, community; expand self-awareness, enhanced social connectivity, and ability to change; formulate a sense of what it means to lead a flourishing life that sustains meaningful and fulfilling engagement with studies, relationships, community, and career.

Requisites: None

Course Designation: Breadth - Either Humanities or Social Science Level - Elementary

L&S Credit - Counts as Liberal Arts and Science credit in L&S

Repeatable for Credit: No

Last Taught: Spring 2026

Learning Outcomes: 1. Analyze and describe the relevant concepts and theories on the nature and cultivation of human flourishing from multiple intellectual fields including psychology, neuroscience, anthropology, philosophy, and religious studies.

Audience: Undergraduate

2. Describe and engage with the many dimensions of flourishing, and the various extrinsic and intrinsic factors influencing them.

Audience: Undergraduate

3. Formulate an account of human flourishing.

Audience: Undergraduate

4. Employ contemplative practices in an inquiry that cultivates qualities of human flourishing from within.

Audience: Undergraduate

5. Integrate contemplative practice and knowledge of course materials in order to establish a foundation for flourishing in your life and the communities in which you live.

Audience: Undergraduate

COUN PSY 125 – THE WISCONSIN EXPERIENCE SEMINAR

1 credit.

Examine transition to UW-Madison through exploration of the research university and the Wisconsin Experience. A variety of texts, including a novel and textbook, will provide a context for discussion, writing, and experiential assignments.

Requisites: First year students or first year transfer students only

Course Designation: Level - Elementary

L&S Credit - Counts as Liberal Arts and Science credit in L&S

Repeatable for Credit: No

Last Taught: Spring 2026

Learning Outcomes: 1. Appraise the history, culture, and mission of UW-Madison and how those shared reference points may influence your Wisconsin Experience

Audience: Undergraduate

2. Engage with campus resources and opportunities to develop habits that support academic success and psychosocial well-being

Audience: Undergraduate

3. Analyze the multiple dimensions of social identity and how those dimensions impact your and others' experiences at UW-Madison

Audience: Undergraduate

4. Define and design goals to practice Relentless Curiosity, Purposeful Action, Humility and Empathy, and Intellectual Confidence throughout your college experiences

Audience: Undergraduate

5. Plan how you will connect with and contribute to the UW-Madison and greater Madison community during your undergraduate career

Audience: Undergraduate

COUN PSY 200 – LGBTQ+ PEOPLE AND MENTAL HEALTH EQUITY

3 credits.

Theories and research concerning the reasons for sexuality and gender mental health disparities; the significance of contemporary and historical debates over inequality; policies and practices to reduce inequality in health care for LGBTQ+ people.

Requisites: None**Course Designation:** Breadth - Social Science

Level - Elementary

L&S Credit - Counts as Liberal Arts and Science credit in L&S

Repeatable for Credit: No**Learning Outcomes:** 1. Critically analyze and evaluate psychological research, policies, and practice in relation sexuality, gender, and inequality in the U.S.

Audience: Undergraduate

2. Analyze the role of health care systems in relation to broader LGBTQ+ inequalities and intersecting systems of oppression, with an understanding of history's impact on present institutional issues

Audience: Undergraduate

3. Connect course concepts and ideas to other courses and to current events, recognizing and questioning one's own assumptions and those of others in the process

Audience: Undergraduate

4. Draw from course concepts to critically reflect upon and analyze one's own personal educational experiences and academic trajectory

Audience: Undergraduate

5. Clearly communicate (in both oral and written form) key course concepts of LGBTQ+ mental health equity to lay audiences.

Audience: Undergraduate

COUN PSY 225 – INTERSECTIONALITIES, SELF AWARENESS, AND SOCIAL ACTIONS FOR SOCIAL CHANGE

3 credits.

An introduction to the intersectionality framework in the United States to enhance skills necessary for culturally responsive awareness and interactions, with specific emphasis on how to think critically about and hold multiple perspectives and how to prepare for service learning. In addition to learning how contexts and social histories matter to situate an understanding of experience, develop self-awareness and understanding of social location as well as learn how contextual factors shape identity, opportunities, and barriers for others. Relevant for all students of different identities, backgrounds, and experiences, who are interested in developing their awareness, knowledge and skills with multiculturalism and diversity.

Requisites: None**Course Designation:** Ethnic St - Counts toward Ethnic Studies requirement

Breadth - Social Science

Level - Elementary

L&S Credit - Counts as Liberal Arts and Science credit in L&S

Repeatable for Credit: No**Last Taught:** Spring 2026**Learning Outcomes:** 1. Define and understand intersectionality

Audience: Undergraduate

2. Engage and hold different perspectives

Audience: Undergraduate

3. Develop an understanding of how history, context, and group identities are linked

Audience: Undergraduate

4. Reflect on one's own cultural processes as they define one's identity and sense of self and examine one's own beliefs and attitudes

Audience: Undergraduate

5. Engage in critical dialogue with others about cultural issues, identities, and contemporary social issues within different social context

Audience: Undergraduate

6. Develop capacity to listen, ask questions, and explore differences of opinions and perspectives

Audience: Undergraduate

7. Explore the initial processes of how to resolve differences of opinions in a civil manner

Audience: Undergraduate

8. Explore the initial processes of repairing cultural misunderstandings or gaffes

Audience: Undergraduate

9. Engage in service learning with populations different from oneself

Audience: Undergraduate

COUN PSY 230 – RACE AND THE DEVELOPING CHILD

3 credits.

Children's psychological experience of racial, ethnic and cultural (REC) status, development of their understandings of REC, and implications of this development for discussing, dialoguing, and working with REC diversity with an emphasis on educational contexts.

Requisites: None

Course Designation: Ethnic St - Counts toward Ethnic Studies requirement

Breadth - Social Science

Level - Elementary

L&S Credit - Counts as Liberal Arts and Science credit in L&S

Repeatable for Credit: No

Last Taught: Fall 2025

Learning Outcomes: 1. Apply developmental frameworks to understand children's conceptions of social worlds with a focus on racial, ethnic, and cultural contexts

Audience: Undergraduate

2. Identify differences in socialization goals across ethnic and racial groups as well as differences across generational and cultural roots in child socialization

Audience: Undergraduate

3. Develop sensitivity to the nature and expressions of racial, ethnic, and cultural bias targeting children and youth

Audience: Undergraduate

4. Acquire knowledge about cultural assumptions and bias and how various racial, ethnic and cultural (REC) scripts are enacted, and how assumptions, bias, and scripts may be different from those of other REC groups

Audience: Undergraduate

5. Gain exposure to Chican@/Latin@ Studies by contextualizing learning with Latinx populations

Audience: Undergraduate

COUN PSY 237 – MENTAL HEALTH, SELF-AWARENESS, AND SOCIAL JUSTICE: WORKING IN DIVERSE COMMUNITIES

3 credits.

Designed to increase knowledge, awareness, and skills of students interested in working on mental health matters within diverse identity groups and communities. Conceptualize mental health and well-being across communities in terms of (a) intersectional identities (individual and groups), (b) mental health and access and utilization of services, and (c) social determinants of health in different contexts and settings. Engage in reflective exercises to understand how their social identities influence their work in different types of communities.

Requisites: None

Course Designation: Ethnic St - Counts toward Ethnic Studies requirement

Breadth - Social Science

Level - Elementary

L&S Credit - Counts as Liberal Arts and Science credit in L&S

Repeatable for Credit: No

Last Taught: Spring 2026

Learning Outcomes: 1. Examine the complex intersections of well-being, mental health, and various social locations (e.g., race, class, gender, sexual orientation, socioeconomic status, religion, spirituality, (dis)ability, generation, language, nationality)

Audience: Undergraduate

2. Engage in reflective processes to develop awareness of self and other within the context of theory, research, and best practices for and within communities (broadly defined) and in relation to various social locations

Audience: Undergraduate

3. Examine the ways in which systems of the personal, psychological, social, cultural, contextual, and institutional influence well-being and mental health across communities

Audience: Undergraduate

4. Examine western concepts of mental health through the lens of other cultures and cultural nosologies and develop a critical cultural understanding of western concepts

Audience: Undergraduate

5. Examine culturally-specific expressions of distress

Audience: Undergraduate

6. Engage in reflective exercises to understand how student's social locations may influence their work across different communities given their own sociocultural positionality

Audience: Undergraduate

7. Examine U.S. mental health equity and disparities across communities and contexts

Audience: Undergraduate

8. Examine ethical considerations in mental health practices across communities

Audience: Undergraduate

COUN PSY 300 – SPECIAL TOPICS: COUNSELING AND COUNSELING PSYCHOLOGY

1-4 credits.

Examines various special topics in Counseling and Counseling Psychology. Students need to submit an application and have sophomore standing in order to be considered for this class.

Requisites: Consent of instructor

Repeatable for Credit: Yes, unlimited number of completions

Last Taught: Spring 2026

COUN PSY 325 – SEMINAR: STUDENTS SEEKING EDUCATIONAL EQUITY AND DIVERSITY (SEED)

3-4 credits.

Use personal experiences, readings, and discussions as frameworks for interrogating social, cultural, and political inequities. Engage in dialogues and experiential activities about social differences to promote critical consciousness and intercultural competence across disciplines.

Requisites: Sophomore standing

Repeatable for Credit: No

Last Taught: Spring 2023

Learning Outcomes: 1. Participate in the process of co-creating a dialogue-based learning community

Audience: Undergraduate

2. Reflect on and engage with complexities of socialization and social group membership, especially as they relate to the UW campus and Madison community

Audience: Undergraduate

3. Examine how differential power manifests at individual, institutional, and systemic levels

Audience: Undergraduate

4. Practice critical dialogue and community-building skills across difference

Audience: Undergraduate

5. Apply knowledge, experiences, and skills gain through the course in current and future academic and/or work environments

Audience: Undergraduate

COUN PSY/CHICLA 331 – IMMIGRANT HEALTH AND WELLBEING

3 credits.

Develop an understanding of immigrant health in the United States from the perspective of social and structural determinants. Applies concepts to a comprehensive framework for the development of health. Describes health assets and risks for specific vulnerable immigrant groups, such as women, children, and undocumented individuals and mixed immigration status families. Provides guidelines for improving immigrant access to quality health care, including language services, provider competence, policy and organizational supports, and community-based collaboration, advocacy, and research.

Requisites: Sophomore standing

Course Designation: Ethnic St - Counts toward Ethnic Studies requirement

Breadth - Social Science

Level - Intermediate

L&S Credit - Counts as Liberal Arts and Science credit in L&S

Repeatable for Credit: No

Last Taught: Fall 2025

Learning Outcomes: 1. Demonstrate knowledge of nature of health and well-being as well as concomitant risks for immigrant populations

Audience: Undergraduate

2. Examine the nature of social determinants and the pathways by which they influence health and well-being among immigrant populations

Audience: Undergraduate

3. Synthesize academic and public health data to provide an informed summary of health status of immigrants across domains of mental and physical health and disorders

Audience: Undergraduate

4. Survey personal, interpersonal, familial, and community contributors to health, well-being, resilience, healing/recovery, and disability across sociological contexts of immigrants

Audience: Undergraduate

5. Analyze public policy and health initiatives that address the health concerns specific to immigrant populations

Audience: Undergraduate

6. Identify skills, experiences, training, qualifications, and personal/ethical/professional standards involved in careers supporting health and well-being of immigrant populations

Audience: Undergraduate

COUN PSY 332 – GENDER AND QUEER ISSUES IN PSYCHOLOGY

3 credits.

Explore history, theory, and research related to the psychology of gender and sexuality. A feminist approach is used to deconstruct gender and sexuality within the field of psychology and other mental health fields. Discussions include challenging the current system of psychology, while also integrating concepts to work within the system. An applied approach is used to encourage participation in activities to integrate activism and knowledge into professional identity, bringing in experiences from field placements, internship, and/or places of employment.

Requisites: Sophomore standing

Course Designation: Breadth - Social Science

Level - Intermediate

L&S Credit - Counts as Liberal Arts and Science credit in L&S

Repeatable for Credit: No

Last Taught: Summer 2025

Learning Outcomes: 1. Integrate an understanding of definitions, terms, and labels related to gender and/or queer identities.

Audience: Undergraduate

2. Increase knowledge about mental health concerns and psychological treatments for trans, lesbian, gay, bisexual, pansexual, queer, polyamorous, and questioning individuals.

Audience: Undergraduate

3. Understand the theoretical underpinnings of queer and gender psychological theories.

Audience: Undergraduate

4. Increase awareness and knowledge of the diversity within LGBTQ populations.

Audience: Undergraduate

5. Integrate cross-cultural considerations with LGBTQ populations.

Audience: Undergraduate

COUN PSY 333 – ASIAN AMERICAN PSYCHOLOGY

3 credits.

Examines the personality and mental health issues of Asian Americans. Special emphasis is given to how minority group status, adaptation processes, and bicultural development influence various aspects of psychological functioning. Specific topics include stereotypes and racism, acculturation and enculturation, cultural values/behavioral norms, family roles, ethnic identity development, communication styles, gender and interracial relationships, academic and career achievement, stressors and social support systems within Asian communities, psychopathology, and culturally competent mental health treatment and service delivery.

Requisites: Sophomore standing

Course Designation: Ethnic St - Counts toward Ethnic Studies requirement

Breadth - Social Science

Level - Intermediate

L&S Credit - Counts as Liberal Arts and Science credit in L&S

Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Summer 2022

Learning Outcomes: 1. Demonstrate knowledge of one or more methodologies pertaining to Asian American psychological research.

Audience: Both Grad & Undergrad

2. Demonstrate knowledge of one or more theoretical approaches as it pertains to Asian American psychological research.

Audience: Both Grad & Undergrad

3. Synthesize and apply social science concepts.

Audience: Both Grad & Undergrad

4. Demonstrate knowledge of understanding of issues related to Asian American psychology from multiple perspectives.

Audience: Both Grad & Undergrad

5. Articulate how the past has affected present day circumstances regarding race and racial inequalities in the U.S.

Audience: Both Grad & Undergrad

6. Recognize and question cultural assumptions and knowledge claims as they relate to race and ethnicity.

Audience: Both Grad & Undergrad

7. Demonstrate self-awareness and empathy toward the cultural perspectives and worldviews of others.

Audience: Both Grad & Undergrad

8. Apply course concepts to their lives outside the classroom by respectfully participating in our multicultural society.

Audience: Both Grad & Undergrad

9. Demonstrate advanced application of new skills and information to significant issues related to Asian American psychology.

Audience: Graduate

10. Demonstrate an ability to pose questions, facilitate discussions, critically think about Asian American psychology as a past, present, and future construct.

Audience: Graduate

COUN PSY 334 – BLACK PSYCHOLOGY

3 credits.

A critical analysis of the experiences of Black people through the lens of psychology and the role of advocacy rooted in the establishment of the field of Black psychology. Explore a broad range of topics relating to Black people experiences in the United States including the history of Black Psychology, Black identity development, intersectionality theory, gender, as well as Black advocacy. Special emphasis will be given to acknowledging the sociohistorical and political contexts of Black people in the diaspora and how time and space impacts how psychologists study the well-being and psychological outcomes of Black people, understanding positionality, and envisioning the future of Black psychology.

Requisites: Sophomore standing**Course Designation:** Ethnic St - Counts toward Ethnic Studies requirement

Breadth - Social Science

Level - Intermediate

L&S Credit - Counts as Liberal Arts and Science credit in L&S

Repeatable for Credit: No**Last Taught:** Summer 2025**Learning Outcomes:** 1. Analyze ideas, arguments, and points of view related to the sociohistorical and political contexts of the field Black Psychology

Audience: Undergraduate

2. Identify various theories and tensions in the psychological study of Black people within the US and the larger Black diaspora

Audience: Undergraduate

3. Articulate how the experiences of multiple dimensions of oppression influence various psychological processes, including identity development, well-being, and health outcomes

Audience: Undergraduate

4. Demonstrate self-awareness of positionality in engaging with Black psychology research

Audience: Undergraduate

5. Examine the knowledge production in Black Psychology by understanding how lived experiences of researchers and activists impact their positions on the study of Black People

Audience: Undergraduate

6. Critically engage with the advocacy inherent in the field of Black Psychology development and ongoing throughout study Black folk in psychology

Audience: Undergraduate

COUN PSY 335 – BODY IMAGE AND EATING DISORDERS IN THE HELPING PROFESSIONS

3 credits.

Frameworks, concepts, and practical approaches to support individuals of all body sizes, with a particular focus on those grappling with eating disorders and body image concerns. Critical topics such as the pervasive issue of weight bias; the complex relationship between identity, culture, and body image; the limitations and strengths of the medical model in treating eating disorders; the principles of Health at Every Size (HAES) and intuitive eating (IE); and the powerful role of advocacy and activism in challenging societal norms on small and large scales.

Requisites: Sophomore standing**Course Designation:** Breadth - Social Science

Level - Intermediate

L&S Credit - Counts as Liberal Arts and Science credit in L&S

Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No**Last Taught:** Summer 2025**Learning Outcomes:** 1. Define anti-fat bias, fatphobia, and healthism.

Audience: Both Grad & Undergrad

2. Identify key areas in which oppression against fat people permeates contexts across society.

Audience: Both Grad & Undergrad

3. Compare norms and experiences around food and body across cultural contexts and identities.

Audience: Both Grad & Undergrad

4. Recognize the racist roots of fatphobia.

Audience: Both Grad & Undergrad

5. Describe how intersectionality and one's positionality are relevant in the fight for fat liberation.

Audience: Both Grad & Undergrad

6. Summarize the principles of the Health at Every Size (HAES) movement and Intuitive Eating (IE).

Audience: Both Grad & Undergrad

7. Summarize the eating disorders listed with the DSM 5-TR and critique the criteria for these disorders based on the information in other course readings and lived experience.

Audience: Both Grad & Undergrad

8. Compare and contrast medical and HAES/IE frameworks for conceptualizing and treating concerns related to body image and disordered eating.

Audience: Both Grad & Undergrad

9. Assess the connection between fatphobia, anti-fat bias and the perpetuation of body image concerns and disordered eating. Identify the institutions within society that profit from this relationship.

Audience: Both Grad & Undergrad

10. Develop a project at UW Madison to advocate on behalf of people struggling with challenges related to food security, disordered eating, body image, or anti-fat bias.

Audience: Both Grad & Undergrad

11. Integrate course materials and concepts with current academic emphasis and scholarship.

Audience: Graduate

COUN PSY 371 – PSYCHOLOGY OF SUICIDE

3 credits.

Provides a theoretical and research framework for understanding suicide, to develop understanding of the experiences of those who are suicidal, and to introduce prevention, assessment, and treatment approaches.

Topics will include common myths related to suicide, and research challenging those myths; suicide assessment, intervention, and prevention strategies; suicide bereavement; ethical and legal issues related to suicide; and the experiences of populations disproportionately affected by suicide.

Requisites: Sophomore standing

Course Designation: Breadth - Social Science

Level - Intermediate

L&S Credit - Counts as Liberal Arts and Science credit in L&S

Repeatable for Credit: No

Last Taught: Spring 2026

Learning Outcomes: 1. Apply and integrate knowledge from the course, including theory and research, to explain why people attempt and die from suicide

Audience: Undergraduate

2. Use current, precise, and respectful suicide-related terminology

Audience: Undergraduate

3. Analyze a scenario to recognize individuals at risk for suicide, and know how to respond appropriately and respectfully

Audience: Undergraduate

4. Identify populations disproportionately affected by suicide, and describe some contributing factors

Audience: Undergraduate

5. Describe evidence-based suicide prevention and treatment approaches

Audience: Undergraduate

6. Evaluate the impact of suicide at the individual/familial, societal, and global levels

Audience: Undergraduate

7. Evaluate some of the ethical and legal issues related to suicide and suicide prevention

Audience: Undergraduate

8. Critically evaluate and discuss major issues and controversies within the field, and identify gaps in research

Audience: Undergraduate

COUN PSY 372 – PSYCHOLOGY OF MINDFULNESS

3 credits.

An academic and experiential introduction to mindfulness meditation framed within the perspective of psychology is provided. Scientific research and modern meditation instructions that have formed the basis of a variety of secular mindfulness-based interventions are reviewed.

Readings will adopt a variety of perspectives and methodologies, including conceptual/theoretical work, clinical trials, review articles including meta-analyses (i.e., aggregating findings across studies), and measurement-oriented studies. Key topics include: Buddhist and historical underpinnings of secular mindfulness-based stress reduction (MBSR) and similar interventions (e.g., lovingkindness and compassion-based meditation), and empirical literature pertaining to neuroscientific and clinical effects of mindfulness training and related interventions.

Requisites: PSYCH 202, KINES 150, RP & SE 505, COUN PSY 237 or 531

Course Designation: Breadth - Social Science

Level - Intermediate

L&S Credit - Counts as Liberal Arts and Science credit in L&S

Repeatable for Credit: No

Last Taught: Spring 2026

Learning Outcomes: 1. Gain an experiential understanding of mindfulness and its psychological underpinnings

Audience: Undergraduate

2. Become familiar with interventions that have been developed based on mindfulness

Audience: Undergraduate

3. Gain familiarity with the scientific literature pertaining to these interventions

Audience: Undergraduate

COUN PSY 500 – RADICAL HEALING AND ETHICS OF BILINGUAL LATINX TRAINING

1 credit.

Provide the philosophical foundations and ethical considerations for delivering culturally- and linguistically-appropriate mental health support to multilingual Latinx communities. Build a foundational knowledge of liberatory philosophy, community-engaged work that promotes radical healing, review the ethical codes relevant to their field of study, and discuss how professional values and ethical mandates relate to Latinx cultural values and multilingual psychological service delivery.

Requisites: Graduate/professional standing

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Spring 2024

Learning Outcomes: 1. Acquire knowledge of liberation psychology, decolonization frameworks, radical healing, and strengths-based approaches to working with Latinx populations

Audience: Graduate

2. Understand the historical and current sociopolitical context that influences psychologically-based bilingual (Spanish/English) service provision to Latinxs as a broad, heterogeneous cultural and ethnic group

Audience: Graduate

3. Learn about the effects of colonization, migration, racism, and racial trauma in facilitating healing with multilingual Latinx populations

Audience: Graduate

4. Examine the ethical standards of helping professions and understand how they relate to broader Latinx values, belief systems and cultural practices

Audience: Graduate

5. Develop cultural humility and self-reflection on student's role in intervening with Latinxs

Audience: Graduate

COUN PSY/CHICLA 525 – DIMENSIONS OF LATIN@ MENTAL HEALTH SERVICES

3 credits.

Provides training for students who aspire to one of the helping, health, or mental health professions and who currently work or who envision themselves working with Latin@ populations. Provides important frameworks for working with Latin@s, including cultural, spiritual, linguistic and historical features relevant to this population and begin to apply their knowledge in service learning placements.

Requisites: Junior standing or 6 credits of CHICLA

Course Designation: Ethnic St - Counts toward Ethnic Studies requirement

Breadth - Social Science

Level - Advanced

L&S Credit - Counts as Liberal Arts and Science credit in L&S

Repeatable for Credit: No

Last Taught: Spring 2025

Learning Outcomes: 1. Acquire knowledge of the social, cultural, linguistic, spiritual, ethnic, and racial diversity within Latinx communities

Audience: Undergraduate

2. Develop sensitivity to the forms of bias and discrimination that have historically and continue to impact Latinx communities

Audience: Undergraduate

3. Increase awareness of the strengths and barriers in social services for the Latinxs communities

Audience: Undergraduate

4. Increase skills to address social justice, advocacy, and cultural responsiveness in the context of Latinx communities

Audience: Undergraduate

5. Reflect on students' own social identities and the implications of those identities and identity intersections when serving in Latinx communities

Audience: Undergraduate

COUN PSY 531 – PREVENTION AND INTERVENTION IN MENTAL HEALTH ACROSS THE LIFESPAN

3 credits.

Introduction to mental health concerns and wellbeing, protective and risk factors, and the design and outcomes of evidence-based intervention and prevention programs to promote behavioral and emotional wellbeing across the lifespan. Focus on individual, family, and community health, with particular attention to socioeconomic, cultural, social, and structural mechanisms. Provides an overview of mental health outcomes and prevention programs or interventions aimed to prevent or ameliorate mental illness and distress, and promote positive mental health across the lifespan, including description of issues related to the design, implementation, and evaluation of prevention and intervention programs.

Requisites: KINES 150

Course Designation: Breadth – Social Science

Level – Advanced

L&S Credit – Counts as Liberal Arts and Science credit in L&S

Repeatable for Credit: No

Last Taught: Spring 2026

Learning Outcomes: 1. Describe behavioral, emotional, and drug use problems, as well as psychological resilience and well-being.

Audience: Undergraduate

2. Explain underlying mental health mechanisms and influences.

Audience: Undergraduate

3. Discuss how prevention and intervention programs are classified and conceptualized.

Audience: Undergraduate

4. Use a human development framework to examine outcomes and types of prevention and intervention programs.

Audience: Undergraduate

5. Evaluate the design and implementation of prevention and intervention programs.

Audience: Undergraduate

6. Consider dissemination, policy, advocacy, and collaboration through an interdisciplinary and social justice prevention framework.

Audience: Undergraduate

COUN PSY 550 – STRENGTHENING LATINXS

3 credits.

Develop proficiency in conducting basic psychotherapeutic helping skills in Spanish through role-plays and specialized training that integrates Latinx psychological theories into practical clinical interventions. Demonstrate advanced Spanish proficiency on ACTFL Proficiency Placement Exam

Requisites: Consent of instructor

Course Designation: Grad 50% – Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Summer 2024

Learning Outcomes: 1. Discuss characteristics and behaviors that influence helping processes with Latinxs, including individual, cultural, social, political and historical factors

Audience: Graduate

2. Learn basic attentional and interviewing skills in Spanish such as asking questions, paraphrasing, reflecting content and feeling, summarizing, and clarifying

Audience: Graduate

3. Understand how to adapt interviewing abilities to individual differences and incorporate Latinx-centered values and practices

Audience: Graduate

4. Learn how to gather clinical information and complete an initial diagnostic interview in Spanish

Audience: Graduate

5. Understand how to effectively use supervision and consultation in Spanish

Audience: Graduate

6. Develop self-awareness and self-assessment of one's role in psychological service provision with Spanish-speaking Latinxs

Audience: Graduate

COUN PSY 575 – LATINX FOUNDATIONAL PRACTICUM: CASE CONCEPTUALIZATION

1 credit.

Examine the mental health treatment and practice implications of working with Spanish-speaking Latinxs through a culturally affirming, linguistically appropriate, and strengths-based approach. Evaluate different counseling strategies and develop skills to understand and assess Latinx mental health to appropriately guide treatment. Foster reflexivity and examine one's own sociopolitical positionality and influence on the process of psychotherapy with Latinxs.

Requisites: COUN PSY/CHICLA 525 and COUN PSY 550

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Spring 2025

Learning Outcomes: 1. Develop culturally affirming and linguistically appropriate case conceptualization skills with Spanish-speaking Latinxs.

Audience: Graduate

2. Demonstrate skills to solicit information to inform culturally congruent and strengths-based understanding of Latinx clients' presenting concerns.

Audience: Graduate

3. Evaluate your theoretical approach to counseling and culturally tailor to increase psychotherapeutic effectiveness with Latinxs.

Audience: Graduate

4. Engage in group supervision that facilitates critical self-reflection of your role in counseling Latinxs and provides feedback to peers.

Audience: Graduate

5. Demonstrate understanding of your implicit cultural assumptions and how those influence your case conceptualization, interactions with clients and colleagues, and understanding of the therapeutic process.

Audience: Graduate

COUN PSY 580 – LATINX ADVANCED PRACTICUM: TREATMENT PLANNING & INTERVENTIONS

1 credit.

Examine the mental health treatment and practice implications of working with Spanish-speaking Latinxs through a culturally affirming, linguistically appropriate, and strengths-based approach. Evaluate different counseling strategies and develop skills to understand and assess Latinx mental health to appropriately guide treatment. Foster reflexivity and examine one's own sociopolitical positionality and influence on the process of psychotherapy with Latinxs.

Requisites: COUN PSY 575

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Spring 2025

Learning Outcomes: 1. Develop skills to solicit information to inform culturally congruent and strengths-based treatment goals and counseling strategies with Latinxs.

Audience: Graduate

2. Demonstrate culturally affirming and linguistically appropriate case conceptualization skills and treatment interventions with Spanish-speaking Latinxs.

Audience: Graduate

3. Facilitate critical self-reflection of your role in counseling Latinxs and provide feedback to peers.

Audience: Graduate

4. Demonstrate an advanced understanding of your implicit cultural assumptions and how those influence your case conceptualization, treatment interventions, interactions with clients and colleagues, and overall understanding of the therapeutic process.

Audience: Graduate

COUN PSY/CHICLA 590 – ESPERANZA COMMUNITY-ENGAGED RESEARCH WITH LATINES

3 credits.

Introduction to the development and implementation of community-engaged research and programming for Latine populations with "Esperanza," an innovative university-community partnership with Centro Hispano of Dane County. Community-engaged research draws on interdisciplinary research and practice across education, psychology and public health that seeks to disrupt, mitigate, and eliminate mental health disparities among local Latine populations. Learn the principles of community-engaged research and apply them through the development of mutually beneficial, reciprocal, effective, equitable, and justice-oriented community-university projects.

Requisites: CHICLA/COUN PSY 525 or graduate/professional standing
Course Designation: Ethnic St - Counts toward Ethnic Studies requirement

Level - Advanced

L&S Credit - Counts as Liberal Arts and Science credit in L&S

Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: Yes, for 2 number of completions

Learning Outcomes: 1. Identify guiding principles of community-engaged research with Latines based on the social, cultural, linguistic, and historical influences on this population.

Audience: Both Grad & Undergrad

2. Develop equitable, effective, and culturally informed collaborations with Latine-serving community partners.

Audience: Both Grad & Undergrad

3. Apply principles of community-engaged scholarship to develop and implement projects that promote health equity and justice through a strengths-based approach for local Latine communities.

Audience: Both Grad & Undergrad

4. Relate the content and course skills to an interdisciplinary health profession role of scientist-practitioner-advocates to promote effective research with culturally diverse populations.

Audience: Both Grad & Undergrad

5. Integrate trauma-informed scholarly peer-reviewed publication with healing-centered Latine and indigenous epistemologies

Audience: Graduate

COUN PSY 601 – BEST PRACTICES IN COMMUNITY-ENGAGED SCHOLARSHIP

2 credits.

Community-engaged scholarship (CES) captures a broad understanding of the possibilities to learn, teach, and do research through academic-community collaboration. CES encompasses the interaction known as "service-learning" or "community-based learning" (CBL) as well as complex models of academic-community engagement known as "community-based research" or "participatory action research." Staff members from the Morgridge Center for Public Service (MCPS) will introduce the concepts and models of CES, discuss the importance of building and maintaining community relationships, identify challenges and solutions in implementing CES, and assist you in creating your own course, project, or proposal.

Requisites: Graduate/professional standing

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Fall 2025

Learning Outcomes: 1. Understand and evaluate different models of community-engaged teaching and research

Audience: Graduate

2. Apply theoretical models of community-engaged scholarship in practice

Audience: Graduate

3. Develop or continue mutually beneficial, reciprocal relationships with community partners

Audience: Graduate

4. Understand how to evaluate community-based teaching and research

Audience: Graduate

5. Develop awareness of resources available to you related to community-engaged scholarship at UW-Madison

Audience: Graduate

6. Create actionable ways to integrate community-engaged scholarship into your research, teaching, and/or service portfolio as a graduate student and beyond

Audience: Graduate

COUN PSY 620 – SPECIAL TOPICS IN COUNSELING AND GUIDANCE

1-6 credits.

Instruction and/or practice in specialized counseling approaches, strategies, and techniques; working with various populations of clients served by counselors.

Requisites: Consent of instructor

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: Yes, unlimited number of completions

Last Taught: Spring 2026

COUN PSY 650 – THEORY AND PRACTICE IN INTERVIEWING

3 credits.

Theoretical bases for conducting interviews; types of interviewing; introduction to counseling and interviewing techniques. Limited opportunity to practice.

Requisites: Junior standing

Course Designation: Breadth – Social Science
Level – Advanced

L&S Credit – Counts as Liberal Arts and Science credit in L&S

Repeatable for Credit: No

Last Taught: Summer 2019

Learning Outcomes: 1. Increase awareness of one's self as a cultural being in order to understand and engage in effective communication
Audience: Undergraduate

2. Gain familiarity with research and theory on communication
Audience: Undergraduate

3. Become familiar with your own communication style and how it applies in different types of interviews
Audience: Undergraduate

4. Practice basic communication skills of active listening, effective questioning, empathy, and letting others know you understand their point of view
Audience: Undergraduate

5. Conduct video-recorded practice interviews and evaluate your performance
Audience: Undergraduate

6. Develop understanding of the goals and techniques utilized in different types of interviews
Audience: Undergraduate

COUN PSY 655 – CLINICAL COMMUNICATION SKILLS

3 credits.

Designed to help students develop an understanding of the clinical communication process, introduce applications of this process in a variety of contexts, and practice and develop clinical communication skills. Gain familiarity with research and theory on communication in a variety of clinical settings. Provides didactic and experiential training in developing basic competencies in clinical communication and listening skills, including personal and cultural characteristics that impact the communication process.

Requisites: Not open to students with credit for COUN PSY 650

Course Designation: Breadth – Social Science
Level – Advanced

L&S Credit – Counts as Liberal Arts and Science credit in L&S

Repeatable for Credit: No

Last Taught: Spring 2026

Learning Outcomes: 1. Demonstrate familiarity with research and theory on communication in a variety of clinical settings.
Audience: Undergraduate

2. Engage in critical self-reflection and gain an increased awareness of how your personal style and cultural characteristics influence your interpersonal and communication interactions.
Audience: Undergraduate

3. Demonstrate basic communication skills of active listening, effective questioning, reflective listening, and empathy.
Audience: Undergraduate

4. Demonstrate comfort and competence in dealing with client emotion.
Audience: Undergraduate

5. Conduct video-recorded practice interviews and evaluate your performance in demonstrating intentional use of a repertoire of communication skills.
Audience: Undergraduate

6. Demonstrate the ability to give and receive feedback.
Audience: Undergraduate

7. Increase ability to successfully develop and manage professional relationships with clients/patients, colleagues, and others.
Audience: Undergraduate

COUN PSY 665 – CAREER DEVELOPMENT THROUGHOUT THE LIFE SPAN

3 credits.

We are all engaged with, and affected by, the world of work. Career development is a lifelong process that includes tasks and decision-making related to: selecting our dream job at age five, planning our major in college, transitioning to a new field, working as career counselors, and planning for retirement. Surveys foundational and emerging career development theories and interventions. A key component includes exploration of how knowledge from career development scholarship can be applied to students' own lives within a changing socioeconomic context. Requires reflection on personal development (e.g., personalities, identities, life experiences, cultures, interests, skills, needs, and values) and apply this self-knowledge to engage career exploration and planning.

Requisites: Junior standing**Repeatable for Credit:** No**Last Taught:** Spring 2020**Learning Outcomes:** 1. Gain an understanding of your personality, interests, skills, values, and how these relate to occupational options and career development

Audience: Undergraduate

2. Apply career development theory by taking career assessments and gathering occupational information through available resources and informational interviewing

Audience: Undergraduate

3. Become familiar with key career development theories and constructs that assist us in understanding the development, role, and meaning of work in people's lives across the lifespan

Audience: Undergraduate

4. Become oriented to the socioeconomic world of work as it impacts individual and family career systems

Audience: Undergraduate

5. Demonstrate skill in recognizing, understanding, and articulating cultural and contextual factors that shape career development and impact career interventions

Audience: Undergraduate

6. Develop a base knowledge of career-related intervention models and strategies

Audience: Undergraduate

7. Develop lifelong skills associated with career decision making and career management

Audience: Undergraduate

COUN PSY 699 – INDEPENDENT READING

1-3 credits.

Requisites: Consent of instructor**Course Designation:** Level - Advanced

L&S Credit - Counts as Liberal Arts and Science credit in L&S

Repeatable for Credit: Yes, unlimited number of completions**Last Taught:** Spring 2026**COUN PSY 700 – PRACTICUM ACTIVITIES**

1 credit.

The foundation structure for first-year Master's students to complete their required 40 hours of practicum. Develop the conceptual and administrative skills to complete practicum hours in collaboration with Counseling Psychology courses and their specific activities. Focuses on gaining the requisite developmental skills to prepare for and practice individual counseling-like interviews with student volunteers.

Requisites: Declared in Counseling**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement**Repeatable for Credit:** Yes, for 2 number of completions**Last Taught:** Spring 2026**Learning Outcomes:** 1. Implement basic attending skills in individual interviews.

Audience: Graduate

2. Gain fundamental information about psychosociocultural and contextual narratives.

Audience: Graduate

3. Understand perspective-taking and consciousness specific to diversity and intersectionality.

Audience: Graduate

4. Demonstrate administrative skill with tracking clinical hours and negotiating organizational structure of interviews.

Audience: Graduate

5. Gain personal insight about one's clinical interviewing skills and areas for developmental growth.

Audience: Graduate

COUN PSY/CURRIC/ED POL/ED PSYCH/ELPA/RP & SE 719 – INTRODUCTION TO QUALITATIVE RESEARCH

3 credits.

Provides an overview of qualitative inquiry, examining assumptions, standards, and methods for generating and communicating interpretations. Methodological and theoretical works illustrate case study, ethnography, narrative, and action research. Does not include a field method component.

Requisites: Graduate/professional standing**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement**Repeatable for Credit:** No**Last Taught:** Spring 2026

COUN PSY/ED PSYCH 723 – DEVELOPMENTAL PROCESSES ACROSS THE LIFE SPAN

3 credits.

Life-span perspective on studying individual development from conception to death. Emphasis on multidisciplinary, multidirectional, and contextual approaches to physical, psychological, social, and intellectual developmental processes.

Requisites: Graduate/professional standing**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement**Repeatable for Credit:** No**Last Taught:** Summer 2025**COUN PSY/ED PSYCH/HDFS 726 – ETHNIC AND RACIAL DIVERSITY IN SOCIAL DEVELOPMENT**

3 credits.

Review of empirical and theoretical research on ethnic/racial diversity in social development across childhood, adolescence and early adulthood with emphasis on implications for counseling and school psychology.

Requisites: Graduate/professional standing**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement**Repeatable for Credit:** No**Last Taught:** Spring 2021**COUN PSY/PSYCH/RP & SE 729 – ADVANCED SOCIAL PSYCHOLOGY**

3 credits.

Intensive examination of theoretical conceptions in contemporary social psychology, including learning-theoretic, reinforcement, incentive, cognitive, and psychodynamic approaches, and research in selected topic areas reflecting these approaches, such as aggression, attitude formation and change, conformity, limitation and modeling, interpersonal attraction, perception of others, prosocial behavior, and social influence.

Requisites: Graduate/professional standing**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement**Repeatable for Credit:** No**Last Taught:** Summer 2025**COUN PSY/RP & SE 730 – PROFESSIONAL COUNSELING ORIENTATION**

3 credits.

Provides a broad understanding of professional counselor roles and functions. Also provides a broad understanding of the ethical and legal standards for professional counselors. Gain familiarity with the ACA Code of Ethics, as well as with credentialing standards and organizations relevant to the practice of mental health counseling.

Requisites: Declared in a Rehabilitation Psychology or Counseling Psychology graduate program**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement**Repeatable for Credit:** No**Last Taught:** Fall 2025**COUN PSY/ED PSYCH/RP & SE 736 – SEMINAR IN PSYCHOLOGY OF INDIVIDUAL DIFFERENCES**

3 credits.

Seminar in the psychology of individual differences, providing broad and general coverage of theory and research related to individual and cultural differences.

Requisites: Graduate/professional standing**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement**Repeatable for Credit:** No**Last Taught:** Spring 2026**COUN PSY/ED PSYCH/RP & SE 737 – SEMINAR IN HISTORY AND SYSTEMS OF PSYCHOLOGY**

3 credits.

Seminar in the history of psychology, providing broad and general coverage of the development of psychology as a scientific discipline. Includes coverage of philosophy of science and systems of psychological inquiry, with applications to current research in psychology.

Requisites: Graduate/professional standing**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement**Repeatable for Credit:** No**Last Taught:** Summer 2025**COUN PSY 740 – ABNORMAL BEHAVIOR AND PSYCHOPATHOLOGY**

3 credits.

Covers the research and theory of abnormal psychology, including etiology, manifestation, and diagnosis of mental health disorders. Emphasizes research on developmental psychopathology and cultural issues in assessment and diagnosis.

Requisites: Declared in Counseling, Counseling Psychology, Rehabilitation Counseling, or Rehabilitation Counselor Education**Course Designation:** Grad 50% - Counts toward 50% graduate coursework requirement**Repeatable for Credit:** No**Last Taught:** Spring 2026**Learning Outcomes:** 1. Recognize signs and symptoms of common forms of psychopathology

Audience: Graduate

2. Formulate a diagnostic conceptualization integrating individual level as well as contextual/cultural/systemic variables

Audience: Graduate

3. Utilize existing resources (DSM-5, scientific literature, assessment) to verify and fully articulate a formal diagnosis, including consideration of differential diagnoses

Audience: Graduate

4. Formulate potential treatment approaches

Audience: Graduate

**COUN PSY 745 – CLINICAL MENTAL HEALTH COUNSELING:
DIAGNOSIS AND TREATMENT PLANNING FOR COUNSELORS**

3 credits.

Examine the treatment and practice implications of different mental health diagnoses and adjustment disorders. Reviews advanced principles of mental health diagnoses based on DSM 5 and ICD 10 nomenclatures and contextualizes this review for the practice of counseling applied and adapted for a diversity of clients and communities. Additionally, counseling strategies are reviewed for challenges with adjustment within various sociocultural contexts. Review empirically supported interventions for specific disorders as well as common factors that have been empirically supported as efficacious across disorders. Includes an examination of the cultural foundation of the counseling profession's and clients' explanatory models for (a) psychological and mental health distress as well as (b) healing and treatment strategies.

Requisites: Declared in Counseling Psychology or Counseling

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Spring 2026

Learning Outcomes: 1. Conduct intake assessments that gather comprehensive biopsychosocial data and mental health history
Audience: Graduate

2. Formulate clinical diagnoses with clients on internship within diverse sociocultural contexts and across a broad range of mental health disorders and distress
Audience: Graduate

3. Develop understanding of the sociocultural foundation and diversity associated with the explanatory models used to infer etiological assumptions and treatment implications for clients' mental health distress and healing strategies
Audience: Graduate

4. Demonstrate familiarity with empirically supported interventions associated with specific mental health disorders as well as the empirical support for the common factors approach to counseling interventions
Audience: Graduate

5. Demonstrate skill in soliciting information to inform treatment goals and strategies and in collaborating with clients to formulate treatment plans
Audience: Graduate

6. Demonstrate case management skills, as well as skills to monitor and evaluate client progress, goal attainment, and outcomes in counseling interventions and how to use client feedback to adapt treatment and intervention strategies
Audience: Graduate

COUN PSY 755 – SEMINAR ON META-ANALYSIS

3 credits.

Focus on meta-analysis, a set of techniques for synthesizing the results of multiple studies addressing the same research question. Conduct a "mini" meta-analysis in an area of interest.

Requisites: ED PSYCH 761

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Spring 2024

Learning Outcomes: 1. Conduct rigorous literature search for quantitative review using research databases
Audience: Graduate

2. Calculate and interpret effect sizes and statistical tests within quantitative reviews
Audience: Graduate

3. Identify best practices for conducting quantitative reviews from established guidelines
Audience: Graduate

4. Code study characteristics and conduct moderator analyses
Audience: Graduate

5. Interpret and present results of quantitative review
Audience: Graduate

COUN PSY 777 – CRISIS AND TRAUMA COUNSELING

3 credits.

Counseling approaches that effectively address crises and trauma, exploring the impact of trauma and crisis and potential neurobiological responses, the development of skills and techniques for assessment and intervention in specific crisis or trauma situations including suicide assessment and intervention.

Requisites: Graduate/professional standing

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Spring 2026

Learning Outcomes: 1. Show competency in how to manage crisis response and trauma as a mental health professional

Audience: Graduate

2. Articulate empirical and theoretical support for individual and systems-level interventions in crisis and trauma situations

Audience: Graduate

3. Develop an understanding about the disproportionate impact of crises and trauma on marginalized communities and identify appropriate, culturally relevant interventions

Audience: Graduate

4. Explore the basis for self-care as an ethical and professional standard and develop a personal understanding of self-care through practice

Audience: Graduate

COUN PSY/CURRIC/ED POL/ED PSYCH/ELPA/RP & SE 788 – QUALITATIVE RESEARCH METHODS IN EDUCATION: FIELD METHODS I

3 credits.

Introductory field methods experience in qualitative research. Learn to define good research questions, determine which methods of data collection and analysis are useful for addressing those questions, engage in these methods, reflect on their utility in education research.

Requisites: ED PSYCH/COUN PSY/CURRIC/ED POL/ELPA/RP & SE 719

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Spring 2026

COUN PSY/CURRIC/ED POL/ED PSYCH/ELPA/RP & SE 789 – QUALITATIVE RESEARCH METHODS IN EDUCATION: FIELD METHODS II

3 credits.

Focus on data analysis and translation of finds and implications. Gain theoretical and practical knowledge and skills regarding coding and analysis techniques, use of qualitative analytic tools, strategies for sharing findings with audiences beyond research team.

Requisites: ED PSYCH/COUN PSY/CURRIC/ED POL/ELPA/RP & SE 788

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Fall 2025

COUN PSY 791 – FOUNDATIONS OF CLINICAL MENTAL HEALTH COUNSELING

3 credits.

History development of profession; professional ethics; credentialing; major theories models; roles; and principles including prevention, intervention, consultation, education, advocacy, systems promoting mental health and well-being.

Requisites: Declared in Counseling Psychology or Counseling

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Fall 2025

Learning Outcomes: 1. Become familiar with the history of the counseling profession

Audience: Graduate

2. Develop understanding of the roles, functions, preparation standards, credentialing, licensure, and professional identity of clinical mental health counselors

Audience: Graduate

3. Increase understanding of legal and ethical considerations related to the practice of clinical mental health counseling

Audience: Graduate

4. Become familiar with different global and local settings and contexts of mental health counseling

Audience: Graduate

5. Explore advocacy processes on behalf of the profession and clients experiencing inequities in mental health

Audience: Graduate

6. Develop professional presentation skills

Audience: Graduate

COUN PSY 800 – THEORIES OF COUNSELING

3 credits.

Historical and philosophical foundations of counseling. Examination of individual counseling theories, research, roles and practices within the counseling profession.

Requisites: Declared in Counseling Psychology or Counseling

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Fall 2025

Learning Outcomes: 1. Articulate an understanding of the history and the major theoretical foundations of the counseling profession

Audience: Graduate

2. Assess theories of counseling regarding their current viability and applicability to various work settings

Audience: Graduate

3. Articulate an awareness of the influence of clients' and counselors' beliefs, attitudes, and biases on the counseling process

Audience: Graduate

4. Demonstrate an understanding of basic counseling skills and their relationship to different theoretical approaches

Audience: Graduate

5. Demonstrate an understanding of ethical issues that should be considered while using each of the theoretical approaches

Audience: Graduate

6. Articulate an understanding of multicultural issues that are embedded in the use of each theoretical approach and demonstrate how these issues might be adequately addressed

Audience: Graduate

7. Articulate your emerging theoretical orientation and worldview and demonstrate a recognition that it is in development as part of an ongoing process

Audience: Graduate

8. Demonstrate self-evaluation skills, writing skills, presentation skills, and critical thinking skills

Audience: Graduate

9. Demonstrate theoretically-based counseling skills, knowledge, and strategies to practiced counseling situations

Audience: Graduate

COUN PSY 802 – GROUP DYNAMICS PROCESSING AND COUNSELING

3 credits.

Reviews practice, theory, and research on group development, dynamics, and group counseling theories; group leadership styles; basic and advanced group counseling methods and skills; and other group approaches.

Requisites: Declared in Counseling Psychology or Counseling

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Spring 2026

Learning Outcomes: 1. Identify therapeutic factors in group interventions, including what groups offer that individual meetings cannot

Audience: Graduate

2. Demonstrate familiarity with a "process" model of group intervention that can be adapted to a variety of problems and settings

Audience: Graduate

3. Articulate an awareness of the influence of clients' and counselors' beliefs, attitudes, cultural assumptions and biases on the group process

Audience: Graduate

4. Describe how the special features of group work can be useful in treating a target problem or population of your choice

Audience: Graduate

5. Demonstrate skills in observing group process and in relating your observations to a) theories of group dynamics and group development and b) therapeutic goals

Audience: Graduate

6. Engage in a process of self-reflection and self-awareness of one's interpersonal style, particularly as it relates to the role(s) one takes within groups of all kinds

Audience: Graduate

7. Identify critical incidents in group and describe effective facilitator responses

Audience: Graduate

8. Demonstrate knowledge of professional ethics and issues involved in group work and in work with systems (e.g., agencies, organizations, etc.) and how these issues may impact your current and future practice

Audience: Graduate

COUN PSY 805 – HELPING RELATIONSHIPS AND TECHNIQUES

3 credits.

Understanding and development of basic and advanced helping, interviewing, and counseling skills; consultation theory and application; development of counselor and client self understanding; facilitation of client or consultee change.

Requisites: Declared in Counseling Psychology or Counseling

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Fall 2025

Learning Outcomes: 1. Illustrate an understanding of CACREP 2009 Standards in preparation for practice within counseling
Audience: Graduate

2. Recognize oneself as a means to understanding others through activities aimed at increasing self and cultural awareness
Audience: Graduate

3. Identify core knowledge about counseling and use self as a tool within the counseling and supervisory interactions
Audience: Graduate

4. Develop a range of skills to engage intentionally and effectively within the counseling and supervisory relationships
Audience: Graduate

COUN PSY 806 – SUPERVISED PRACTICUM IN COUNSELING

3 credits.

Introduction to psychotherapy. See volunteer clients and receive individual and group supervision related to their work with volunteer clients. Receive specialized training in case conceptualization and integrating theory into the specific interventions they are using with their volunteer clients.

Requisites: Consent of instructor

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Spring 2026

Learning Outcomes: 1. Develop intentional and culturally-appropriate counseling skills and processes
Audience: Graduate

2. Demonstrate professional and ethical demeanor and comportment as a counselor-in-training
Audience: Graduate

3. Engage in individual and group supervision
Audience: Graduate

COUN PSY 808 – SUPERVISED INTERNSHIP IN COUNSELING

2-5 credits.

Supervision of Master's internship counseling experience.

Requisites: Consent of instructor

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: Yes, unlimited number of completions

Last Taught: Spring 2026

Learning Outcomes: 1. Engage in the process of critical self-reflection, feedback, and understanding of how the personal impacts the professional

Audience: Graduate

2. Demonstrate understanding of your role as a person and professional within the counseling process and supervision (both individual and group)
Audience: Graduate

3. Demonstrate understanding of your implicit cultural assumptions and their influences and interactions with the way you conceptualize and work with your clients & colleagues, as well as how you understand the therapeutic process
Audience: Graduate

4. Hone your clinical & diagnostic skills, theoretical case conceptualization, professional demeanor, and ethical practice
Audience: Graduate

5. Develop an understanding of the clinical agency setting with which you are affiliated, and demonstrate the application of clinical, theoretical, and empirical knowledge to psychosocial and psychocultural issues presented by clients
Audience: Graduate

6. Provide a conceptual and experiential base for the delivery of counseling services within a community or college population context, including case management, ethical practice, and demonstration of professional demeanor in professional relationships
Audience: Graduate

7. Prepare for the comprehensive Professional Identity Exercise (PIE)
Audience: Graduate

COUN PSY 810 – PROFESSIONAL DEVELOPMENT AND CLINICAL PRACTICE

1-6 credits.

Full-time involvement. Various assignments. Requires participation in a concurrent seminar.

Requisites: Consent of instructor

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: Yes, unlimited number of completions

Last Taught: Spring 2026

COUN PSY 825 – COUNSELING PSYCHOLOGY TECHNIQUES WITH FAMILIES

3 credits.

Approaches to counseling intervention for families across the life-cycle. Specific attention paid to family stress.

Requisites: Declared in Counseling, Counseling Psychology, Rehabilitation Counseling, or Rehabilitation Counselor Education

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Fall 2025

Learning Outcomes: 1. Become familiar with evidence-based models of therapy as well as specific strategies relevant to working with families and couples

Audience: Graduate

2. Demonstrate understanding and competence in the application of evidence-based family systems models in intervention and conceptualization of a family system

Audience: Graduate

3. Demonstrate the ability to apply family-based and systems principles to a variety of social and organizational systems, including families and community settings

Audience: Graduate

4. Comprehend the role of power and privilege issues, including issues of oppression and trauma, within the context of family practice

Audience: Graduate

COUN PSY 850 – MENTAL HEALTH CONSULTATION IN HEALTH SERVICE PSYCHOLOGY

3 credits.

Provides an opportunity to understand and practice the process of consultation and to experience how the role of a consulting psychologist differs from other professional roles (i.e., clinician, supervisor, administrator). Includes a review of consultation models and theories for individuals, groups, and organizations, the fundamentals of program development and evaluation, and considerations for working within communities as a consulting psychologist. Additionally, students will begin to explore the role of the clinical supervisor, supervisor development, and models of supervision.

Requisites: Declared in Counseling, Counseling Psychology, Rehabilitation Counseling, or Rehabilitation Counselor Education

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Fall 2025

Learning Outcomes: 1. Demonstrate awareness of yourself and others within the context of consultation and prevention.

Audience: Graduate

2. Demonstrate an understanding of consultation dynamics and the stages of development through which the consulting relationship progresses.

Audience: Graduate

3. Clearly define the nature of consultation and differentiate it from other forms of psychological intervention.

Audience: Graduate

4. Develop an understanding of organizational systems and demonstrate the ability to analyze, plan, implement, and evaluate consultation interventions.

Audience: Graduate

5. Demonstrate an understanding of, and adhere to, the ethical guidelines in consultation.

Audience: Graduate

6. Demonstrate knowledge of consulting strategies and interventions when working with diverse populations.

Audience: Graduate

7. Clearly define the role of clinical supervisor and how it differs from other roles of a professional psychologist.

Audience: Graduate

8. Articulate an understanding of the major models of clinical supervision.

Audience: Graduate

9. Understand the process of becoming an effective clinical supervisor.

Audience: Graduate

COUN PSY 860 – SOCIAL AND CULTURAL FOUNDATIONS OF COUNSELING

3 credits.

Review of theory and research into social identity and cultural foundations of counseling including: (a) the societal context for bias, discrimination and differential treatment of sociocultural groups including but not limited to diversity of sexual orientation, gender expression, social class, cultural/ethnic/racial groups, ability status among other groups; (b) human diversity in social norms, cultural values, social identities, as well as intergroup and intragroup relations; (c) counselors' roles in developing cultural competence, reducing bias and discriminatory treatment of subgroups, and advocating for social justice; and (d) the practice implications of for providing cultural competence in serving across forms of sociocultural diversity.

Requisites: Declared in Counseling, Counseling Psychology, Rehabilitation Counseling, or Rehabilitation Counselor Education

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Fall 2025

Learning Outcomes: 1. Describe attitudes, beliefs, and acculturative experiences; including specific experiential learning activities that are designed to foster students' understanding of self and of the cultural and social identity diversity of clients

Audience: Graduate

2. Develop the ability to respond constructively to others who have different perspectives

Audience: Graduate

3. Evaluate various implications of concepts such as internalized oppression, institutional racism, and the historical and current political climate regarding immigration, poverty, and welfare

Audience: Graduate

4. Analyze the ethical and legal considerations associated with providing services in contexts that represent social and cultural diversity

Audience: Graduate

5. Apply knowledge of counselors' roles in developing cultural self-awareness, promoting cultural social justice, advocacy and conflict resolution, and other culturally-supported behaviors that promote optimal wellness and growth of the human spirit, mind, or body

Audience: Graduate

COUN PSY 865 – LIFESTYLE AND CAREER DEVELOPMENT

3 credits.

Theoretical and practical foundations relating to the practice of lifestyle and career counseling, career guidance, and career development.

Requisites: Declared in Counseling Psychology or Counseling

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Spring 2026

Learning Outcomes: 1. Demonstrate awareness of yourself and others within the context of career development

Audience: Graduate

2. Demonstrate foundational knowledge of theory and constructs that assist us in understanding the development, role, and meaning of work in people's lives across the lifespan

Audience: Graduate

3. Demonstrate familiarity with a variety of assessment measures and tools across career-related domains (e.g., interests, values, skills, etc.) and proficiency using these tools

Audience: Graduate

4. Develop a base knowledge of career-related intervention models and strategies

Audience: Graduate

5. Demonstrate skill in recognizing, understanding, and articulating cultural and contextual factors that shape career development and impact career interventions

Audience: Graduate

6. Demonstrate knowledge of professional ethics and their impact on the work and professional development of career counselors

Audience: Graduate

COUN PSY 890 – ADVANCED ASSESSMENT TECHNIQUES IN COUNSELING PSYCHOLOGY

3 credits.

Methods commonly employed by counseling psychologists in the assessment of the problems of living of normal adults. Diagnostic assessment and assessment of career interests, personality, behavior, and social environment. Development of written individual assessment reports.

Requisites: Declared in Counseling Psychology or Counseling

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Spring 2025

Learning Outcomes: 1. Develop an understanding of psychometric theory and its importance to the construction, administration, and interpretation of psychological tests

Audience: Graduate

2. Evaluate assessment tools critically and make reasoned judgments about their development including standardization and norming processes
Audience: Graduate

3. Evaluate measures for reliability and validity, including across cultural validity and appropriateness for use across groups
Audience: Graduate

4. Select, administer, and interpret tests in response to the referral question and in a manner that minimizes bias, mitigates threats to validity and is ethically sound
Audience: Graduate

5. Administer, score, and interpret at least two tests (e.g., MMPI-3, WAIS-IV) and conduct a clinical interview for assessment
Audience: Graduate

6. Communicate test findings in an integrative, comprehensive, formal written report with recommendations and gain practice with providing verbal and/or written assessment feedback
Audience: Graduate

7. Demonstrate an understanding of contextual and cultural factors that may influence the assessment process, including cultural features of the assessor-client dyad
Audience: Graduate

COUN PSY 900 – COUNSELING PSYCHOLOGY PRACTICUM-- FOUNDATIONAL

3 credits.

Foundational practicum and seminar in counseling psychology.

Requisites: Declared in Counseling Psychology

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: Yes, unlimited number of completions

Last Taught: Spring 2026

Learning Outcomes: 1. Develop and recognize your epistemological position, your assumptions about people, your worldview, and how these influence your work as a psychotherapist

Audience: Graduate

2. Review and analyze evidence-based psychotherapy practice.

Audience: Graduate

3. Create and present case conceptualization.

Audience: Graduate

4. Demonstrate use of theory to guide psychotherapy decision-making.

Audience: Graduate

5. Apply knowledge of social justice and multiculturalism to psychotherapy.

Audience: Graduate

6. Understand and apply the APA Code of Ethics to psychotherapy and reflect on ethical issues in psychotherapy and professional decision-making.

Audience: Graduate

7. Identify and discuss your awareness of how contextual and environmental factors impact case conceptualization, clients' problems, clients' psychotherapy experience, and the integration of multiculturalism and social justice into psychology.

Audience: Graduate

8. Use of group and individual supervision processes with respect to your needs as a psychologist-in-training across the various roles you may encounter in practice including therapist, supervisee, consultant, and peer.

Audience: Graduate

COUN PSY 901 – COUNS PSYCH PRACT: GROUP COUNSELING, CONSULTATION, COLLEGE TEACHING

1-6 credits.

Supervised practice in group counseling, consultation, and/or college teaching with a focus on psychosocial development and human relations.

Requisites: Declared in Counseling Psychology or Counseling

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: Yes, unlimited number of completions

Last Taught: Summer 2025

COUN PSY 902 – COUNSELING PSYCHOLOGY PRACTICUM IN SUPERVISION

4 credits.

Practicum in supervising counselor trainees in laboratory and field settings.

Requisites: Declared in Counseling Psychology

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: Yes, unlimited number of completions

Last Taught: Spring 2026

Learning Outcomes: 1. Describe the ethical, legal, and theoretical underpinnings of effective clinical supervision.

Audience: Graduate

2. Note the ethical, legal, and clinical considerations for telehealth and technologically-mediated clinical supervision.

Audience: Graduate

3. Discuss the essential components and research supporting the development of an effective supervisory relationship.

Audience: Graduate

4. Identify one's strengths and growth areas as a supervisor-in-training.

Audience: Graduate

5. Demonstrate one's approach to supervision from an identified model of supervision through a work sample.

Audience: Graduate

COUN PSY 903 – COUNSELING PSYCHOLOGY PRACTICUM--ADVANCED

3 credits.

Advanced practicum and topical seminar in counseling psychology.

Requisites: Declared in Counseling Psychology or Counseling

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: Yes, unlimited number of completions

Last Taught: Spring 2026

Learning Outcomes: 1. Identify strengths and areas of growth in clinical skills using multiple self-assessment methods

Audience: Graduate

2. Present and discuss a clinical case using specific theoretical orientation

Audience: Graduate

3. Identify resistances to learning in supervision and utilize the supervisory relationship in more effective ways

Audience: Graduate

4. Demonstrate clinical micro-skills and conceptualizing for treating a variety of mental health problems

Audience: Graduate

5. Articulate clear treatment plan and rationale for therapeutic techniques

Audience: Graduate

6. Demonstrate an increased ability to listen for and attune to emotion from patients

Audience: Graduate

7. Demonstrate an increased and nuanced understanding on mutuality and collaboration in the psychotherapy process

Audience: Graduate

8. Demonstrate greater awareness related to diversity issues and ethics in the practice of psychology

Audience: Graduate

COUN PSY 904 – COUNSELING PSYCHOLOGY EXTERNSHIP

1-3 credits.

Advanced training in counseling psychology assessment, intervention, and/or supervision.

Requisites: Declared in Counseling Psychology or Counseling

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Spring 2026

Learning Outcomes: 1. Deepen your understanding of your epistemological position as related to psychological assessment and/or psychotherapy through a supervised clinical experience

Audience: Graduate

2. Investigate implicit cognitive schemas you have (i.e., assumptions and biases) about your clinical work as well as psychology and people

Audience: Graduate

3. Apply psychological theories about mental health treatment as well as psychology and people in a supervised clinical experience

Audience: Graduate

4. Engage in clinical supervision focused on your development as a biological, psychological, social, and cultural being, as evaluated via a developmental framework

Audience: Graduate

5. Increase your awareness of how contextual and environmental factors impact case conceptualization, problems presented by clients, clients' experience of psychotherapy, and the integration of multiculturalism or social justice into psychotherapy

Audience: Graduate

COUN PSY 905 – RESEARCH PRACTICUM IN COUNSELING PSYCHOLOGY

3 credits.

Supervised research experience in the field of counseling psychology. Read about, discuss, and practice research skills that are critical at various phases of the research design and implementation process.

Requisites: Declared in Counseling Psychology or Counseling

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: Yes, unlimited number of completions

Last Taught: Spring 2025

Learning Outcomes: 1. Formulate research questions based on existing quantitative or qualitative research studies

Audience: Graduate

2. Apply research ethics in the development of a human subjects review application

Audience: Graduate

3. Engage in data collection and preparation

Audience: Graduate

4. Use appropriate statistical analyses and interpret results

Audience: Graduate

5. Prepare a manuscript for journal submission or study presentation

Audience: Graduate

COUN PSY 908 – PRE-DOCTORAL INTERNSHIP IN HEALTH SERVICE PSYCHOLOGY PREPARATION SEMINAR

2 credits.

Provides preparation for application to predoctoral internship in Health Service Psychology. Includes modules designed to provide knowledge, skills, and information regarding the application, interview, and decision-making process.

Requisites: Graduate/professional standing

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Summer 2025

Learning Outcomes: 1. Identify and be able to discuss the theoretical orientation that guides your work in psychotherapy with clients, case conceptualization skills, and areas of strength and growth as a psychologist-in-training
Audience: Graduate

2. Identify and be able to discuss experiences and skills working with diverse clients

Audience: Graduate

3. Identify and be able to discuss research experiences and interests

Audience: Graduate

4. Identify and be able to discuss career goals

Audience: Graduate

5. Match successfully to a predoctoral internship placement for the subsequent year in order to complete requirements of the PhD program in counseling psychology

Audience: Graduate

COUN PSY 926 – SEMINAR IN ETHICAL AND PROFESSIONAL ISSUES IN COUNSELING PSYCHOLOGY

3 credits.

Intended to strengthen students' identities as counseling psychologists. Includes examination of (a) historical and contemporary issues that have affected psychology; (b) training and practice guidelines; and (c) ethical and legal issues, including the American Psychological Association ethics code and ethical decision-making.

Requisites: Declared in Counseling Psychology or Counseling

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Fall 2025

Learning Outcomes: 1. Develop the ability to make ethical decisions using various resources such as the APA's Ethics Code, Guidelines, and Decision-Making Models
Audience: Graduate

2. Gain competence in reading and translating the APA Ethics Code into its component parts (e.g., Principles, Sections, and Standards)

Audience: Graduate

3. Identify professional values, principles, and issues affecting psychologists and psychologists-in-training

Audience: Graduate

4. Practice consulting and collaborating with colleagues on relevant, applied ethical dilemmas and scenarios

Audience: Graduate

5. Expand familiarity with laws and other legal requirements for the provision of psychological services

Audience: Graduate

6. Integrate social justice and multicultural considerations into practical and applied scenarios, presentations, and writings

Audience: Graduate

COUN PSY 950 – RESEARCH METHODS IN COUNSELING PSYCHOLOGY

2-3 credits.

Historical, philosophical, descriptive, experimental, case-study and other models of research in counseling psychology.

Requisites: Declared in Counseling Psychology or Counseling

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Fall 2025

Learning Outcomes: 1. Become familiar with the logic of research design and implementation

Audience: Graduate

2. Become knowledgeable of the major designs used in counseling research

Audience: Graduate

3. Evaluate the validity and reliability of measurement used in research studies

Audience: Graduate

4. Gain an introduction to common quantitative and qualitative methodologies

Audience: Graduate

5. Demonstrate knowledge of ethical principles guiding research activity and gain knowledge of IRB procedures at UW

Audience: Graduate

6. Develop the ability to write scientific prose

Audience: Graduate

7. Develop the capacity to participate in a scientific learning community through providing and receiving feedback on your work

Audience: Graduate

8. Gain greater awareness of the implications of design issues when working with diverse populations and multicultural topics

Audience: Graduate

COUN PSY 951 – COUNSELING PSYCHOLOGY RESEARCH IN INDIVIDUAL INTERVENTION

2-3 credits.

Theory and research related to the counseling dyad.

Requisites: COUN PSY 950

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Fall 2025

Learning Outcomes: 1. Become familiar with research on individual interventions

Audience: Graduate

2. Recognize principles of scientific inference; develop ability to critique scientific claims and arguments based on evidence

Audience: Graduate

3. Evaluate strengths and limitations of different forms of evidence adduced to support claims regarding intervention effectiveness

Audience: Graduate

4. Apply scientifically informed principles to psychological practice and training

Audience: Graduate

COUN PSY 956 – SEMINAR: RESEARCH IN VOCATIONAL PSYCHOLOGY AND CAREER DEVELOPMENT

2-3 credits.

Theory and research in vocational behavior and career development.

Requisites: Declared in Counseling Psychology or Counseling

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Spring 2026

Learning Outcomes: 1. Demonstrate awareness of yourself and others within the context of career development

Audience: Graduate

2. Demonstrate foundational knowledge of theory and constructs that assist us in understanding the development, role, and meaning of work (and lack thereof) in people's lives across the lifespan

Audience: Graduate

3. Develop knowledge of career and life constructs that relate to mental health and to psychologists' work with clients in psychotherapy

Audience: Graduate

4. Demonstrate skill in recognizing, understanding, and articulating cultural and contextual factors that shape career development and impact our understanding of the role of work (and lack thereof) in individuals' lives

Audience: Graduate

5. Develop knowledge of the structure of occupations, individual and societal issues in career development, the role of work in society, and the role of vocational psychology in health service psychology

Audience: Graduate

6. Demonstrate an ability to identify systemic factors that act as barriers and supports to vocational development

Audience: Graduate

7. Demonstrate application and integration of class content to public discourse

Audience: Graduate

8. Recognize key characteristics that are relevant to the future of work

Audience: Graduate

COUN PSY 960 – RESEARCH METHODS IN COUNSELING PSYCHOLOGY, II

3 credits.

Advanced training in research methods in counseling psychology to build skills in conceptualization, research design, data analysis and interpretation.

Requisites: COUN PSY 950

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: No

Last Taught: Spring 2026

Learning Outcomes: 1. Select the most appropriate statistical method for a particular research problem

Audience: Graduate

2. Conduct statistical analysis using R programming language

Audience: Graduate

3. Interpret the output from the analysis and draw appropriate conclusions

Audience: Graduate

4. Write up the findings in a form suitable for publication

Audience: Graduate

COUN PSY 990 – RESEARCH OR THESIS

1-12 credits.

Requisites: Consent of instructor

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: Yes, unlimited number of completions

Last Taught: Spring 2026

COUN PSY/ED PSYCH/PSYCH 995 – PREDOCTORAL INTERNSHIP

0 credits.

Registration for Ph.D. students who have successfully defended the dissertation and are in the process of completing the required predoctoral internship.

Requisites: Consent of instructor

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: Yes, unlimited number of completions

Last Taught: Spring 2026

COUN PSY 999 – INDEPENDENT READING

1-3 credits.

Requisites: Consent of instructor

Course Designation: Grad 50% - Counts toward 50% graduate coursework requirement

Repeatable for Credit: Yes, unlimited number of completions

Last Taught: Spring 2026